

What's Hot?

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-**Fall Team Training** – Hotlanta is now offering customized team instruction for U13, U15 and HS teams. What better way to get ready for the upcoming spring season?

-**Fall League** – Join us as we kick off the 14th annual HS Fall League beginning Sunday September 14th at Kell High School in Marietta. There are 18 local HS teams represented this year.

-**Recruiting Seminar** – Come one, come all!! Mike Gilliam, founder of [Opportunities Through Athletics](#) will be conducting the last seminar in the Hotlanta recruiting series. The session is September 21st, 2pm-4pm at Kell HS in the Media Center.

-**College Coaches Day** – College coaches will be invited to recruit the players participating in our Fall League on Sunday October 5th at Kell HS. Parents are encouraged to come speak to the participating college coaches about their schools and lacrosse programs.

-**Fall Classic Lax Fest** – Don't miss participating in your favorite Turkey Fest tournament on November 15th & 16th at Pirkle Park, in Sugar Hill GA. Come have a blast at the 5th annual Fall Classic Lax Fest.

-**Inaugural Pre-Season Cradle** – *“The place where your season begins.”* This event is a pre-season development camp for U13, U15 and HS teams on January 24th & 25th, 2015. This unique format combines one day of instruction, followed by one day of game play. The coaching staff will include local HS coaches, current college coaches and former Division 1 players.

Player of the Month



Annie Scierka

Our spotlighted Player of the Month is a senior at Roswell High School, Annie Scierka. Annie exemplifies what Hotlanta describes as the "complete" player. She is a natural leader for her peers and teammates, both on and off the field. Annie is a multi-sport athlete and the captain of her cross country team. Annie will continue her lacrosse career at D2 Findley University. Congrats Annie. We love you!

Recruiting Tip: If you are entering your junior year make sure you register with the NCAA Clearinghouse to check your eligibility with schools.

Game Changer

Tired of the muscle soreness? Similar to a foam roller using a lacrosse ball to target those pain helps release trigger points and tight tissue can help with mobility, soreness, and tightness.

Featured College of the Month:

Shorter University

Located in Rome, Georgia, Shorter University is home to 1200



students. They offer 30 different majors. The women's lacrosse team is a member of NCAA D2. The program was

established in 2010 at the helm of Brittni Dulaney who is still the coach there today. For more information regarding Shorter check out the website www.shorter.edu or contact Coach Dulaney at bdulaney@shorter.edu