

CYS Middle School Soccer Rule Addendums*

The middle school soccer program will follow National Federation of High School (NFHS) rules with the exception of the items noted below that benefit our young athletes and increase competition for their age level.

- Eligibility levels – Players can only play a maximum of two grade levels up. No player may play down a level (i.e. 8th grader can only play varsity, a 5th grader cannot play varsity). Maximum age is 14.
- Middle school students cannot be cut from the team in place of a grade school student.
- Only 5th grade and up students may play middle school sports. A 5th grader cannot be selected for a team over a middle school student.
- Once selected for a divisional team (JV or Varsity), players can only play for that divisional team the entire season. One division cannot borrow players from another division.
- Maximum roster size is twice the number of players on field plus 2 players (11v11 can carry 24 on roster, 8v8 can carry 18 on roster)
- Team rosters provided by league shall be presented to game official by each coach at least 15 minutes prior to game time.
- Officials shall confirm team roster prior to each game. Checked rosters are to be turned in to site director with final scores noted.
- Max of three coaches permitted in bench area. All coaches must remain in bench area during active play.
- All divisions will use a #5 soccer ball.
- JV plays two 25 minute halves. Varsity plays two 30 minute halves. This is for both the boys and girls divisions.
- Every player at a game should play some part of all regular season games.*
- Points are awarded as follows:
 - 3 points for a win
 - 1 point for a tie
 - 0 points for a loss
- There are no overtime games during regular season play; games can end in a tie. Tournament play is the only time overtime procedures are used (see below).
- Red Cards: Any player or coach that receives a red card will be suspended from their next game without exception. Coaches and Athletic Directors must notify the League Commissioner as soon as possible of these incidents for any possible further action by the league.
- Any foul committed within 10 yards of the goal (which would normally result in an indirect kick) will result in the referee moving the ball 10 yards from the goal line for an indirect free kick; a wall can then be set on the goal line by the defending team. The officials must clearly inform the players it is an IDK.
- Those fouls that would normally require a penalty kick will still result in a penalty kick.

Overtime Procedure for Tournament Play only:

If a game is tied at the end of regulation play, teams will play two (2) five minute, Golden Goal overtime period. If, after the overtime period, the game remains tied, each team will select five players currently on or off the field for a penalty kick shootout. If the game still remains tied, teams will alternate shooters with different players on a team roster each time until one team scores and the other does not. All players on a roster must be used when alternating shooter method is used.

***CYS coaches represent our Catholic values, and as sport-ministers they are responsible for following the PLCT GROW approach. They must teach players about teamwork, desire to win the right way, commitment, compassion and dedication. CYS coaches must adjust their game to avoid running up the score against their opponents. Coaches are permitted to restrict play time of a player based on discipline or team commitment issues or the nature of the game. A coach can be found in violation of the League's Code of Conduct for failure to adjust their game or game format, and can be subject to disciplinary action by the school and/or league. Coaches are expected to use the Golden Rule in every practice and game.**