



## Clinic Topic

- Skating – Passing - Breakouts

## Skill Emphasis

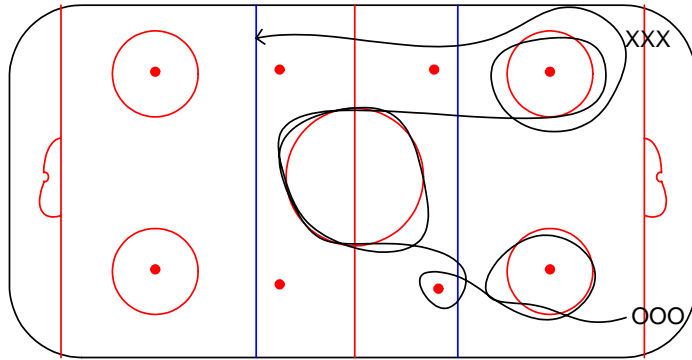
- Cornering and edge work
- Puck control
- Passing
- Breakouts

## Situational Emphasis

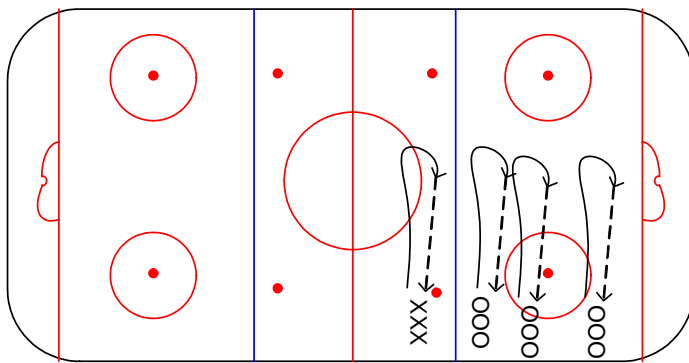
- Defensive Play
- Breakouts



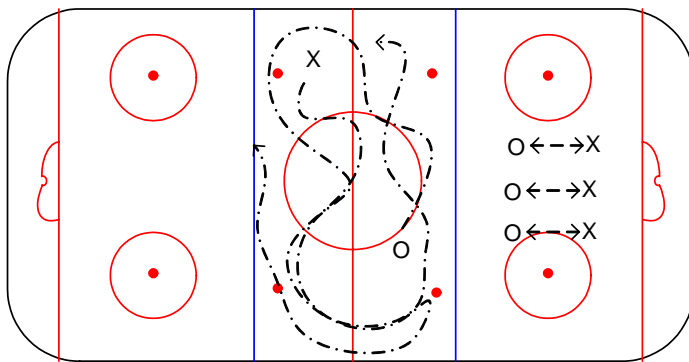
# IYHA Skill Clinic – December 15, 2008



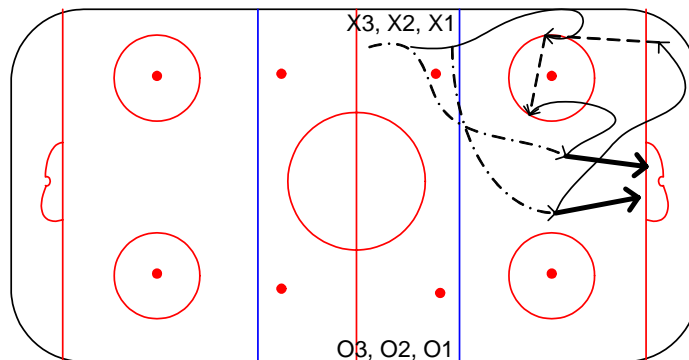
**Drill - Circles**  
 Drill type – Heels  
 Drill focus – Skating  
 Drill emphasis – Edges and crossover  
 1- Skaters line up in corner  
 2 – Skates pattern with crossovers for circles and curls for dots  
 3 - Finish with long strides



**Drill - Skating with Pass**  
 Drill type – Hands  
 Drill focus – Passing, Quickness, heads up & tempo  
 Drill emphasis - Passing  
 1 – Line up on side boards  
 2 – Player skates with puck  
 3 - Player curls and passing to next in line



**Drill - Stationary Passing & Keep away**  
 Drill type – Hands  
 Drill focus – Skating, passing, puck handling  
 Drill emphasis – passing and puck handling  
 1 – Group 1 – Stationary passing one on one  
 2 – Group 2 – Puck handling between blues lines maintain control



**Drill- Shooting and Breakouts**  
 Drill type – Head  
 Drill focus – Shooting and breakouts  
 Drill emphasis – breakout & passing  
 1- Skater 1 breaks to slot, shoots and goes to corner to pucks, breakout starts  
 2 – Skater 2 skates to hash marks ready for breakout  
 3 - Skater 3 skates to net, shoots and curls into play for breakout  
 4 – Breakout passes 1 to 2 to 3, drill complete after crossing blue line

<b>Legend</b>	cone	puck	skate	bw	w/ puck	pass	shot	coach
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