

**Categories**

COACHING MANUAL

**Drill Title :** CIRCUIT WITH PUCKS

PUCK CIRCUIT

**Components :** \_\_\_\_\_

**Content elements :** \_\_\_\_\_

**Description**

STATION 1: CREATIVITY WITH A PUCK  
STATION 2: ATTACK TRIANGLE PASSING  
STATION 3: PUCK CONTROL TURNS OR STOPSWITH SHOT  
STATION 4: TIGHT CREATE SPACE AND SHOOT X2  
STATION 5: COMPETITION 1 VS 1

**Key Points**

QUICK FEEDBACK

CREATIVITY

PUCK CONTROL

SCORING

