



2015 GWINNETT LACROSSE LEAGUE RULES, COVENANTS & REGULATIONS,

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RESOLUTION

It is solemnly resolved by the Executive Board and the Association Directors and Members of the Gwinnett Lacrosse League, Inc. that this league is for the youth first, last and always. Any attempt by a coach or league official to circumvent or violate these rules is inexcusable misconduct, and will result in a fine, probation, suspension from league participation, or a combination of all three, determined by GLL eligible voting membership.

***Unless specifically noted, all rules apply to coaches, participants, parents, and spectators.

RULE 1: UNDERSTANDING THE COVENANTS & RULES

- (A) Each member of the coaching staff must be familiar with the "US Lacrosse Youth Council Rules" and the Gwinnett Lacrosse League Amended Revisions.
- (B) Each member of the coaching staff and each GLL representative must have a thorough understanding of all GLL rules, agree to abide by all provisions of these rules, and be willing to accept any penalties which may be imposed as a result of violation(s) of the rules. Coaches will sign a Code of Conduct agreeing to the Responsibilities they are to inherit.
- (C) Each head coach is expected to have read the US Lacrosse NFHS rule book for youth and attend any seminar scheduled by the GLL Board to obtain admission to the sideline during official league play. All coaches must complete the Positive Coaching Alliance seminar or similar program provided by the GLL.
- (D) **The rules in this Rule Book are subject to change.** Each GLL Director is responsible for advising his/her association and membership of any rule changes.

RULE 2: AGE DIVISIONS

The GLL is a grade-based lacrosse association with maximum age criteria. Many lacrosse participants vary tremendously in height and weight even within the same age categories. All participants in GLL must participate at their age level irrespective of their size or other physical attributes or limitations. The GLL will not consider any request for a lacrosse participant to play in an age group other than the one that participant is entitled to by virtue of their date of birth. Exceptions to this are listed in Rule 2, Section D.

Boys:

- Bantam** 1st - 3rd grade not to exceed 11 years of age as of June 1st

- Lightning** 4th – 5th grade not to exceed 13 years of age as of June 1st

- Junior** 6th – 7th grade not to exceed 15 years of age as of June 1st

- Senior** 7^h & 8th grade not to exceed 16 years of age as of June 1st

The GLL board may allow six (6) year olds to play on Bantam teams as there is no contact. The GLL will do so ONLY AFTER THE FOLLOWING HAS BEEN SUBMITTED:

- A) The association must have a signed waiver from the legal guardian of said child clearing the association of any fault.
- B) The Head Coach of the Bantam team the said child will play on must also sign an approval stating the child is mentally and physically developed enough to play Bantam lacrosse and will not hinder play.

- C). Play up forms can be accessed from the GLL electronic system. Please contact your local association for instructions on how to obtain and fill out this form electronically-
- D). A lacrosse participant may play one division above the players normal age group only if the Association the player participates with is unable to field a team in that age division. (See Rule 6 - Team Composition) or has a coaching accommodation that needs to be met. The participant(s) must have prior written approval by the GLL before participating in any league game. The GLL will be the sole determinant of skill / size and age in the movement of any player.
- E). No participant will play below his / her grade classification with out written permission of the GLL.

Girls:

Sticklets 1st and 2nd & selected 3rd grade not to exceed 10 years of age as of June 1st.

Lightning 3rd, 4th and 5th grade not to exceed 11 years of age as of June 1st

Junior 6th and 7th grade not to exceed 13 years of age as of June 1st

Senior 7th & 8th grade not to exceed 16 years of age as of June 1st

- A). A lacrosse participant may play one division above the players normal age group only if the Association the player participates with is unable to field a team in that age division. (See Rule 6 - Team Composition) or has a coaching accommodation that needs to be met. The participant(s) must have prior written approval by the GLL before participating in any league game. The GLL will be the sole determinant of skill / size and age in the movement of any player.
- B). No participant will play below his / her grade classification with out written permission of the GLL.

RULE 3: BOUNDARIES/RECRUITING

- (A) It is strongly recommended that teams use participants from local school zones in order to foster community spirit and at the same time prevent a hardship on parents in transporting participants for long distances for practices.
- (1) In the spirit of this rule, all flyers, bulletins, or notices being distributed by or on the behalf of an individual Association shall be distributed only to the cluster schools of that Association. Crossing over these boundaries shall be considered recruiting and a \$200.00 fine will be assessed for placing flyers in a non-cluster school by an association. If a school is not represented by a member association, GLL will allocate the distribution of those schools to member Associations for the purpose of flyer distribution and recruiting. This includes any private school located within said cluster.
- (B) Any member association or prospective member of the GLL who engages in direct, intentional recruiting of participants, coaches or other individuals, who participated in another GLL association during the preceding year shall be subject to a charge of misconduct by the offended area (the area in which the participant, coach, or other individual participated during the previous year).

- (C) A coach or league official desiring to transfer from one member association to another must obtain a release from his or her present association. This release must be requested by a GLL Representative at a GLL meeting and entered into the minutes of the GLL.

RULE 4: REGISTRATION

- (B) Each member association shall conduct a minimum of three (3) lacrosse registration dates as approved by the GLL membership.
1. A member association must accept all individuals who register on or before the last scheduled GLL registration. After the scheduled GLL registration dates, a member association may cut off registration at **27** participants per team.
 2. A member association may accept registrants after the last scheduled registration date so long as it does not alter team composition in a manner that would exceed stipulated team maximums. Said player must be a certified and uniformed participant of the GLL. Notification of the late registration must be submitted via email to the league secretary.
 3. The dates and times of registration shall be determined by each member association with notification and consultation of the GLL Board.
- (D) A GLL Registration Form, GLL Physical Exam Form, Birth Certificate Copy, a Parent and Player Code of Conduct along with the GLL Release Form are provided by the GLL and must be filled out and signed by the participant's parent or guardian before he/she is considered registered. The physical form can be no older than **May, 15th of the current season year**. The GLL forms with valid birth certificate presented for the player must have an original signature of a parent/guardian. Parents sign the GLL conduct form as well as the athlete. Physical form must be signed by a licensed physician. All forms will be filled out electronically via the GLL eForm system. There is no paper signature required with the exception of the Medical form.
- (E) Registration and collection of player fees are the responsibility of the individual member associations.
- (F) It is recommended that no registered participant be registered as a qualified participant unless he/she has attained and sustained a better than fair scholastic record.
- (G) Participants may NOT change associations after the DRAFT for teams takes place. Refunds to participants who change associations after registration, but, prior to the draft for teams will be determined by each individual Association.
- (H) All participants must have a signed physical form prior to evaluation. Physicals must be performed and signed by a licensed M.D., D.O., N.P, D.C. or P.A. No other signatures will be accepted.

RULE 5: PRACTICE

- (A) No team shall practice more than two days per week and such practice is limited to 1.5 hours per session for Lightning and below. Junior and Senior's will be allowed to practice up to 2 hours per practice, up to two practices per week. A week is defined as Monday through Sunday.
- (B) Preseason practices may be as many as six days a week excluding Sundays. Preseason is defined as all those practices leading up to the first weekend of official games. The last day of pre-season practice shall be the Saturday prior to the start of season. Monday following the first official scheduled game shall commence the limited two day per week practice schedule.
- (C) Practice time starts when the team is assembled and stops when the team is dismissed. Any gathering of the team or parts of the team for the purpose of improving lacrosse skills or knowledge constitutes a practice.

- (D) No Sunday practice unless petitioned and approved to and by the GLL Executive Board. Exceptions might be in the case of excessive rain preventing regularly scheduled field use.
- (E) **Following Spring Break teams may practice as much as field use permits. It is the GLL's position that coaches and administrators be cognoscente of finals and year end school work.**

RULE 6: TEAM COMPOSITION

- (A) In order to compete in the GLL, a Lightning, Junior and Senior team must have a minimum of 14 certified players Lightning Girls and Bantam Boys minimum of 10 players before the regular season begins or any date designated by the GLL. The GLL reserves the right to approve less than 14 players. Example: A program has 26 or 27 players in an age group.
- (B) **NO** additional players will be added after week one of the season's commencement.
 1. The GLL reserves the right to allow an addition of a newly non-registered player if a program is short players.
- (C) An association may not register players over the split number after split teams are declared.
- (D) Any registered player who moves out of the county prior to certification will be assessed the appropriate out of county fee if he wishes to continue participation. If a player or moves out of the county after certification, he will be allowed to finish out the season with no out of county assessment.
- (F) To add participants in accordance with Rule 6.B, all participants must meet certification requirements in accordance with Rule 8.
- (G) The maximum number of participants on a team will be as follows:
 1. When any boys Lightning, Junior or Senior team registers a total of 28 players, it will become the responsibility of that association to split the team into two equal teams. For each additional 16 registered players, the association must add another team. Lightning Girls and Bantam Boys will have a maximum of 20 players.
 2. When any Lightning Girl's and Bantam boys' team registers a total of 20 participants, it will become the responsibility of the association to split the team into two equal teams. For each additional 10 registered players, the association must add another team.
- (H) The Sideline Coaching Staff
 1. Coaching staffs will be allowed three coaches per team on sidelines. No exceptions. A 4th member of the coaching staff may sit at the scorer's table but may not coach players or discuss the game's play with officials. It will be the Head Coach's responsibility to inventory his bench prior to the start of the game to verify his or her staff and become compliant. Once the game commences additional representatives to the bench area will constitute a bench penalty against the head coach and be served in accordance with USLYC.

RULE 7: TEAM SPLITS

The GLL dates for drafting and splitting teams will be set by the GLL Executive Board.

1. Drafts and Freezes

- (A) When a member association's registration total reaches the requirements for splitting (see Rule 6 - Team Composition), the following guidelines must be used:
 1. All participants will be given a minimum two (2) day evaluation period prior to the first day of official practice.

2. At the end of two (2) days an open draft will take place.
- (a) Each coach will grade participants according to skill. All participants will be in one of four (4) categories: A, B, C, or D. (EXCEPTION: Any participant who did not attend the 2 day evaluation period will have their name drawn from a hat.) Each coach will provide a list of all participants with their assessed grade to the GLL Secretary prior to the draft. In the event a participant rated a different grade by each coach, the grades will be averaged and the participant will be placed in that draft category.)
 - (b) Teams are entitled to three freezes total. Coach's children must be frozen first. If a coach coach does not have a child playing for this particular team and the other coaches only freeze two the team is entitled to a one freeze bringing the total to three frozen players. Teams must declare coaches prior to the draft of players.
 - (c) After all coach's children are frozen, the team will be equalized by selecting participants of equal value (example: Coach 1 freezes 2 A's and 1 B, Coach 2 freezes 1 A, 1 B and 1 C. Coach 1 will select 1 C participant and Coach 2 will select 1 A participant before the draft begins). Teams will be balanced by selecting participants of equal value.
 - (d) The teams will pick participants in order until all participants are selected. All A participants will be selected, then all B participants, then all C participants, then all D participants. (The draft will continue by rotation from A to B to C to D. The number one coin toss does not get the first pick in each category.) The GLL reserves the right to allow Associations to conduct a modified draft by position as outlined in Amendment 2.1.
 - (e) Once the teams comprised of un-frozen players have been decided the teams are numbered and drawn from a basket to assure parity and fairness amongst rosters.
 - (f) After the scheduled draft, all add-on participants will be assigned as follows: The grade level will be determined at the next GLL meeting. Each coach should evaluate the participant and send a Grading sheet for the new participant/participants (if the participant is a first year player, he will be considered a D player and go to the team with the next pick). The participant will then be placed on the team that is due the next pick. NOTE: If the participant is a coach's son, he will automatically be assigned to the team that his parent is not coaching.
 - (g) Participants may NOT change associations after the DRAFT for teams takes place.
 - (h) Official rosters will be posted on the GLL web site.
- (B) The GLL President and /or GLL Vice President and Secretary shall supervise any team splits within the GLL League. The GLL will then determine the conference for each split team by coin toss.
- (C) **Under no circumstances will the "stacking of teams" be permitted.**
- Any association who is found guilty of allowing a coach to stack a team will be fined \$500.00 and the team will be re-selected by drawing all participants' names out of a hat. The coach found guilty of attempting to stack his team will be placed on probation for the entire season under the unsportsmanlike portion of Rule 16: Conduct.
- (D) The GLL Boy's Senior Division splits players based on evaluated talent into divisions named "Iroquois" and "Cherokee". These divisions are created to split the skill level such that "Iroquois" will have more advanced skill level. The purpose is to ready higher level skill players for their high school programs and for "Cherokee" players to handle the ball more and learn the game in an environment that is more apt for the said player's skill level.

- i. If GLL Association has more than one team in Iroquois teams may be configured as seen fit by the Association.
- ii. Senior Boys must have a minimum of four teams in the Cherokee or Iroquois division to form the division for that age group.

Split teams will be placed in an opposing conference and will be treated as a non-conference opponent. (They may play each other during the regular season.)

- (F) The GLL draft procedure and specific grading and selection process is outlined in “GLL Amendment Draft and Freeze Procedure 2015”.

RULE 8: CERTIFICATION

- (A) Each team will submit a team roster on an official GLL certification template. The following information must be provided for each team member in the electronic eForm system. The leagues Certification Manager will then certified each player and team when all forms have been submitted. It is the responsibility of each association to verify the validity of the information of each player. Each association must approve each players forms before the forms get forwarded to the Certification Manager. Each player must have the following electronic forms submitted:
 - 1. Registration Form
 - 2. Physical Exam Form
 - 3. Consent, Release and Indemnity Agreement
 - 4. Report Card Copy
 - 5. GLL Code of Conduct for both player and coach
- (B) Proof of grade by report card or notarized statement from the school Principal.
- (C) A copy of a GLL approved physical form showing the participant has passed a physical examination performed by a physician. The form must be signed by the physician conducting the examination. The parent MUST complete his portion of the form. Once the manual form is complete, the parent shall upload the Medical eForm via the eCard form that has the ability to attach an electronic file (the Medical Form).
- (D) Each participant’s guardian(s) shall sign a copy of the official GLL waiver.
- (E) Unless otherwise provided for in these rules, a participant may not participate in any league scrimmage or game unless he/she has been properly certified.
- (F) If an association registers a child for an incorrect division and that information makes it to certification the association will be fined \$250.00 per incident up to a maximum of \$500.00. If a parent is deemed responsible for presenting a fraudulent or altered birth certificate to the GLL or its member association the parent may be suspended from all GLL activity for life.
- (G) All Associations are required to conduct background checks on all administrators, coaches, team moms and trainers where used. Each Association should have a written criteria of acceptable standards on file with the GLL.
- (H) All coaches must sign a GLL Coaches Code of Conduct.
- (I) All non-coaching GLL Representatives (whether an authorized GLL board member, meeting representative or a game day rep) must sign a GLL indemnification statement and a GLL “Coach” Code of Conduct.
- (J) After the official GLL certification day, a player can only be certified by the signature of a GLL Executive Board member or an Association Director of the host park that the child is attempting to compete. The Coach or Team Mom must present the deficient information and the player cannot play in any games until they are properly

certified by the initials of the approving party. Any coach found playing a player that is not certified will be suspended for a minimum of one year from any participation in the GLL. Any game that is played with a non-certified player will be forfeited.

- (K) Under no circumstances may an official GLL document be altered without the expressed written approval from the Gwinnett Lacrosse League LLC. An official document of the GLL are listed and stored on the web site home page under “forms” and noted in this document under “Rule 8:A”.

- (I) On line player registration:

The GLL maintains an electronic forms system that provides all of the associations with their own set of eForms that each parent fills out for each of their players. All forms that are required by the GLL is completed on this system. Each association has their own, private, group that contains all of the necessary forms for the player to be certified. The GLL Certification manager has read-only access for certification purposes.

There is one main eForm that contains Registration information, player and parent code of conduct and other information. There are two ‘eCards’ that allow the parent to upload Grade reports and Medical Forms.

Special forms for player ‘playup’ and Coaches Code of Conduct is also maintained on the system.

RULE 9: UNIFORM AND EQUIPMENT

- (A) The GLL requires a GLL approved uniform. There are two approved vendors for uniforms based on a Directors decision to maintain two for competitive price reasons. Each season, these two vendors must be approved by the Board of Directors, which is typically the Director of each association.
- (B) Each boy participant must have a full uniform including: a “NOCASE” certified helmet with an approved face guard; shoulder pads; arm guards and gloves; soft mouth piece or teeth protector attached to the helmet, and numbered team jersey. Shoes with screw-in cleats are permitted in all Divisions provided there is NO exposed metal on the cleat.
- (C) Each girl will wear NFHS approved goggles and have a soft non-white mouth guard.
- (D) Bantam & Lightning boys will not have required stick checks. Iroquois and Cherokee Boys will have stick checks based on NFHS rules for stick checks. These are typically down once per quarter or at the discretion of the Referee. Coaches may ask for a stick check if they feel the need.
- (E) No jewelry will be worn during practice or games by lacrosse participants, with the exception of Medical ID, which will be taped to the body.
- (F) It is the responsibility of the head coach of each team to ensure that all participants are properly equipped at game time.

RULE 10: PLAYING RULES

- (A) All games will be played under the US Lacrosse NHFS Rules with GLL amended stipulations (listed below).
- (B) Exceptions to Rule 10.A are as follows:
 - (1) Field sizes:
 - a. Boys Bantam & Girl’s Lightning– will be played across a regulation lacrosse field (half field / **side to side**). The field must have an outer dimension of 60 yards long by 40 yards wide and can be placed within the standard lacrosse field of play OR from side to side.
 - b. Boys divisions Lightning, Junior & Senior will be played on a regulation high school field.
 - c. Girl’s Junior & Senior will play on a regulation high school field

(2) Times:

- a. Boys Bantam will play four (4) ten (10) minute quarters.
- b. Girl's Lightning will play (4) ten minute quarters.
- c. Boys Lightning, Junior & Senior will play four (4) twelve (12) minute quarters.
- d. Girls Junior & Senior will play two (2) twenty five (25) minute halves.
- e. Half time is five (5) minutes.
- f. No game official will be allowed to change the length of quarters or half-time in an effort to "make up time".

(3) Clock Operation

- a. The clock will continue to run during the game with the exception of team time outs, injury time outs, and for any in-depth rules discussion with the officials table and/or coaches.
- b. The clock will stop on all whistles with in the last two minutes of each game. The last 2 minutes of a game will be normal high school timing. The clock will stop on dead balls (goals, out of bounds, penalty administration, etc). Only penalties that are called within the last 2 minutes will be 'straight' time - 1 minute penalty is 1 minute in the box. All other penalties that occur before the final 2 minutes will be as they are currently administered, even if they carry over into the final 2 minutes.
- c. The clock rules apply in a Mercy Rule application. The losing Head Coach may request that the clock run. The request is a one time request. Should the losing team gain goals they may not request a stop clock implementation.

(4) General Play Outline

a. Bantam Boys

1. No timing restrictions whatsoever.
2. Must attempt 2 passes anywhere on the field. Passes initiating from the goalie do not constitute a first pass. CLARIFY: Must attempt 2 passes after Goalie's outlet pass anywhere on the field, prior to a shot. Officials to make verbal counts.
3. Only one coach per team is permitted to be on the field. That coach may not be within 5 yards of any player (from either team). The coach must stay at least 10 yards from the official at all times. If the **Head Coach** (and only the head coach) needs to speak with the official, he can do so during a time-out, end of a period or at half time. All inquiries shall be phrased in the form of a question. The official may refuse to speak to the Head Coach if these requirements are not fulfilled.
4. Penalties WILL be served by the offending player. All time will be served based on the official's administration of the flagged penalty. **A substitute player must come in to the game to replace the penalized player** to make both teams 'even' in play. All releasable and non-releasable penalties will be honored. A player that has accumulated a total of five (5) minutes of penalty time will be disqualified from the current game and will remain in the bench area. He is not allowed to play for the remaining of the game (to include overtime).
5. Body checking is not allowed, if someone checks, flag the player for either an illegal body check, cross-check or unnecessary roughness and put the player in the penalty box. **Stick-to-stick checks are NOT allowed.** Allowable checks are 'poke checks' and 'lift checks' only.
6. "Man / Ball" technique is allowed on ground balls.
7. Ensure fair play via stopping the game and awarding the ball to the offended team if necessary.
8. Face-offs only used to start each half and overtime. After a score, the team that was scored upon will get a free clear at center-X.

9. Coaches may not screen the defender or offense when in play. Coaches are encouraged to execute their on-field coaching from the side of the field.
10. **Mercy Rule for Bantam.** Once the goal differential reaches six goals the winning team must attempt four passes before shooting.

b. Lightning Boys

1. Timing restrictions in place – 4 seconds to clear the ball from the crease and 20 seconds to cross midfield. There is no 10 count at the level.
2. Very limited body checking.
3. Man Ball technique is allowed.
4. Face-offs after scores.

c. Junior Boys

1. All timing restrictions in place – goalie has 4 seconds to get the ball out of the crease once he has possession 20 seconds to cross midfield, and 10 seconds to get it in the box.
2. No passing restrictions.
3. Limited body checking. (Recommended that officials use a USL 3 yd recommendation)
4. Man ball technique is allowed.
5. Face-offs after scores.

d. Senior Boys

1. All timing restrictions are in place – goalie has 4seconds to get the ball out of the crease once he has possession, 20 seconds to cross midfield, and 10 seconds to get it in the box.
2. No passing restrictions.
3. Body checking in accordance with USL NFHS Youth Rules is allowed. (Officials shall use the USL 3 yard rule for the safety of the player.)
4. Man ball technique is allowed.
5. Face-offs after scores.

NO TAKE-OUT CHECKS ARE PERMITTED BY ANY PLAYER AT ANY AGE LEVEL.

A take-out check is defined as:

- Any body check in which the player lowers his head or shoulder with the force and intent to put the other player on the ground.
- Any body checks considered more aggressive or more physical than necessary to stop the advancement of the player carrying the ball or to keep or move a player away from a loose ball. This includes but is not limited to: (i) any check in which a player makes contact with sufficient force and intent to knock down the opposing player; (ii) any check in which a player makes contact with sufficient force and intent to injure the opposing player; and (iii) any check made in a reckless or intimidating manner.
- Any body check on a player in a defenseless position. This includes but is not limited to: (i) body checking a player from his “blind side”; (ii) body checking a player who has his head down in an attempt to play a loose ball; and (iii) body checking a player whose head is turned away to receive a pass, even if that player turns toward the contact immediately before the body check. *NOTE: Sports medicine research indicates that the severity of certain injuries may be reduced if a player can anticipate and prepare himself for an oncoming hit. Other sports medicine research indicates that peripheral vision may not be fully developed in many boys before approximately age fifteen. Game officials should be especially alert to blind side checks at all youth levels.*

e. Stick Checks (Boys)

1. Bantam & Lightning boys will not have required stick checks. Junior and Senior Boys will have stick checks at the end of the quarters. Once a player is checked it is not necessary to check the stick unless the referee feels the need.
2. A stick deemed “pinched” (meaning the ball will not fall out due to the plastic head) is removed from the remainder of the game.
3. A stick that will not let the ball come out due the stringing can attempt to repair it and have it checked by the official at quarter’s end or time out. If approved it can re-enter the game. If the same thing occurs a second time stick will not be allowed to return to the game.
4. A Stick deemed to have a “deep pocket” (See NFHS Interpretation) will be removed until repaired.
5. Penalty times or goal removal are enforced in concordance with USL NFHS Youth Rules.

f. Overtime

1. 4 minute overtime period.
2. First team to score wins.
3. One team timeout is awarded to each team.
4. Unused timeouts from regulation play are not carried over into overtime.
5. If the score is still tied after 4 minute overtime period, then a second 4 minute overtime period will be played.
6. If the game is tied after the two overtime periods the game will be considered a tie.

(5) Penalties:

Reported penalties will be increased by 50% since we have a running clock.

- a. 30 second penalty = 45 second running time penalty.
- b. 60 second penalty = 90 second running time penalty.
- c. 2 minute penalty = 3 minute running time penalty.
- d. 3 minute penalty = 4 minute and thirty second penalty.
- e. Once the referee has reported the penalty to the bench, the penalty time will start as soon as play is whistled to commence.
- f. The table should handle these in a consistent manner for both teams
- g. Penalties will carry over into the next quarter, half, and/or overtime.

Fouling Out

RULE 5 SECTION 11

Senior and Junior (Boys)

Any player who accumulates 4 personal fouls or 5 minutes in personal foul penalty time shall be disqualified from the game. A substitute for that player may enter the game when the disqualified player would have been permitted to re-enter had he not fouled out.

Lightning & Bantam (Boys)

Any player who accumulates 4 personal fouls or 5 minutes in personal foul penalty time shall be disqualified from the game. For Lightning, a substitute for that player may enter the game when

the disqualified player would have been permitted to re-enter had he not fouled out. For Bantam, a disqualified player must leave the field but his team may replace him with a substitute; no man up situation should occur.

Ejection

RULE 5 SECTION 12

Any player or coach ejected from a game by a game official (Note: this does not include fouling out per Rule 5-11) shall be suspended for his next regularly scheduled game (at the time of the ejection). The second time a player or coach is ejected in the same season or tournament he will be suspended for the next two regularly scheduled games (at the time of the ejection). A third ejection in the same season or tournament will result in a suspension for the remainder of the season or tournament.

The ejected player shall come to the next game wearing his/her jersey and are required to sit on the bench for the entire game.

Game Termination

Officials will have authority to terminate a boys' youth game in response to flagrant acts of unsportsmanlike behavior including excessively rough play or the encouragement of excessively rough play by coaches, athletes, spectators, or fans. A game termination will be the last resort in ensuring the players' safety and preserving the integrity of the game. If possible, game officials will issue at least one strong warning that the game is in danger of being terminated. However, it is conceivable that games may be terminated on the first instance of a flagrant unsportsmanlike act. Every effort should be taken to avoid game termination, including the enforcement of existing rules for team-conduct penalties, unsportsmanlike-conduct penalties, and ejection fouls. Mechanics for terminating a game for flagrant unsportsmanlike behavior can be found at www.uslacrosse.org (Programs & Grants, Sportsmanship Card). All games terminated by an official will result in a 1-0 victory for the team that is innocent of the terminal offense(s). It is recommended that the game should count in league statistics as a full game, and all goals, assists, saves, and other team statistics should count toward team and league records.

- (6) Mercy Rule (Applies to boys Lightning, Junior & Senior).
 - a. Mercy rule is applicable at any time during the game.
 - b. If the score differential is 6 or more goals, the losing team gets a free clear at the midfield line. It is the losing team's choice to forego the free clear at the midfield line and have a face-off. If the score differential drops to 4 goals or less, then resume normal game conditions.
 - c. If the score differential is 8 or more goals, the winning team must follow these rules.
U11 must attempt four passes on the offensive side of the field before shooting
U13 and U15 must also attempt four passes in the box on the offensive side of the field before shooting. Once the ball enters the box it must stay within the box if it comes out the losing team gets a free clear at the midfield line.
 - d. If a goal is scored before the four passes, then the goal is disallowed, and offended team gets the ball at center-X.
 - e. The losing team will continue to play with the normal passing rules for their age group. If the score differential drops to 7 goals or less, then the passing restrictions on the winning team are lifted. If a game ends with a 12 or more goal differential the winning coach will face disciplinary action from the GLL board.

(7) Coaches

- a. Coaches that are GLL Reps must change into team attire when coaching.

- b. Head coach conduct unbecoming to the league will result in a (3) minute non- releasable penalty (4.5 minutes served).

Unsportsmanlike Conduct

NHFS / USL RULE 5 SECTION 10

Unsportsmanlike conduct by coaches and/or players will not be tolerated. Obscenities need not be used for language to draw a penalty. **Tone, intent, and body language can all contribute to unsportsmanlike conduct.** Players and coaches will exhibit the highest level of sportsmanship at all times. This means that in addition to the unsportsmanlike examples contained in NFHS Rule 5-10, any player or coach who uses derogatory or profane language on the field or bench, whether addressing a player, coach, or official may receive: first offense, 1 to 3-minute non-releasable unsportsmanlike conduct penalty.

- c. Second head coach offense will be suspension for the duration of the game and (1) full game to follow.
- d. Only head coaches will address the officials. Assistant coaches are not to direct any comments toward officials. If they do they will get a warning. The Head Coach will be directed to get his coaching staff in order.
- e. Only the head coach can request a time out.
- f. Only three coaches are allowed in the coaching box during a game. An assistant may be at the scorers table but may not comment on officiating or coach players in any manner. A violation will be considered a bench conduct penalty against the head coach.
- g. A coach may not enter the field unless asked by a referee.
- h. An assistant coach may not enter their field except in the case of a medical emergency or medical assistance and will do so at the permission of the referee.
- i. Only three coaches are allowed on the sidelines during games.

Sideline coach violation:

- a. 1st \$50.00 fine.
- b. 2nd \$100 fine and a game suspension for head coach.
- c. 3rd \$200.00 and out for season.

(8) Spectator Location

Each program shall sit all spectators on the opposite side of the field from players. Any exception to this must be approved by the GLL Executive Board. Such an exception may be made by a representative of the Board with out the full vote of the Board to facilitate an immediate need on any given weekend.

(9) Safety Issues (Boys)

- a. Mouth guards must of color and must be attached to the helmet.
- b. No stick to helmet to helmet contact will be permitted.
- c. No one handed checks at Bantam, Lightning, Junior and Senior Divisions.
- d. No take out checks.
- e. Checks must occur within 3 yards of the ball.
- f. Spearing (offensively or defensively) must be taken seriously. It is an un-releasable penalty. Please reinforce proper technique with any player.
- g. Body checking- checks must be between the opposing players shoulders and waist with head in front of opponent. Player cannot lead or lower their head(or shoulder) to make contact. Arms must not be

extended away from players body prior to contact. Once contact is made arms may be extended two hands must remain on the stick at all times.

- h. Any checks to a 'defenseless' player will result in a two minute non-releasable penalty. A 'defenseless' player is defined as any player that does NOT see the check coming. This includes players that are ready to catch the ball from his buddy(known as the 'buddy pass rule'), players that are attempting to scoop the ball from the ground and is looking down.

2012 US Lacrosse "3- YARD RULE"

All stick checks, body checks, legal holds, and legal pushes must be on a player in possession of the ball or within 3 yards of a loose ball or ball in flight. **This is a change from the 5 yards specified in RULE 4 SECTION 17, Checking With Crosse; RULE 5 SECTION 3, Illegal Body Check, ARTICLE 1; RULE 6 SECTION 3, Holding, ARTICLE 3.a and d; and RULE 6 SECTION 9, Pushing.** (NOTE: This change from five to three yards does not apply to a free play restart under RULE 4 SECTION 5, Play of the Ball Definitions, ARTICLE 1, in which no player may be closer than five yards to the player awarded the ball.)

- h. Stick checks to opponents can be made from shoulder to hand on the arm or arms holding the stick. The check must be an attempt to dislodge the ball from the opponent's stick.
- i. There is to be no stick checks to opponent's free arm.
- j. Senior Division: NO one-handed wrap checks are allowed.
- g. "Ice Pick" checks will not be allowed.

(10) Game Procedures

Only the first game of the day will need to have the National Anthem played.

The GHSA player and fan conduct creed will be read before each game.

"To all Spectators:

Thanks for coming to today's lacrosse game. We are glad to see you supporting the teams. We think the sport of lacrosse can help teach good sportsmanship to all participants and that sportsmanship is an important component of the game. Accordingly we expect good sportsmanship from all participants including the spectators. Unsportsmanlike conduct such as vocally or visibly criticizing opposing players, officials, coaches or other spectators, encouraging injury to participants, profanity, racial or sexually based comments or other provocative comments are inappropriate, unacceptable and will be grounds for removal from the competition site.

We would like you to support the participants , coaches and officials in a positive manner.

Cheer for the participants not against anyone.

Please help us make the game enjoyable for all.

Thank you for your cooperation and assistance."

Games will start with both starting teams standing at midfield with their coaches with the remainder of the team standing behind them.

Goalies at opposite ends facing each other.

Referees will give their instructions then both teams will shake hands after goalies shake hands. Glove off the right hand Coaches will shake hands as well.

Make an effort to put player's benches on opposite side of fans away from fans.

There should be three chairs at sideline table and it be large enough for the book and two penalty clocks to be administered.

GLL Association "Rep" will oversee hand shake and commentary at the end of the game. Have them stand near the handshake area.

Host park to have at the scorers table the GLL provided "Referee / Trainer Sign in Book" as well as a portion of the book that allows for trainer sign in.

(11) Home Team Table and Clock Administration

Each team may have one table representative.

Home team of game must administer the park scoreboard and oversee the penalty clocks. Visiting team will be responsible for the scorer's book and seeing that games final scores are initials by the referee on the field. This may mean arriving early to receive instruction from the previous games operators.

An assistant coach may be allowed at the scorer's table. Under no circumstances are they allowed to coach, question calls, call time outs or conduct any of their regular coaching responsibilities.

(12) Over Time (Girl's)

We play two-3 minute periods. The first 3 minutes will be played in its entirety. The clock will stop on every whistle. At the end of that 3 minute period, if the score is still tied. The teams will switch sides and play a 3 minute "sudden victory" period. First goal wins.

(13) Miscellaneous:

- a. There is no maximum limit to the number of captains that may participate in the toss-of-the-coin ceremony. Coin toss is used for an alternate possession and field direction selection.
- b. NOCSAE helmet warning decals or stamps are recommended. It will be the responsibility of the association to adopt to their by-laws and enforce implementation.

RULE 11: SCHEDULE

- (A) The official GLL schedule will be prepared under the supervision of the GLL Vice President.
- (B) No change to the schedule is permitted without the approval of the GLL President and/or Vice-President. Coaches and/or GLL Representatives may NOT reschedule games.
- (C) No association may schedule games outside of the Gwinnett Lacrosse League with out written approval by the GLL Board.
- (D) Special schedule requests must come from Association Directors.
- (E) Senior Girl's, Senior Boys and Junior Boys may play as many as four games outside the GLL. Games are to be scheduled by associations and submitted to the GLL President. If by chance the GLL needs to make up rain date games the GLL schedule will take precedent. Failure to make up GLL due to alternate league play will result in a forfeit.

RULE 13: HOME PARK RESPONSIBILITY

- (A) The host (home) association will be identified prior to each game and will be responsible for the following specific items:
1. Preparing and marking the field in accordance with the GLL stipulated marking guidelines. Parks must display GLL banners and make one visible to people entering the parks and one visible to spectators during field play.
 2. Providing all field markers and other officiating equipment.
 3. Make other necessary arrangements for the convenience of the game.
 - 4.. It is suggested but not mandatory that parks provide a uniformed police officer for each field and all games.
 5. Provide one individual who is clearly in charge of the activities surrounding the game and handle any problems which may arise during the game. This individual may be an Area Representative, member of Area's Board of Directors, etc..
The individual should make his/her identity known to the officials prior to the game.
 6. Provide comparable facilities for participants of home and visiting teams. (including shade)
 7. Each host association is responsible for entering the scores via e-mail to scores@gwinnettlacrosseleague.com. The scores must be e-mailed in to the designated e-mail prior to midnight on game day by the host park. Late score will result in a \$100.00 fine to the host association.
 8. Host association will make sure that table personnel and clock administration are ready to begin as soon as the previous game finishes. Failure to do so can result in a delay of game penalty if host is playing or fine if guest associations are playing.
 9. Home associations will provide a tent, chair for officials & trainers.
 10. Home associations will provide a cooler of ice for the trainers.

RULE 14: OFFICIALS

Boys

- (A) All officials shall be certified by the GLL and/or from the Georgia Lacrosse Officials Association (GLOA) or from a certified US Lacrosse Level 1(Junior) or Level 2 clinic. The official must pass the certification test with a minimum of 90 percent on the certification test. (Exceptions may be made with approval from the GLL voting membership.)
- (B) All officials must participate in a referee certification clinic. There is a \$50.00 non-refundable booking fee.
- (C) Bantam games may be officiated with one high school junior or senior.
- (D) Lightning & Junior games may be officiated with one high school junior or senior and one adult referee.
- (E) U-15 games will be officiated by two adult referees. The GLL reserves the right to use a high school player as a referee provided the player has an advanced lacrosse acumen.
- (F) No game shall start without one adult referee on site
- (G) Playoff games for Boys Junior & Senior games will be officiated by 3 referees. Two of which must be adults.

- (H) The officials have the responsibility of controlling the entire game. Officials have the duty and right to call bench penalties in between games and at quarters and halves. This is applicable to players, coaches and spectators.
- (I) The officials will report all acts of misconduct and any flags that were thrown to the GLL Representative before leaving the field on game day. (See Rule 16)

RULE 15: PARTICIPATION

- (A) Playtime for each player shall be equally divided or proportionate to the number of players on the team. Minutes of play time will be the sole responsibility of the Head Coach. It will be the Head Coaches' duty that play time is administered fairly. The GLL recognizes that goalies and middies play in different segments due to the nature of their position.
- (C) The opposing coach will be notified prior to the start of the game if a participant located on the bench is unable to play due to illness.
- (D) The opposing coach and a participant's parents will be notified prior to the start of the game if a participant is being disciplined and will not be permitted to play.
- (E) Any head coach found to be violating the participation rule will be subject to fine and/or suspension by the GLL. The following procedures will apply:
 1. Any head coach suspected by another association of violating the minimum play rule shall be notified of such allegation 24 hours following the first regularly scheduled GLL meeting where such allegation is presented by notification to the GLL.
 2. Such notice shall indicate that any subsequent game played by the team in question may be monitored by a committee of three different neutral GLL representatives.
 3. If said committee reports to the GLL it has documented violations, the Head Coach shall be suspended immediately by the GLL Executive Committee for his team's next week of practice and games. The member association will be subject to a \$100.00 fine.
 4. If a second substantiated violation occurs within the same season, the Head Coach shall be suspended for the remainder of that season and further disciplinary action may be taken. The member association will be subject to a \$200.00 fine.

RULE 16: CONDUCT

The Code of Conduct of the Gwinnett Lacrosse League is herewith specifically incorporated into these rules of conduct that apply to each association, coach, team mom, participant, or spectator. In addition to the precepts set forth in the Code of Conduct, the following may result in a fine to the member association or a suspension or expulsion of the coach, participant, spectator, team, or association involved.

The imposition of a fine against an association for coach or administrator conduct is not appealable. If the fine is not paid within fourteen (14) days of assessment an additional Twenty Five Dollars (\$25.00) per week will be assessed up to a total time of thirty (30) days). If the fine is still unpaid at the conclusion of thirty (30) days, the association is suspended from further GLL play until the fine is paid and late fees will continue to accrue.

The imposition of a suspension or expulsion from the GLL is appealable as set forth in Rule 18.

The following constitutes prohibitive conduct:

1. Conduct may result in the imposition of a fine against the association and/or suspension or expulsion of the

association, coach, participant, official, or spectator from any GLL sanctioned activity.

2. Any spectator who is asked by a GLL Officer or a GLL Representative to leave the confines of the arena and refuses to do so will subject the person so refusing to leave to suspension or expulsion from the GLL and the association to a fine.
3. The use of any tobacco product within the confines of a playing field. A violation of this provision will result in a fine to the member association of \$100.00 per violation.
4. Profanity will not be tolerated. The definition of profanity will be deemed language unbecoming to the ears of youth players.
5. Two flags thrown on the bench during any one game for two or more acts of conduct of anyone on the bench will result in the removal of the head coach from that game and a \$150.00 fine.
6. Any coach who is personally charged with two or more flags during a season may be suspended from participation in the GLL for the remainder of the season for all practices and all games, and/or the association will be subject to possible suspension or fine as determined by the GLL voting membership.
7. Any participant who is ejected from a game **will be ineligible for the following game**. Any participant who is ejected from a game on two or more occasions during one season is subject to suspension or expulsion from the GLL.
8. Being under the influence of alcohol or any controlled substance, consumption of, or the possession of any alcohol or any controlled substance is specifically prohibited. This prohibition relates to any practice, any game, or any GLL sponsored activity. Any individual in violation of this rule shall at a minimum be barred from the practice, game, or activity for that day. The second violation within any one season shall result in suspension or expulsion from the GLL.
9. Use of noise-makers, except cow bells, thunder sticks and shakers, are not allowed at GLL games. (Shakers being described as empty plastic bottles, no larger than 20 ounces, filled with beans, rice, and/or glitter.) A violation may result in a fine to the association.
10. A referee's flag thrown against the stands will be considered a flag against the bench. Such a flag will not be charged as a personal flag against any coach. Any conduct from a participant or coach that is deemed in contravention of the Code of Conduct of the Gwinnett Lacrosse League may, in addition to the penalties outlined herein, result in the GLL imposing a penalty of forfeiture of one or more of all games previously played. If a coach senses his teams spectators in any way dishonoring the game it is their responsibility to have the official stop the game and speak to his or her spectators. Such action will not constitute but doing so to address his or her players shall be considered a time out against the violating coach. If no time outs are available and the coach uses this to address his team regarding game strategy there will be a three minute non-releasable penalty.
11. All coaches are required to wear shirts, baseball-type caps, and/or jackets which clearly identify them as a member of the coaching staff. No one absent the coaches and trainers should be on the bench during a game.
12. All coaches, trainers, and those on the bench area during a game are expected to dress in an appropriate manner. Long hair is to be restrained, cut-off jeans are not allowed, emblazoned t-shirts are prohibited, and other dress that is deemed to invite laughter is prohibited. Shoes must be worn at all times. A violation of these standards may result in a fine being assessed against the member association.
13. Any coach or participant who is ejected by a game official for violation of the aforementioned rules of the GLL or the GLL Code of Conduct must leave the confines of the arena. Failure to do so will subject the person so refusing to leave to suspension or expulsion from the GLL and the association to a fine.
14. When a coach, participant, or spectator is asked to leave the confines of the arena, the GLL Representative from the association involved must notify their association Director who will notify the GLL Exec Board.

15. Officials must file a report with the on duty GLL Rep or Host Park Association Director for any coach, participant or parent who is flagged, ejected or who is a disciplinary problem.
16. A properly identified GLL Executive Board member has the authority to administer a conduct flag on a coach or a spectator of a particular program.
17. Any parent, spectator, coach or participant that approaches and/or follows a game official within the confines of the playing area and parking lot, may be subject to penalty, including suspension of the offender and/or the association, a fine to the member association, and/or expulsion of the offender and/or the member association.
18. Game officials have the authority to administer conduct flag before the game, at half time of a game and after a game. Flags issued after a game against a coach or team can and will be assessed in the next scheduled game.

RULE 17: PROTESTS

Any team has a right to protest certain matters occurring during the course of the game. In order to file a protest, a written notice of the protest outlining specifically the conduct protested with all pertinent details must be delivered to a GLL Executive Board Member within forty-eight (48) hours of the date of any event protested. In addition, the team protesting the activity must pay a \$50.00 to the GLL which will be refunded by the GLL only in the event the protest is upheld in its entirety.

A protest shall not be considered unless (1) the referee in charge of the game in question has been notified before or at the end of the game that the game is being / been played is under protest; (2) any protest not submitted in writing and presented to a GLL Board Member within forty-eight (48) hours after the end of the game together with the \$50.00 protest fee attached shall not be considered.

A protest on matters of judgment rendered by an official will not be considered.

Protest dealing with the conduct of a coach, team official, game official, participant, participant or spectator will be considered. Rule interpretations by officials will be considered. Eligibility of participants will be considered. Any violation of the Code of Conduct or Rule 16 will be considered.

Upon the GLL receiving a protest in proper form with the fee paid at the time the protest is delivered, the GLL will convene within seven (7) business days to review the written protest. The association, team, or party against whom the protest is lodged will be afforded the opportunity to present a written statement in contravention of the protest. They are not required to do so.

At a regularly scheduled or a specially called meeting of the GLL the matter protested shall appear upon the agenda. The entire board of the GLL shall determine by majority vote whether to over-rule or sustain the protest. The association, team, or party lodging the protest shall be allowed a maximum of ten (10) minutes at the GLL meeting to present the protest. The association, team, or party that is the subject matter of the protest shall be allowed ten (10) minutes to present any rebuttal. The decision of the GLL board majority vote shall be binding upon all parties.

RULE 18: HEARING

Any association, participant, participant, or spectator that is suspended or expelled from the GLL for more than one season or for a period in excess of the remaining portion of an existing season, shall be entitled to a hearing before the full Board of the GLL provided that individual or entity facing suspension or expulsion of more than a year beyond the existing season notifies the GLL in writing within three business days of receiving a notice that a formal charge has been filed against that individual or entity.

The GLL shall deliver written notice to that individual or entity who has been suspended or expelled beyond one year or the season in progress by mailing same to the Association to which that individual or entity belongs and advising that individual or entity that they have been suspended or expelled beyond one year or the existing season and that they have a right to a hearing before the full GLL Board provided they give written notice of their request for a hearing within three business days. There shall be no requirement that the notice set forth the facts in support of the charge with any particularity.

In order to offset the GLL's cost associated with providing a hearing officer for the hearing, any individual or entity requesting a hearing before the full GLL Board shall pay a \$150.00 fee to the GLL to be included with the written request for hearing.

The GLL encourages individual associations to deal with any conduct that is prohibited by the rules and regulations of the GLL or the Code of Conduct of the GLL. Action by an individual association does not prevent the GLL from taking additional action and shall not constitute double jeopardy in that regard.

Any individual or entity that in proper form requests a hearing before the GLL and pays the required administrative fee shall be afforded that hearing within fourteen (14) business days from receipt of their written request by the GLL. Notice of the date and time of the meeting shall be given to the individual or entity through the Association that the individual or entity is a member.

The hearing shall be conducted by a hearing officer appointed by the GLL President. The hearing officer shall conduct the hearing under the Rules of Civil Procedure with some latitude allowed for the introduction of hearsay testimony and the admissibility of documents. The hearing officer's decisions regarding admissibility of evidence shall not be appealable.

The GLL shall appoint from its membership one (1) individual to collect information to present to the GLL Board on behalf of the person or entity bringing the rule violation to the GLL. Witnesses may be called by the GLL representative. Hearsay testimony may be admitted on a limited basis under the sound discretion of the hearing officer. Affidavits presented by either side may be admitted provided the other side is given a copy of the affidavit forty-eight (48) hours before the hearing. Otherwise they shall not be admissible. A representative of the GLL shall have twenty (20) minutes to present all the evidence in support of any charge against the association or individual. The association or individual charged may be represented by an attorney or by any other single member appointed by the association or individual. Multiple representation shall not be permitted.

Any individual or association charged with any offense that resulted in suspension or expulsion for one year or beyond the current athletic year in progress shall have twenty (20) minutes to present any evidence to the GLL Board to refute the charge or in mitigation of the charge.

The GLL board then shall consider the evidence presented by the representative of the GLL and the representation of the association or individual charged and shall, based upon the preponderance of the evidence, make its decision in the best interest of the Gwinnett Lacrosse League.

Any association or individual suspended or expelled for one year may be suspended for a period up to two (2) calendar weeks by the President and two other members of the GLL Board not involved in any manner in the conduct complained of provided all three (3) agree that such two (2) weeks' suspension is warranted. Such two (2) weeks' suspension is not appealable.

The GLL reserves the right to suspend or fine any association who through its failure to act in an egregious situation has violated the Code of Conduct and rules and by-laws of the Gwinnett Lacrosse League.

The imposition of fines against an association is not appealable. There is no right to a hearing before a fine is imposed. A simple majority of the board may impose a fine based upon any evidence presented to the board.

All hearings regarding the suspension or expulsion of an association or individual shall be open to the public. All deliberations of the board after hearing the evidence shall be closed. The decision of the board is not appealable.

There is no right to a hearing unless the penalty to be imposed involves suspension or expulsion from a GLL activity or activities that extend beyond the period of either one year or the start of the next season.

RULE 19: INELIGIBLE PARTICIPANTS

- (A) A participant participating or practicing in a lacrosse league other than the GLL from the start of the GLL season to the finish of the last game his or her team will play including playoffs and championship is ineligible. Exception: 8th grade girls.
- (B) A participant may participate or practice on only one team within the GLL in any given year. Exception: after Spring Break players may practice with summer lacrosse programs.
- (C) A participant who has not been properly certified (See Rule 8: Certification) is ineligible.
- (D) Any team found guilty of playing an ineligible participant will forfeit all games in which the participant participated.
- (E) A participant who is in the ninth (9th) grade is ineligible to play in 8th Grade Division.

RULE 20: CANCELING GAMES

- (A) The home park has the right to cancel a game for weather or unfit field conditions.
- (B) The GLL Executive Board and a GLL Representative from the hosting association involved can postpone any and all games if the majority determines the weather or field conditions make it unfit to play.
- (C) If a game completes the second quarter (or first half for girls) with a Mercy Rule in effect the game is considered complete and official if it needs to be halted for any reason. If either team is not in the Mercy Rule guidance the game will be considered official after six (6) minutes of the third quarter (six minutes of second half for girls) if it needs to be halted for any reason.
- (D) Only the Association Director of lacrosse can request a schedule change.
- (E) The GLL President will coordinate the rescheduling of the postponed game(s) with the officials and the affected teams. Coaches or GLL Representatives may NOT reschedule games.
- (E) The rescheduled game(s) will be played at the new designated time(s) or the team(s) will forfeit.
- (F) The 2012 Association Director's voted to make "cold play" the decision of individual parents of that particular player. If the league plans to play the teams will play with out the held out player. Associations are encouraged to suggest cold weather attire for lacrosse players.

RULE 21: INJURED PARTICIPANTS

- (A) Any participant injured in a game will be taken out of the game when, in the judgment of the trainer and/or the referee, the participant's health or safety is in jeopardy. If the Trainer does not think the participant should return for the remainder of the game, he/she will notify both head coaches and the Head Official of his decision. Any coach that returns a participant to the field after this notification will be suspended for the remainder of the year.
- (B) Any participant injured to the extent that the care of a physician is required must present a written statement from a physician to the GLL Association Director who will deliver to the GLL President before he/she can return to practice or play in a game.
- (C) A participant who appears to be seriously injured should not be removed from the field unless he does so under his own power or under qualified medical supervision. The game shall be delayed as long as necessary to ensure the safety of the injured participant.
- (D) If a participant is determined concussed, that participant may not play again until he/she receives a medical release from a qualified physician.

RULE 22: OPPONENT RESTRICTIONS

No game will be played with any team that is not a member of the GLL until the GLL season is completed.

Violation of this rule will result in a fine to the member association. Senior Girl's, Senior Boys and Junior Boys may play as many as four games outside the GLL. Games are to be scheduled by associations and submitted to the GLL President. If by chance the GLL needs to make up rain date games the GLL schedule will take precedent. Failure to make up GLL due to alternate league play will result in a forfeit.

RULE 23: RUNNING UP THE SCORE

Rule 23 has been abolished by the Board of Directors. It is the responsibility of the coaching staff to manage the scoring by players so that scores are not so 'one-sided'. This would be an opportunity for coaches to install a self-imposed number of passes before shooting. The intent is to avoid excessive scoring by any team.

RULE 24: FILMING OF GAMES

Association may assign a photographer that will take still pictures from side lines. These photographers must be on file with the GLL. When a team photographer wishes to film at an "away" park permission must be received via e-mail from the association Director prior to the photographer taking pictures.

For non registered photographers filming of all games by member associations and/or teams will be allowed as long as the filming is done outside the confines of the playing field. NO cameras of any kind will be allowed on the sidelines or within the confines of the playing field. No filming of scrimmages and practices is allowed unless filming is by a direct participant.

Any association field that does not allow filming or spotting from the press box, filming and spotting must be done from the bleachers of the team you are representing. **No coach, parent, or spectator will be allowed on the player's side of the field with a camera, walkie talkie, headset, etc.** Any person found in violation of this rule may be asked to leave the confines of the arena. Repeat offenders may be subject to ejection and/or expulsion or other action from the GLL.

RULE 25: REPORTING OF SCORES

- (A) Reporting of scores must take place via e-mail on the night of game play. Failure to do so will result in a \$100.00 fine. Reporting of scores can be done directly by the Host Park Director to the website. A picture of the score sheet shall be sent to scores@gwinnettlacrosseleague.com for archive and score disputes. If a Director cannot enter scores directly, please send the score sheet to the address above and the league will enter them.

RULE 26: FORFEITS

- (A) Any team forfeiting a game will be fined \$200.00. (\$100.00 of these funds will be paid to the host association to defer the cost of the forfeited game. The remaining \$100.00 will be added to the scholarship fund.) The fine must be paid before the team can participate in another game.
- (B) If a team is unable to play a game, the team or association shall notify the GLL President or Vice President forty-eight (48) hours before game time. Failure to make this notification will result in a fine in addition to the fine in Rule 25.A.
- (C) Teams must be at the game field thirty (30) minutes before game time or be subject to forfeit.
- (D) Girl's play may commence with as few as 11 players. Opponent may play at full roster (12) players. (10) Players will constitute a forfeit. Teams may compete in non-league play for the remainder of the day with assigned rosters. Winner by forfeit can give short team players to complete non-league play.
- (E) Boys minimum players allowed will be (10) players

RULE 27: LEAGUE CHAMPIONSHIP

- (A) The League Championship.
 - 1. The championship and semi finals venue will be a neutral site.
 - 2. The GLL will be responsible for the operation of the venue and all revenues and expenditures associated with the championship weekend.

- (B) Playoff teams will be each team in the Gwinnett Lacrosse League.
 - 1. The teams will be decided by the best overall records. In case of a tie, the following tiebreakers will be used.
 - a. Results of head to head competition*
 - b. Record against common opponents**
 - c. Coin flip

- (C) Seeding
 - 1. Seeding of these teams will be according to:
 - a. overall records*
 - b. Results of head to head competition
 - c. Record against common opponents**
 - d. conference record*
 - e. coin toss

- (D) Security and crowd control will be a joint effort between the GLL and the host park. Referees, trainers, EMT's, and police will be at the direction and expense of the GLL.

* All results will be based on winning percentage

** Common Opponent - If two or more teams are qualifying for a playoff position, all teams involved must play the same teams to constitute a common opponent.

Rule 31 is subject to change pending registration numbers.

.NOTE: All rules are subject to change.