



SPARTANS LACROSSE CLINIC 2014 And Gear Swap January 18th 5-9pm

Come join us for a FREE lacrosse clinic for boys and girls grades K-8th.

This clinic is intended to introduce new and prospective players to the great game of lacrosse and teach some of the games basic skills.

The clinic will be conducted by the Spartans coaching staff and Varsity Players.

NO GEAR, NO PROBLEM- We will have full equipment for girls and sticks for boys to use at the clinic. This way, your son or daughter can experience the sport at no cost. If you have gear, please bring it.



Lacrosse is an action-packed game that is fast paced and fun to play. The sport has elements of soccer, football, basketball, and hockey. Once you try it, you will **LOVE IT!**

Stanwood Lacrosse will be fielding boys teams from grades K-12th and girls teams from grades 2nd-6th and is open to youth from the Stanwood-Camano, Arlington and Lakewood areas.

CLINIC DATE AND TIMES: Saturday, 1/18/14

Girls Clinic: 5pm-6:30pm

Boys Clinic: 7pm-9:00pm

Clinic Location:

Soccer First (19805 74th Ave NE, Arlington)



There will also be a **GEAR SWAP and SALE**, on-site registration and information center at the clinic from 6pm-8pm.

This is a great opportunity to get good deals on needed equipment and uniforms, trade equipment or sell that stuff you have grown out of.

Our friends from Play-It-Again Sports (Marysville) will also be on site with fantastic deals on new and used equipment.



More info at www.stanwoodlacrosse.com

