



Looking for new 3rd through 8th graders join!!!!

North Pittsburgh Saints

Lacrosse is one of the fastest growing sports in the country. In the Pittsburgh region more than 20 youth programs exist and play in a league at all ages. Most high schools also have teams now, including the regional Catholic high schools. Four years ago we started the Saints to provide a program for the students at the Catholic schools. The Saints are a team that comprises players from northern regional Catholic schools. For 2018 we will be fielding teams with players in grades 3rd to 8th.



- My son doesn't know how to play? We will teach new players all they need to know about the game. 90% of our inaugural team had no experience, they are now successfully playing as freshman in high school.
- We already play another spring sport? We get it and feel kids should play multiple sports. Saints lacrosse will keep a steady schedule so you know when our games are and practices. We work to limit our program to two evenings a week and a couple hours on a weekend day for a game. We will start mid March and end around Memorial Day
- We heard lacrosse is expensive? The cost to play lacrosse is comparable to other sports like soccer and baseball. We work with suppliers to help you purchase necessary quality equipment at a reasonable cost.

Who will be coaching and running the Saints:

Coaches Andy Bencsics, Bob Fort, Jay Sperling and Peter Hoffman have been coaching and playing lacrosse for 30 years and are former varsity head coaches at Vincentian, Aquinas Academies, North Allegheny and Seneca Valley. This experience is not matched at any youth program in Western PA. Our goal is to teach the game and make it fun for the players. More information on the Saints can be found at www.arrowlax.com, emailing us npsaintslax@gmail.com or by calling coach Andy at 412-999-6910