



GWINNETT LACROSSE LEAGUE

2014 Youth Boys Rules Interpretation Highlights

USL Points of Emphasis

- Violent Collisions
- Sportsmanship
- Head/Neck hits (2013)

The Ball

- Beginning in 2014, all game balls must include labeling which states: “Meets NOCSAE Standard”
- GLL Host Parks will provide game balls

Equipment

- All goalies are required to wear arm pads
- A protective cup is required

Sideline Managers

- USL adopted this from the GLL!

Pre-Game Team Line up at Center X

- All teams will be asked to come to Center X and the officials.
- Please teach your team how to do this!

Off-sides

We will NOT be calling the offsides where it does not affect the play.



GWINNETT LACROSSE LEAGUE

Advancing the Ball

- Juniors and Seniors
4 sec. goalie,
20 sec. to mid-line (Defensive count)
10 in the box (Offensive count)
- Lightning
4 sec. goalie
20 sec. midline
(No 10 sec.)

Player Substitution

- No 'horn' on sideline out of bounds
- Since no horn, additional balls(4) should be set out on each SIDELINE.

Pass Rule

- Bantam—2 attempted passes in offensive side
- Lightning, Junior, and Senior—No restriction

Mercy Rule

- When there is a goal differential of 6, the trailing coach can elect to begin play with a 'free clear' at center X. This is for ALL divisions.

Details are on the GLL website:

www.gwinnettlacrosseleague.com