

FIRST AID – ASAP

ASAP - What is it? In 1995, ASAP (A Safety Awareness Program) was introduced by Little League Baseball with the goal of re-emphasizing the position of Safety Officer "to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball."

SOME IMPORTANT DO'S AND DON'TS

DO...

- Reassure and aid players who are injured.
- Provide, or assist in obtaining, medical attention for those who require it.
- Know your limitations.
- Carry your first-aid kit to all games and practices.
- Assist those who require medical attention- and when administering aid, remember to ...
- LOOK for signs of injury (Blood, Black-and-Blue deformity of joint, etc.).
- LISTEN to the injured describe what happened and what hurts if conscious.
- FEEL gently and carefully the injured area for signs of swelling, or grating of broken bone.
- Have your players' Medical Clearance Forms with you at all games and practices.
- Make arrangements to have a cellular phone available when your game or practice is at a facility that does not have any public phones.

DON'T.

- Administer any medications.
- Provide any food or beverage (other than water).
- Hesitate in giving aid when needed.
- Be afraid to ask for help if you're not sure of the proper procedures (i.e., CPR, etc.).
- Transport injured individuals except in extreme emergencies.
- Leave an unattended child at a practice or game.
- Hesitate to report any present or potential safety hazard to the Safety Officer immediately.

IMPORTANT PHONE NUMBERS

Any Emergency: Police / Fire / Medical911
Stamford City Police - Non-Emergency 203-977-4444