



Top Shelf Tribune

Your Information Source for Rochester Youth, Edge, and Alliance Hockey

Volume 1, Issue 3

May 22, 2011

Inside this issue:

Summer and Hockey	1
House Registration	2
Athletic Republic Gets High Tech	2
Pass the Puck	3
Maksymum Champs	3
Amerk & Maksymum Training	3
2011-2012 Season Rosters	4, 5, 6
Morgan Beikirch Joins The Edge	6
From the Editor	7
The Exchange	7

Summer is coming, and so is Hockey!

April was quite the cold month here in Rochester. It seems like Spring just never wanted to arrive. With low temperatures, you might have felt like you never left the rink.

Fear not, because summer will be here soon along with training and hockey camps. Tryouts have completed and next year's teams have been selected.

While we all enjoy the upcoming summer, the RYH organization is already planning the upcoming season.

On Wednesday, May 4, the board met with all the coaches. The meeting discussed the updates on the rink, the upcoming season, and some changes that will benefit our players.

The rink is making great strides in improvements to the building. The master lease is being reviewed and RYH, Maksymum, and Locker Room Sports, are all part of the rink's future. Should this happen, RYH families will

benefit with possible reduced costs for all. Negotiations are still underway and as soon as it is determined, RYH will be sure to alert its families.

Athletic Republic will also be getting a "facelift" at the SportsCenter facility. Vince DeTomaso, has accepted the position of managing the training facility. He has many plans for updating equipment, training staff,



and training programs. See page 2 for some exciting training tech he plans to use.

Coaches were talked to about the upcoming season and some of the expectations. RYH wants to continue to display a professional image both from our players and coaches. Player and

coach uniforms are a must this upcoming season. Our look is just as important as our skill.

Development of our players is also key. To ensure this happens, Joe DiBitetto, ACE Coordinator, will be working with each of our coaches to help provide guidance for the upcoming season. Planned meetings and horizontal player development are key initiatives to help establish this goal.

All of these initiatives will be worked on over the upcoming months to make sure that come September, our teams will be provided with the training and staff to bring home the wins for the upcoming season.

So, when the weather finally warms up and we all enjoy the sights and sounds of summer, know that the RYH staff is working hard to make sure that the upcoming season is a favorable one.

Article written by Philip DeGrandis

Visit us at WWW.RYHOCKEY.COM

House Registration is Underway in May!

Travel Hockey is one part of RYH. The House League offers just as much training, gameplay, and fun, minus the long-distance travel.

Last year, the RYH House program attracted many new hockey players who have continued on to Travel leagues or returned for another year of House.

RYH's House program offers challenging opportunities for its players. A successful House Tournament was held this past February that brought in teams and players from many nearby hockey organizations. The tournament was a huge success that provided our

house players with the same experience that RYH Travel teams get.

The upcoming season for House will continue its tradition of giving future and current players the skills to develop and have fun on the rink.

Registration for the House League is currently underway. If your hockey child wants to be part of this fantastic experience, please register online **BEFORE MAY 31ST**. New players to the RYH organization should plan on attending one of the "on-ice" evaluations which occur on May 25th and June 1st from 6:30 to

7:30pm on Rink 4 at the SportsCenter.

Costs have been reduced this season and are as follows:

- Mite B ('03-'05) - \$520.00
- Mite A ('02-'05) - \$635.00
- Squirt ('01-'02) - \$650.00
- PeeWee ('99-'00) - \$670.00
- Bantam ('97-'98) - \$710.00
- Midget ('94-'96) - \$635.00

If you are registering for Mite House, please register and pay for the Mite B cost. If selected for Mite A, the difference will be collected at the start of the season in September.

Don't forget! Register online by May 31st at www.ryhockey.com and click on the House Link.

Athletic Republic Gets High Tech

Technology continues to evolve and can be found in all areas of our life. Athletics is no exception to this growing trend.

Athletic Republic has been training athletes for years. They offer several ways to get your athlete to their peak potential. Athletic Republic currently offers skating treadmill, running treadmill, weight training, plyometrics, RapidShot, and shooting rooms.

Recently, under the management of Vince DeTomaso, the Athletic Republic facility at The SportsCenter is looking at

how technology can be used to improve our players skills. Athletic Republic will begin to offer something new this season.

It's called Nike Sparq Vapor Strobe Eyewear. These are a



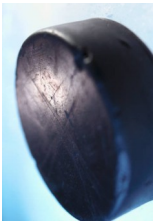
special pair of glasses designed by Nike in conjunction with Athletic Republic. The unique thing about these glasses is that you can control what you see out of each eye. The glasses can be set to block out all vision or each individual eye intermittently. The purpose of

the glasses is to force the player to keep their eye on the puck (or ball). The glasses, in tandem with specially designed training created by Nike and Athletic Republic will improve puck and stick handling that is crucial in every game.

This is just one of the new training tools that will be available for use this upcoming season.

To learn more about Nike Sparq Vapor Strobes, visit <http://sparqvaporstrobe.com>.

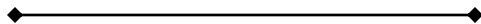
To schedule training, sign up at www.maksymum.com or Vince at vince@maksymum.com



Pass The Puck

If you haven't seen the news lately, here is something to cheer about! The Buffalo Sabres are currently in negotiations to purchase the Rochester Americans (Amerks). Although the deal is not yet signed, negotiations are promising and it looks as if it is only a matter of time.

This is great for Rochester as well as our young players who aspire to play for the AHL and NHL. Let's keep our fingers crossed with hopes that the deal gets finalized and becomes a reality!!



The Stanley Cup Playoffs continue! We're down to the last four teams in Series 3. The Tampa Bay Lightning vs. Boston Bruins and the San Jose Sharks vs. Vancouver Canucks. If you haven't been following the games, be sure to tune in. There is no telling who will win the Stanley Cup this year, but it sure is exciting to watch!

Maksymum Champs!

In April and May, our Maksymum Spring Teams came home with some great victories!

The Maksymum '03 Selects won the Canan Spring Showdown Championship in Toronto and placed in the May Madness Tournament.



The Maksymum '03 Select Team



The Maksymum '00 Select Team

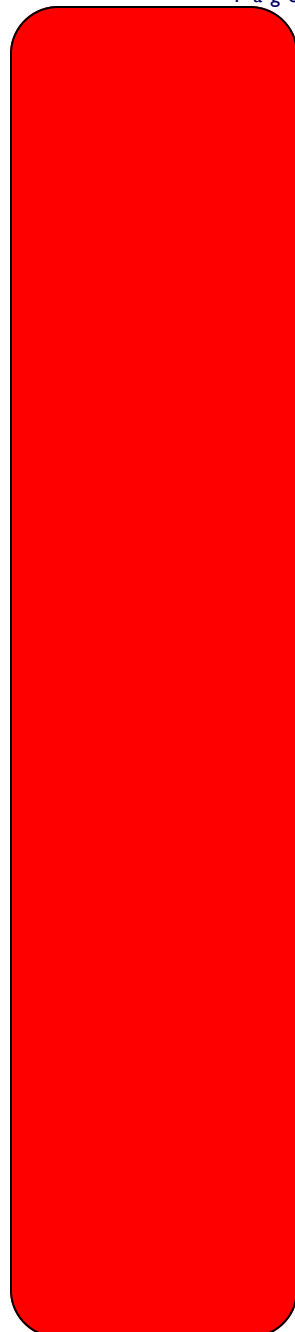
The Maksymum '00 Selects won their division at the May Madness Tournament as well.

Great job to the Maksymum Selects this year. There is still an additional tournament in June. Let's wish them continued luck!

Amerks Camps and Maksymum Training

Rochester American's Captain, Chris Taylor, will join current assistant coach, Jason Cipolla, for the 8th annual Rochester Americans Summer Hockey Camp and Elite Training Camp. There are full and half day camps for both Travel and House Players that run in July and August. Kids ages 5-15 can attend the hockey camps at the MCC SportsCenter. For more information and registration, visit www.rochesteryouthcamps.com or call (585) 739-1162.

There is still time to sign up for Maksymum Summer Camps. Sign up for XTREME SHOOTING CAMP, ACCELERATION CAMP, SKILLS CAMPS, and many more. Maksymum can even tailor a team camp for your needs. Contact (585)426-8488 for more information or visit the Maksymum Website for more details, costs, and registration (www.maksymum.com)



RYP Travel Rosters for 2011-2012

RYP Travel would like to thank all players and parents who tried out for this upcoming year's **PeeWee** and **Bantam** Travel Teams. It was another great turnout. Tryouts for House League are in June which is also a great program! Break out the roller blades and enjoy the summer or sign up with Maksymum for some training!

PeeWee Minor AA

Coach: Flaherty

Anthony Bertalli
Johnny Cavallaro
Dom Delvecchio (G)
Dominic Dentino
Sam DiPasquale
Ryan Facinelli
Bob Flaherty
Carson Fotheringham
Kyle Leatt
Tim Lisher
Tyler Jones
Max McHale (G)
Derrick Smith
Cody Steuwe
Conner Steuwe
John Roth

PeeWee Major AA (Red Team)

Coach: Dave Maksymui

Justin Colucci
Max Cullen
Tyler Dellina
Bobby Doyle
Kevin Dugan
Koby Dusett
Liam Fisher
Nick Herron
Joe Hopper
Ben Leach
Gianluca Latore
Matt Meyer
AJ Nestler
Jack O'Donovan
Colin O'leary
Alex Prato
Patrick Viscardi
Steve Vyverberg

PeeWee Major AA (Blue Team)

Coach: Mike Herrneckar

Alex Butler
Austin King
Ryan Frazer
Ryan Herrneckar
Anthony Volpe
Alec Rockow
John Swiatek
Chris Conant
Nick DiMarco
Brennan Brown
Tyler Martin
Will Forberg
Ben Weinrich
Tanner Brown



Bantam Minor AA (Red Team)

Coach: Lawrence

Dylan Bader
Carson Bartlett
Matthew Clark
Jared Conners
Mitchell Henshaw
CJ Hiscock
Joe Lauderdale
Parker Lawrence
Nick Marcello
Sean Mitten
Nicholas Nicowski (G)
Mitchell Ruf
Brett Sauer
Zak Schuler
Dylan Straton
Brian Wilkin
Kyle Wood (G)

Bantam Minor AA (Blue Team)

Coach: Manning

Connor Adami
Andy Bronstien
Gabriel Cole
Evan Connolly
Patrick Manning
Max Moran
Brian Mosicki
Drew Polin
Matthew Passaretti
Ryan Scholand
Travis Scroger (G)
Jake Soprano (G)
Tyler Sulik

Alternates:
Austin Szczesniak
W. Wojciechowski

Bantam Minor AA (White Team)

Coach: Weisbeck

Jack Bansbach
Jake Barragato
Alan Brault
Liam Brennan-Burke
Patrick Collins
Andrew Cook
Tyler Decosse
Sajan Deol
Matt Garber
Nick Luciano
Dylan Parker (G)
Austin Szczesniak
Ray St. Martin
Jack Weisbeck
W. Wojciechowski
Cole Younger
Mike Dugan
Alternate:
Nick Herron

Bantam Major AA (Red Team)

Coach: Sloan

Tyler Bennett
Matt Bloomer
Brandon Corey
Mitch Culver
Andrew Knope
Mike Lauderdale
David Lucin
Giovani Malorzo
Ethan Mapes
Dylan Meyers
Derek Mazeau
Billy McGwin
Marc McNeil
Matt Roe
Chase Sloan
Dylan Smith
Matt Wisotzke

Bantam Major AA (Blue Team)

Coach: MacKenzie

Luis Alvarez
Thomas Brickler
Justin Carpino
Travis Caton
Kevin Colletta
James Cullen
Daniel Doran
Sachary Hart
Hunter Howell
Garrett MacKenzie
Christian Marion
Connor Mayoros
Sammy Meshino
Darcy Mitchell
Michael Modesti
Jack Prew-Esto
Charles Raetz
TJ Raniewicz
Brandon Snyder
AJ Thurston

RYH\Alliance

Travel Rosters

RYH and Alliance Travel would like to thank all players and parents who tried out for this upcoming year's **Midget** and **Alliance** Travel Teams. It was another great turnout.

Midget Minor AA (U15)

Coach: Passmore

Arvay
Bischoff
Burke
Carregin
Charron
DeRidder
Eichelberger
Falk
Foster
Musshafen
Partridge
Passmore
Smith
Sproule
Whitehair
Massey (G)
Schirano (G)

Midget Major AAA

Coach: Perkins

Anthony Bertolani
Kevin Bilinski
Jason Boike
Bryan Carville
John Connors
Taylor Hogan
Conor Hulvey
Tyler Kessler
Patrick McMullen
Kyle McNeil
Dylan Niewiemski
Curan O'Brien
Eric Nestler
John Papas
Dalton Passmore
Brett Perfitt
Andrew Simonelli
Jared Tallo
John Wise

Midget Minor AA (U16)

Coach: Antolos

Antolos
Bell
Cammilleri
Conkwright
Connors
Gentzke
Jensen
Kachaylo
Nowark
Stevens
Tompkinson
Zyla
Stahl (G)
Krystofik (G)

Midget Minor AA (Mixed)

Coach: Pakis

Abott
Allen
Allen
Brooks
Dolan
Drexel
Fрати
Fрати
Grabowski
Haliniak
Johnson
Jones
Lane
Lynch
Mangene
Phillips
Sanon
Maggio (G)
Sanon (G)

Midget Major AA

Coach: Jehlen

Brendan Brown
Mike Christopher
Ken Gentzke
Marc Gilligan
Troy Lischer
Patrick Mann
Jake Mattiole
Michael May
Quetin Newsome
Liam O'Leary
Sam Palmer
Kevin Patterniti
Matt Sahrle
Kyle Schieb
Billy Schloer
Tyler Szczesniak

Alternates:

Caleb Follmer, Cody Plourde,
Alex Schiano

PeeWee Minor AAA: (Coach Guck), Reese Burek, Ryan Coughlin, Tyler Griggs, Brenden Howell, Dalton Jerzak, Tyler Kaufman, Adam Kolcon, James Merkley, Zach Olsen, Hunter Olsen, Tony Prem, Jake Reising, Marco Viola, Kevin Wall, Chad Williams, Tommy Winn



PeeWee Major T1 T/B: (Coach Wiemer), Natalie Buchbinder, Sam DiBitetto, Maison Fadale, Robert Haak, Ian Kuebler, Sean Mandrick, Brendan Manning, Austin McGrain, Matthew Palmer, Philip Piendel, Conner Pulli, Jared Smith, Nick Smith, Nicholas Thompson, Ryan Walpole, Dylan Wiemer

Bantam Major T1 T/B: (Coach Maksymiu), Zachary Bell, Nick Boyd, Matthew Buchbinder, Cameron Krug, Kevin O'Brien, Zachary Nowak, Joe Pasko, Chris Peters, Roger Powers, Nick Pulli, Matthew Simoncelli, Ryan Talty, James Vogt, Casey Winn, Morgan Brown, Monty Cunningham

Midget Minor T1 T/B: (Coach Bird), Arvay, Brei, Clark, Conolly, Corey, Cosgrove, D'Agostino, Dennis, Drabin, Fedele, Fenton, Hutchinson, Kuter, Lockameyer, Nicowski, Schaler, Ritchie, Weidemer, Woodruff

The Edge Rosters for 2011-2012

The Edge staff would like to thank all the girls who came out for tryouts this year.

U12 Tier I

Coach: Morgan Beikirch

Erin Edmunds (G)
Carlee Foley
Samantha Miller
Jordan Penkitis
Kaitlyn Rippon
Julia VanDamme
Maeghan Kennard
Meghan Knauf
Christina Schular
Natie Gwynn
Meghan McLachlan
Megan Mietlicki

U14 Tier 2

Coach: Jeri Rippon

Shanley Austin
Andrea Benson
Lindsay Browning
Erin Cunningham
Megan Diem
Shannon Miller
Taylor Quinton
Kiersten Rippon
Kaitlyn Rippon
Mackenzie Sahrle
Kristina Schuler
Adrionna Schaubroek
Maddie Shoemaker
Katie Sylvester
Lauren Vogt

U17 Tier I

Mel Ames
Victoria Benson
Alyssa Brockmann
Erika Bronk
Syd Carlucci
Abbey Cook
Bridgette Hamlin
Maggie Kolcon
Lizzy Marks
Cassy Opela
Jordan Ott
Emma Powlin
Amanda Schmidt
Courtney Stocker
Mikaela Thompson
Caitlyn Whittiker
Anna Zorn



Morgan Beikirch joins Edge Staff

Rochester Youth Hockey and the Rochester Edge are pleased to announce Morgan Beikirch as both the U10 and U12 Rochester Edge Head Coach.

"Morgan comes with a wealth of experience and knowledge as a player and coach" states Edge Director, Ray Cardella. Beikirch comes to the Edge straight from the college coaching ranks where she was an assistant coach at SUNY Cortland. Prior to Cortland, Morgan worked as a coach in the USA Hockey Development Program.

Morgan's playing career included 4 years at division I Robert Morris University. Her youth career included playing for Rochester at the U12,16 and 19 levels. Morgan captured three state championships and national silver and bronze medals during her youth experience. Morgan



joined several other Edge alums this year to capture Rochester's first national championship with the Edge Women's Senior A team.

"I am very excited and eager to get going," states Beikirch. "We have everything needed to develop great young players. I look forward to helping make The Rochester Edge program a point of destination for players looking to improve and progress."

Morgan will continue her graduate studies at SUNY Geneseo while working as the Director of Girls Hockey at Maksymum Hockey LLC. "Morgan has been a lead instructor for us for the last 4 years along with designing and running summer camps," states Dave Maksymiu, founder of Maksymum Hockey. "She is a huge asset to the girls hockey community and started at Maksymum as a student years ago."

Morgan immediately begins work on rolling out the 5th annual Edge Camp. The Camp will run from Sunday, July 24th through Thursday, July 28th. The camp is open to all girls regardless of who they play for.

If you are interested in playing hockey at the girls U10 or u12 level, you can contact Morgan at Morgan@maksymum.com.

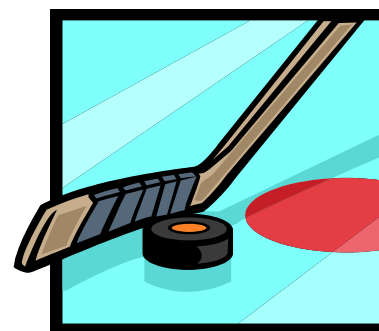
From the Editor

Hopefully you are finding the Top Shelf Tribune valuable and a great way to get information. As tryouts and spring leagues come to an end, there will be limited news to share with everyone. As editor and contributor to the Top Shelf Tribune, I will be working on getting additional communication avenues started before the upcoming season.

I will provide news as it becomes available, but until the season starts up, there may not be much to share. If there is news you'd like to share, please email it to topshelftribune@gmail.com. I will continue to check it on a daily basis.

Have a great summer and keep those blades sharp!

-Philip DeGrandis



THE EXCHANGE

As the hockey season ends and a new one is beginning, take advantage of buying or selling used equipment and save yourself some money. Go to www.ryhockey.com and click on "THE EXCHANGE" to buy and sell equipment.