



SOFTBALL
2013 FARM LEAGUE INFORMATION
7 & 8- Year Olds

FIELD: All practices/games will be played on MacInnis Field

INFIELD DIMENSIONS:

- 35 ft Pitching Distance-Back of Home Plate to front of pitching rubber.
- 60 ft Distance between Bases.

PITCHING GUIDELINES:

- Coaches will pitch to their team for the first 3-5 weeks of the season.
- We will encourage each team to find a player(s) that can throw strikes fairly consistently as the season progresses.
- Girls pitch from Rubber (35 feet). Both feet must have contact to rubber.

PRACTICE / GAME RULES:

- **All Games will last for 2hrs (twice a week)**
- No practices will be scheduled
- All games will consist:
 - 40 minutes of skills
 - 1hr 20 minutes of controlled games
- 11" Safety Softball will be used for practice and games.
- Continuous Batting Order will be used at all times.
- All Players must rotate positions during the game receiving equal time in Infield and Outfield. (Exception is pitching)
- Outfielders must stay an Outfield grass, Infielders in line with bases.

- No stealing or leading
- Neck to Knee Strike zone 1 foot to either side of plate.
- Coaches will be on the field when their team is fielding to instruct.
- Catcher must wear all gear when catching in the game or warming up a pitcher.
- No advancement on bases on an overthrow.
- All players must play in position (not just ring the infield)
- (3) strike limit per batter (they need to understand that striking out is part of the game)
- Batter gets what they can on a hit. Do not make them stop at first if they hit a double.
- 5 Run Rule per inning (3 outs or 5 runs whichever occurs first).
- No Standings are kept and no playoffs are held.

Note: All players should be encouraged to try all positions during the season. You cannot determine at this age where a kid is best suited to play. Pitching is the only exception as the pitcher must be able to reach the plate.