

*Blaise MacDonald's Hockey School*

**Camp Program**

*On Ice*

Two 75 minute sessions per day totaling 2 ½ hours on ice each day. A large portion of both sessions is devoted to improving each camper's skating forward, backward, lateral mobility, quickness and balance. At our stations, we will focus on stick handling, passing, shooting, checking (where appropriate) and team play. We will play a variety of small games designed to improve each camper's hockey sense.

With four or more instructors on the ice at all times, campers receive plenty of individual attention. We will do our very best to teach your child the skills necessary to be the best hockey player he or she can be.

*Off Ice*

During this time, we will introduce the campers to some basic conditioning and stretching exercise, stick handling and shooting. We will also have fun playing a variety of games including, ultimate Frisbee, street hockey and our bubble hockey game. One day is reserved for video analysis of the moving skating session and/or our River Hawk team.

Blaise MacDonald's Hockey School offers your child the opportunity to prepare for the upcoming season with some of Hockey East's finest coaches and players.

UMASS Lowell Head Coach, Blaise MacDonald, along with Assistant Coaches Shawn McEachern, and Jerry Forton direct the Blaise MacDonald Hockey School. A member of the coaching staff leads all on ice instruction.

Current members of the UMASS Lowell hockey team will serve as on ice assistants and off ice counselors.

Two weeks of instruction will be offered July 26-29 and/or August 2-5, 2010.

**Camp Highlights**

- 2 ½ hours on ice daily
- Hockey School Jersey
- Skating video analysis
- Total supervision both on and off ice
- Goalie instructor on staff
- Two tickets to a 2010-2011 UML Hockey game
- Invitation to the annual Holiday Skate

Do not be left out of the Tsongas!  
Register now to guarantee your spot!

**Blaise MacDonald's  
HOCKEY SCHOOL**

*UMASS Lowell  
River Hawks  
Head Coach*

**July 26-29, 2010  
August 2-5, 2010**

For further details, please call  
978-934-4954 or email  
[hockey@uml.edu](mailto:hockey@uml.edu).

Daily Schedule

Session I Under 9  
 7:30am Arrive  
 8:00am-9:15am On Ice  
 9:30am-10:45am On Ice  
 11:00am-12:15pm Off Ice  
 12:30pm Pick Up

Head Coach for 14 years at Niagara University. Coached in 3 NCAA tournaments .

City: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_  
 D.O.B. \_\_\_\_\_  
 Parent Name: \_\_\_\_\_  
 Insurance Co: \_\_\_\_\_  
 Policy No: \_\_\_\_\_  
 09-10 Team: \_\_\_\_\_

Please fill out the Hockey School Application Form, detach, and mail to:

UMASS Lowell Hockey Office  
 Tsongas Center  
 300 Martin Luther King Jr. Way  
 Lowell, MA 01852

Level for 2010-2011 (please check one)  
 Mite  Squirt  
 Pee Wee  Bantam

Session 2 Under 13  
 9:00am Arrive  
 9:30am-10:45am Off Ice  
 11:00am-12:15pm On Ice  
 12:30pm-1:45pm On Ice  
 2:00pm Pick Up

A \$100.00, non-refundable deposit is required with your application to reserve a spot. (\$40.00 for Goalies) The balance is due on or before the first day of camp.

Please Circle Week & Check Session  
 July 26-29 and/or August 2-5  
 Session 1 9 and under Players  
 Mon-Thurs. 7:30am - 12:30pm \$285.00  
 Session 1 9 and under Goalies  
 Mon-Thurs. 7:30am - 12:30pm \$75.00  
 Session 2 13-Under Players  
 Mon.-Thurs. 9:00am - 2:00 pm \$285.00  
 Session 2 13-Under Goalies  
 Mon.-Thurs. 9:00am - 2:00 pm \$75.00

Camp Staff:  
**Blaise MacDonald, Director**  
 Head Coach of the UMASS Lowell River Hawks. Has coached and recruited many NHL Players including former UMASS Lowell Goalie Dwayne Roloson. Was an Associate Head Coach at BU helping lead them to the 1995 NCAA championship.

Please make all checks payable to Blaise MacDonald's Hockey School. Thank you.

The number of skaters per session is limited and applications are processed in the order in which they are received.

**Shawn McEachern**  
 Assistant Coach of the UMASS Lowell River Hawks. Played 14 years in the NHL and was a team Captain. Won a Stanley Cup with Pittsburgh and played for Team USA in the Olympics.

Interested in a private group session? Have an older group of players? A limited number of private sessions are available for teams or groups of 10 or more skaters. For more information, please call 978-934-4954.

Super Skills July 30 and /or Aug 6.  
 Friday 9am - 10:30am  
 Session 1 9 and under Players \$75  
 Session 2 13 and under Players \$75  
 Session 1 9 and under Goalies \$40  
 Session 2 13 and under Goalies \$40

Blaise MacDonald's Hockey School

Application Form

**Jerry Forton**  
 Assistant Coach of the UMASS Lowell River Hawks. Assistant and Associate

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_