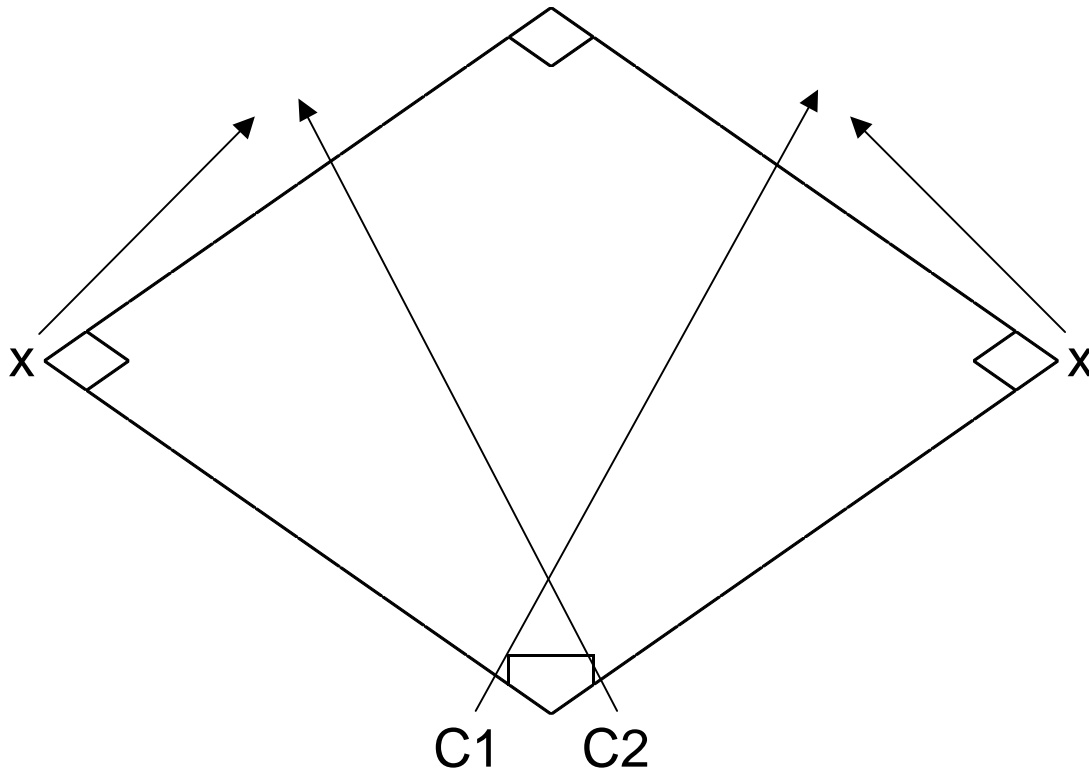


Middle Infield Range Drill



Drill instruction

Split team into two groups (one at 1st & the other at 3rd) coaches will hit to opposite sides of the infield simultaneously. To complete drill have the groups switch sides for front and back hand work.