



PRIDE in Athletics for Life

P.A.L. ICE HOCKEY

Injury Policy

In the unlikely event a player becomes injured, on or off the ice, to the extent the player is in need to visit a Hospital or Physician for treatment, it will be mandatory for that player to have a signed document, by the players Physician, clearing that player to resume all USA Hockey and P.A.L. Ice Hockey events. It will be the responsibility of the player's family to provide that document.

Silver Shields

Tier I and Tier II Travel Hockey

Blue Knights

Recreation Hockey & Learn To Skate Programs

Not Affiliated with Suffolk County Police Athletic League