



Information Bulletin

1/17/2015

Lightning Division 'Long Pole' Ruling

The question of the use of long poles for the Lightning division has come up. It is our opinion that we use short (attack) sticks this will help to teach players to use their feet on defense and cut down on slashing penalties.

Therefore, there will be no use of crosses longer than 42" in the Lightning Boys Division. A legal crosse will be 37"-42" long. If a crosse is found to be outside these measurement, a three (3) minute non-releasable penalty shall be assessed and the crosse is disqualified for the remainder of the game and will remain on the scorer's table for the remainder of the game.

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