

Categories

1 ON 1 2 VS 2

Drill Title : Ds VS Fs

BATTLES

Components :

Content elements :

Description

COACH PASSES TO ONE FORWARD
PLAY 1 VS 1, ON WHISTLE PASS TO
REMAINING FORWARD WHO THEN
JOINS WITH THE FIRST TO PLAY 2
VS 2. COULD MAKE 3 VS 3

Other side is one on one. D man pass to
one forward than play one on one.

Key Points

