

### Introductory Level Teams

#### E2

The E2 Team is made up primarily of 3<sup>rd</sup> graders who are 9 years old or younger. There may also be some 2<sup>nd</sup> graders on this team.

The goal at this level is to introduce participants to the most basic skills associated with tackle football – namely, blocking and tackling. Very few of the participants at this level will generate significant power and speed, so the collisions are appropriate for first-year players of every size and shape. For parents who are nervous about football, participation on this team is a safe place to start.

Players should expect to play multiple positions on the E2 Team. Most players at this level will want to play the skill positions such as quarterback and running back – in some cases, parents will demand their son or daughter play those positions. In reality, very few E2 players have the physical abilities to play those positions and it will be up to the coaches to put the players in their positions. A player who is primarily a lineman on the E2 Team may end up playing a skill position in the future and vice versa.

The E2 Team will play real games against real opponents, but scores are not recorded and records are not published. The players and coaches will know who “won” the game, but the focus is on fundamentals and participation.

#### E1

The E1 Team is made up of 4<sup>th</sup> graders who are 10 years old or younger.

The goals at this level are very similar to those listed for the E2 Team. The primary focus continues to be the fundamentals of football and participation. Some of the players will begin to generate more power and speed relative to their teammates, but the collisions are still appropriate for entry-level football.

Players should still expect to play multiple positions and there is still a heavy desire to play quarterback or running back.

Like the E2 Team, the E1 Team will play real games against real opponents, but scores are not recorded and records are not published. The players and coaches will know who “won” the game, but the focus remains on fundamentals and participation.