

# BAY STATE BASEBALL ACADEMY

## Fundamentals Stressed

- ◆ Hitting
- ◆ Bunting
- ◆ Fielding
- ◆ Throwing
- ◆ Base Running
- ◆ Pitching
- ◆ Catching
- ◆ Infield Play
- ◆ Outfield Play
- ◆ Mental Game

## Program Highlights

- Radar Speed Gun
- Pitching Machines & Batting Cages
- Specialized Position Instruction
- Weekly Prizes
- Grouped by Age & Ability
- Excellent Facilities
- Individual Instruction

## Cost

Summer 8:30AM – 1:00PM Ages 8 - 12

\$200 per session

\$100 Non-refundable deposit per session with registration

\$100 Balance due one week before session begins

Private Lesson

\$85 per hour lesson by appointment

Mail to: Bay State Baseball Academy

27 Fox Run Road  
Medway, MA 02053

## Academy Information

### Bring:

1. Glove
2. Sneakers/Cleats
3. Small cooler with drinks and snacks
4. Baseball Hat
5. Sunscreen
6. Shorts or Baseball pants
7. Good learning attitude

### Daily Schedule:

8:30 Players arrive and begin warm up

8:45 Throwing Mechanics

9:00 Fundamental Skill Stations

10:15 Break

10:30 Batting Practice

11:00 Fielding Drills

11:30 Break/ Player Departure

11:45 Game

1:00 Player Depart Day Ends

- Schedule subject to change -

If a day must be cancelled because of weather it will be made up at the end of the week or a day the following week at the academy's discretion.

**508-397-9890**

## Location

Natick High School is on West St. off Rt. 27 in Natick. It is 1 mile south of the Rt. 135/27 intersection in downtown Natick.  
Wellesley High School between route 135 and Rice Street on the High School Baseball and Little League sized fields.

## Philosophy

The Bay State Baseball Academy will strive to teach proper baseball mechanics to all participants regardless of skill level. Each participant will receive a sessions worth of fun and baseball instruction.

We insist that each player cooperate with the coaches and always understand that safety comes first. All participants are expected to adhere to these policies.

The coaches at the session will work to improve the player's skills in as many phases of baseball possible. We keep our teams small so that each player can receive proper attention.

## Academy Directors

### **Josh Hanna**

- ◆ Head Coach Natick High School
- ◆ MIAA Team Sportsmanship Award
- ◆ Teacher Natick High School
- ◆ Former Assistant Coach Natick High, Weston High, Hopkinton High
- ◆ 2008 Bay State Conference Champions

### **Rob Kane**

- ◆ Head Coach Wellesley High School
- ◆ Teacher Newton North High School
- ◆ Former Assistant Coach Newton North
- ◆ 2009 Bay State Conference Champions

### **John Brown**

- ◆ Athletic Director Wellesley High School
- ◆ Former Head Coach Natick High School  
Stoughton High School
- ◆ Former Assistant Coach Boston College
- ◆ Former Major League Scout Arizona Diamondbacks  
Kansas City Royals
- ◆ Former Player Boston College
- ◆ Metro West "Coach of the Year" Natick Bulletin/Tab "#1 Coach"

## Staff

Will include local coaches