



Equipment Details

The following items are provided by Needham Junior Football. If you are considering purchasing any of these items for your child, please speak with someone from Needham Junior Football to be sure you have all of the required information.

Provided by Needham Junior Football

<u>Item</u>	<u>Comment</u>
Helmet *	Professionally inspected every two years; must be retired after six years
Shouder pads	
Girdle	Holds two hip pads and a tailbone pad
Hip Pads (2)	
Tailbone Pad (1)	
Practice Pants	Holds two thigh pads and two knee pads
Thigh Pads (2)	
Knee Pads (2)	
Practice Jersey	
Game Pants	
Game Jerseys (2)	Home and away
Mouthguard **	Hypo-allergenic; Must be strapped to the helmet so the ref can see it
Belts (2)	Carefully cut to length and melt the end

* Do not purchase a tinted visor; only clear visors are allowed

** Custom mouthguards need to have a strap connecting it to the helmet facemask

Required Items – Not provided by Needham Junior Football

<u>Item</u>	<u>Comment</u>
Cleats	Can be multi-purpose cleats; no baseball spikes
Protective Cup	
Water Bottle	Large w/ the player's name on it

Optional Items – Not provided by Needham Junior Football

<u>Item</u>	<u>Comment</u>
Under Armour	Short-sleeved for warm days; long-sleeved for cold days
Gloves	To protect hands during contact
Arm Pads	Recommendation: Do not purchase until after contact has started
Rib-Back Pads	Recommendation: Do not purchase until after contact has started
Socks	

Football Sizes

<u>Team</u>	<u>Size Equivalent</u>
A, B	Wilson TDY
C, D	Wilson TDJ
E	Wilson K2