

Tee Ball Guidelines – Stamford National Little League

In the Field

1. Spread players in infield positions – Each inning, identify a Pitcher and 1st baseman. (no catcher; coach is on field with team).
2. Coach calls out who should field ball and throw to 1st base.
3. Rotate pitcher and 1st base position every inning – however, put players who can catch at 1st base.
4. Have players in the fielding position before every pitch.
5. Try to keep players in positions; not chasing another player's ball.
6. DO NOT KEEP SCORE.

At Bat

1. Use one coach to pitch to his own team.
2. One coach to catch, one to monitor on-deck batters, and one to coach 1st /3rd bases (if available).
3. Each player has 3 swings; then must use batting tee. Games are for playing, practice is for teaching
4. Promote proper hand position and foot placement, wide stance, and hard swing.
5. Player hits the ball and runs to 1st base.
6. All players advance 1 base at a time.
7. Last batter runs all the bases; all runners will score.
8. Players should sit on the bench in batting order. This will keep game moving.

General Comments

- Keep the game moving - 3 inning games. May play a 4th inning per coaches discretion/time allowance.
- Players and coaches shake hands at the end of the game.
- Promote sportsmanship! Cheer for good plays by BOTH TEAMS.
- Use positive reinforcement only.