

Ashley Armstrong – Director of Goalkeeping



Ashley grew up in Colorado after moving from Canada. She played club soccer for Real Colorado as a goalkeeper and played high school varsity for Douglas County High School in Castle Rock, Colorado. She also played basketball.

Ashley continued to play in college as a goalkeeper at NAIA Dana College in Blair, Nebraska in 2006-2008 followed by two years at NCAA Division II University of Colorado at Colorado Springs in 2008-2010. She also played one year of indoor semi-professional soccer in Monument, Colorado.

Ashley began coaching while still in college for Corinthians Soccer Club with U14 girls and goalkeepers, as well as assistant varsity/goalkeeper coach for James Irwin Charter High School in Colorado Springs. After graduation, she was the recreational administrator and competitive coach at Castle Rock Storm Soccer Club in Colorado. In 2013, moved to Colorado United Soccer Club where I have coached U8-U16 teams of various levels as well as goalkeepers. She has also coached at Heritage High School in Littleton, Colorado as a head freshman sophomore coach, goalkeeper coach, assistant varsity coach, and junior varsity coach for boys and girls and at Mountain Vista High School as head junior varsity girls coach, where she also helped lead the program to a state title at the varsity level in 2017.

Ashley has earned an NSCAA Premier Diploma in 2016, NSCAA Advanced National Diploma in 2014, USSF National C License in 2015, and USSF National D License in 2013. She also has a Bachelor's Degree in Sport Management and is also currently working towards a master's degree in Coaching Soccer from Ohio University and will graduate in December 2017.