

Things Parents Can Do to Help A Coach

- 1.** Deliver your child to practices and games on time. Your child should be ready to start at the time the coach has requested.
- 2.** Say only positive things on the sidelines.
- 3.** Communicate with the coach - but not on the field.
- 4.** Don't shout instructions to your child during the game.
- 5.** Call the coach if your child is going to miss a game or practice.
- 6.** Don't allow sleepovers or late movies the night before a game.
- 7.** Focus on effort, not winning.
- 8.** Support the coach, especially regarding lineup choices and discipline.
- 9.** Feed the kids before games and practices.
- 10.** Write the coach a thank-you note. Or, better yet, have your child write one.
- 11.** Offer to help. Coaches are volunteers and are always looking for additional assistance.
- 12.** Don't treat your the coach as a baby sitter. Be there to watch your child's practices and games.