



## AYSO Region 214 – U12 Guidelines

### **The Field:**

The field size for U-12 games is 100 yds long and 50 yds wide (max).

### **The Markings:**

No change from FIFA Laws of the Game Printed for the American Youth Soccer Organization.

### **The Goals:**

The goals are seven feet high and seven yards wide.

### **The Ball:**

A size 4 ball is used for U12 games.

### **The Players:**

There will be nine per team on the field including a goalkeeper. 12 maximum on roster.

Substitutions are between periods, at halftime and for injuries. Each player will play a minimum of three periods per game and no player should play four periods until everyone has played three periods.

### **Player Equipment:**

Shoes and shinguards, covered by the socks are mandatory at all practice and game activities. Soft-cleated soccer shoes or tennis shoes.

### **Duration of Game:**

Two 30-minute halves with a substitution break approximately halfway through each half. Halftime break of 5 - 10 minutes. No other changes from play as specified in FIFA Laws of the Game Printed for the American Youth Soccer Organization.

### **Referee:**

AYSO certified Regional Referees or higher are required for U10 and older games. The game will be managed using the three-referee system and the diagonal system of control.