



# Stanwood Invitational

Sunday, June 1, 2014  
Heritage Park and Stanwood Middle School



## RULES OF THE DAY

Stanwood Lacrosse annually invites multiple teams for a healthy mix of fun and competition to end the regular season. Some teams end their season with this event while others are preparing for tournaments. Please observe the following rules in order to help us provide a fun and safe atmosphere to everyone in attendance.

### Rules Off The Field

No dogs allowed at Heritage Park or Stanwood Middle School.

No wall ball on any surface.

Parking only in designated spots on blacktop.

No person may harass, berate, or argue with officials.

### Rules On The Field

National high school and U.S. Lacrosse youth rules will be in place, with the following modifications:

1. Each game will start on the hour.  
Each team must supply one HS or adult volunteer to the scorer's table each game.
2. Games will include two 20 minute running halves, with a five minute half time.
3. Each team will have a 1 minute timeout per half, stopping the clock.  
Team timeouts are the only opportunity for stick checks.  
Referees may stop the clock for injuries.
4. No horns for substitutions. All substitutions will be on the fly.
5. Overtime will be one five minute period, sudden victory.  
A tie will result if no goal is scored in overtime.
6. The highest emphasis will be placed on sportsmanship.  
3/4 players will serve penalties in the box but will be replaced on the field.  
Penalty time will begin when play resumes.
7. Offensive and unsportsmanlike behavior will not be tolerated.  
Offending players, coaches, or spectators will be subject to removal from the field or premises at the direction of the invitational director or designee. Participants or spectators who refuse to leave will preclude their program's team from continuing to play; no refunds will be issued.

