

**FCFL Board Meeting
Wednesday May 6, 2015
Westport PAL meeting room**

Attendance: John Lehaney (Ridgefield), Jeff Herlyn (Wilton), Dave Koch (NC), Mitch Ross (Darien), Joel Schutzman (Darien), Todd Herget (Darien), Joel Beck (Westport), Buddy Zachary (Fairfield), Duke Saltus (Westport), Carmen Roda (Westport), Bob Moore (Fairfield), Denis LaPolice (NC), Fred Lawrence (Weston)

Meeting called to order 7:12pm

Old Business:

March 2015 minutes approved unanimously

Financial: Not Reviewed

New Business:

Rules/Policy Amendment were voted on as follows (passed amendments in blue):

1. Weight Change for unlimited players was decreased by 5 pounds for every grade except 8th, which remains the same. The weights will now be 3rd grade – 90; 4th grade – 100; 5th grade – 110; 6th grade – 125; 7th grade – 140; 8th grade – 155.

Approved by 4-2-1 vote with Weston, Darien, NC, Wilton in favor. Westport and Fairfield against instead favoring raising 8th grade weight by 5 lbs, while Ridgefield wanted no change.

2. Increasing the minimum play rule to 14 plays for 3rd and 4th grade

Failed to pass with only Darien and Weston in favor 2-5.

3. All teams regardless of size of team or grade are required to play every player on the roster for a minimum of 12 plays. (rest of minimum play rule remains unchanged)

Passed 4 (Darien, Wilton, Weston, NC) to 3 (Westport, Fairfield, Ridgefield)

4. Overtime rules adjustment allowing 6th, 7th and 8th to allow the use of live extra point kicking attempts and field goals. No dead ball kicks are allowed in OT.

Approved 6-1 with only Wilton against

5. Ball size change in 5th grade to junior ball

Failed to pass 6-1 with only Fairfield in favor

6. Clarifications

- a. QB is defined as the player who gets the initial ball snap from the center
- b. Under Armour, Nike and Wilson balls are all approved for use in the size indicated in each grade

7. Defensive Team Formations and Restrictions for 6th – 8th grade as approved unanimously
 1. Interior Line is restricted to the following two formations
 - A. NG employed (defensive lineman head up on Center, as defined as the player who snaps the ball) and 2 DT (defensive lineman head up on OT). The OG must be uncovered
 - Or
 - B. NG not employed, thus the Center (defined as the player who snaps the ball) is uncovered. Then 2 DG would be head up the OG, 2 DT would be head up on the OT.
 - C. In both cases between the two offensive tackles, no other defensive players are allowed closer than 3 yds. deep from the LOS.
 - D. The Interior lineman must all be in 3 or 4 point stances
 2. Additional players on the Defensive Line defined as Defensive Ends
 - A. 0, 1 or 2 additional players (Defensive Ends) are allowed within 3 yards of depth to the LOS.
 - B. DEs are restricted such that they may be aligned head up or anywhere outside the TE or ghost TE (if no TE is employed by the offense). There may only be 1 DE on each side of the ball.
 - C. DEs may be in 2, 3 or 4 point stances
 3. Safety – defined as defensive players at least 6 yards deep from the LOS
 - A. At least 1 player must be at least 6 yards deep from the LOS and can be anywhere from sideline to sideline
 4. Linebackers – defined as defensive players at least 3 yards deep from the LOS
 - A. Depending on the number of DEs employed (for each DE, there would be 1 less LB than the maximum listed), there may be no more than 7 LBs when a NG is employed or 6 LBs when there is no NG.
 - B. LBs must all be at least 3 yards deep from the LOS and may line up anywhere from sideline to sideline
 5. Response to motion or shifts
 - A. The defense must be set when the offense is set
 - B. In response to motion or shift
 - i. Any LB or Safety, ie, any defensive player more than 3 yards off the LOS may only move laterally from sideline to sideline.
 - ii. The defensive motion is not limited to 1 player.
 - iii. The defensive adjustment must be made laterally and not towards or away from the LOS.
 6. The rules above restricting defenders' movements are designed to limit the repositioning of players once they are set up but they are NOT contrary to the established rules of football that permit "flinching" by a defender as long as the movement does not result in an encroachment into the neutral zone of the line of scrimmage or a linebacker coming closer to 3 yards of the LOS

Next FCFL meeting: June 3rd^t at Westport PAL meeting room at 7pm

Meeting adjourned at 7:56 PM.

Minutes submitted by Mitch Ross, FCFL secretary