



PRIDE in Athletics for Life

P.A.L. ICE HOCKEY

CONCUSSION PROCEDURE

- **If In Doubt Sit Them Out-** To all coaches players and parents; if you witness a player sustain a head injury or a player who sustains a head injury during practice or a game that player should be immediately removed from competition.
- **If there is no physician, EMT or trainer at the game or practice on the day the player is injured we recommend they be evaluated in the closest emergency department that day.**
- The player and parent should contact our consulting physician and Director of our concussion management and prevention program, Dr. Salvatore Trazzera.
www.farmingdaleheart.com or www.nyconcussiondoc.com
- The player should be evaluated as soon as possible for repeat ImPACT Neuropsychological testing under the director of Dr. Trazzera and his team.
- A determination will be made as to the extent of injury and time line of instituting a return to play protocol at the post injury evaluation.
- Dr. Trazzera will provide further information and guidance and welcomes parents/players to seek a second opinion regarding the players (traumatic brain injury) or concussion. He has in the past and will continue to work with players, parents and their personal physicians to return the player to play in a safe and reasonable time frame. Most importantly, this protocol has been put into place by league leadership to protect the best interests of the athlete and their future health.
- **Dr. Salvatore Trazzera 516-249-1020 office 631-834-9380
emergency**

Silver Shields

Tier I and Tier II Travel Hockey

Blue Knights

Recreation Hockey & Learn To Skate Programs

Not Affiliated with Suffolk County Police Athletic League