

Coerver soccer drills to improve foot skills (control the ball, control the game!)

Coerver Basic Ball Mastery

<http://www.youtube.com/watch?v=RwsUBXrq9UQ>

Changes of Direction

<http://www.youtube.com/watch?v=ILsCOnAvVYw>

The Side Step & Double Side Step – week 1

<http://www.youtube.com/watch?v=xvyLOkLhTK4>

The Step Over & Slap Step Over – week 2

<http://www.youtube.com/watch?v=42E4NBL8Mfl>

The Shimmy & The Shimmy Step Over – week 3

<http://www.youtube.com/watch?v=yXEsbHdjwYg>

The Drag Push & The Drag Scissors – week 4

<http://www.youtube.com/watch?v=Mkv8GThfapg>

The Whip & Reverse Whip – week 5

http://www.youtube.com/watch?v=PWcNi_-oxA8

The Right Chop & The Double Chop – week 6

<http://www.youtube.com/watch?v=JbezD--UZ4U>

The Hop & The Hop Feint – week 7

<http://www.youtube.com/watch?v=kNuad6peFzc>

The Pull Thru Step Over & The Pull Thru Scissors – week 8

<http://www.youtube.com/watch?v=el9MA-Kor6M>

Inside and outside of foot twist off – week 9

<http://www.youtube.com/watch?v=JLF950vX1sM>

The U Turn & The U Turn Hook – week 10

<http://www.youtube.com/watch?v=Whu4XHuxaPA>

The Cookie & The Inside Cut – week 11

<http://www.youtube.com/watch?v=FfrDyGZYpZM>

The Pull Push & The Pull Push Step On – week 12

<http://www.youtube.com/watch?v=1S3fugQcCyw>

The Step Kick & The Step On – week 13

<http://www.youtube.com/watch?v=8ggPD7nUT3o>

The Pull Spin & The Half Pull Spin – week 14

<http://www.youtube.com/watch?v=aMLTx6uYZDs>

The Slap-Cut & The Double Slap-Cut – week 15

<http://www.youtube.com/watch?v=TR4BBhfJVAY>

The Outside Cut & The Low Wave – week 16

http://www.youtube.com/watch?v=BDDJqhs_Dfk