



# Hockey Practice Rules Summary

January 19, 2021

**The following Rules are now in effect, and must be followed by everyone. Failure to comply will result in expulsion from the rink and potential suspension of the team.**

1. No one with symptoms, under quarantine, or possible exposure is allowed inside
2. Masks must be worn at all times in the facility, including on-ice
3. Maintain 6' distancing whenever possible
4. Only 1 parent or guardian per player is allowed into the facility
5. Players and coaches must arrive full dressed to play, except skates, gloves, and helmet. The locker rooms are currently closed, unless rink management permission is obtained
  - Goalies and officials must arrive half dressed: a changing room will be provided
  - No hockey equipment bags allowed into the facility
6. No one will be allowed inside prior to 10 minutes before their scheduled ice time
7. The entry desk person will direct all players to the appropriate skate changing location
8. No socializing, team meetings, or group activities anywhere in the building
9. Players benches are off limits to players during practice
10. Players must exit the building within 10 minutes after the end of practice

These Rules are for the benefit of everyone: keeping people safe and allowing the hockey season to continue. I have read these Rules and agree that I will abide by them.

Player: \_\_\_\_\_ Parent \_\_\_\_\_