



# Allendale Little League

P.O. Box 295  
Allendale, MI 49401



## A.L.L. Coach Pitch Softball Rules Ages 7 to 8

1. No Jewelry shall be worn, including Phiten type necklaces.
2. Max 5 balls will be thrown to batter by a coach from same team as batting, then place tee if needed. Batter will be able to have an extra pitch if #5 is fouled off.
3. No walks. No Strike outs (See special note below)
4. No strikeouts for the first 2 weeks of the season. Place tee if player gets 3 strikes.
5. After the first 2 weeks, 3 swings is a strike out (K) and the batter's turn is over, she must return to the dugout.
6. For the first 2 weeks of the season, each team will bat through the order each inning. Clear the bases after 3 outs. Following the first 2 weeks of the season, play 3 outs or 5 run limit then switch. Teams will also switch if a team makes it through the batting order prior to the 3 out/5 run limit rule.
7. There will be a max of 10 defensive players on the field-no player shall sit on the bench any consecutive innings per game unless that player is injured. No min # of players for game.
8. Pitcher position will be next to or near the coach pitching.
9. Have catchers dressed and ready before inning (as much as possible).
10. No bunting or stealing.
11. No base advancement on overthrows.
12. Bat the roster and rotate players through different defensive positions each game. Players are placed defensively at the discretion of the manager, with an attempt for everyone to play an infield position at least one inning per game.
13. No new inning will start after **60min**.
14. Home team will occupy 3<sup>rd</sup> base dugout and provide a parent umpire.
15. Umpire will be positioned behind home plate and should keep game moving respectfully.
16. Throwing the bat will result in a warning.
17. A ball hit to the outfield is live until it crosses in to the infield-runners between bases at that time may continue to the next base at their own risk (umpire's discretion).
18. Score is only kept for the purpose of determining the 5 run limit rule.
19. A parent or coach must be in the dugout with team, players are expected to sit on the benches provided, standing on them is not allowed. They should be respectful to other teams in chants
20. Helmets must be worn at all times when a player is batting or a base runner –no "on deck" batter or "bat boy" allowed.
21. Players must wear team shirts on the outside of any layers.
22. It is the Manager's responsibility to make sure the dugouts are clean and all personal property is removed before leaving the field.
23. The use of alcohol or illegal drugs prior to or during practices or games is prohibited.
24. No profanity or smoking permitted on or around the playing field. Use of Chewing tobacco is NOT allowed.
25. No shameful, blaming, degrading of any players –constructive criticism only.
26. There shall not be more than one manager and 2 coaches in a dugout.
27. All players, manager, and coaches shall not address or mingle with spectators, nor sit in the stands during their game exception –if asked by umpire to address inappropriate conduct or language by that team's spectator.
28. The board reserves the right to remove or penalize any manager, coach, umpire, player or spectator who does not comply with the rules as written.