

Baltimore County Recreation and Parks  
2016 Speaker Series

# Concussion Awareness\*

**Concussion Awareness:** No matter the sport or activity, there's the possibility that a concussion can occur. The *Righttime Medical Care/HeadFirst Concussion Care* team offers an informative discussion and presentation on how to try and avoid a concussion, how to treat a concussion and share when it is time to come back to full participation.

**Registration Required...**

Please complete and return this to your local Recreation Office or mail it directly to:  
Baltimore County Department of Recreation and Parks  
9831 Van Buren Lane  
Cockeysville, Maryland 21030

Or, if you prefer, you can simply call us to register for the program(s) of your choice: **410-887-5889**; or, email us at: [recparks@baltimorecountymd.gov](mailto:recparks@baltimorecountymd.gov)

If the presentation you would like to attend is not convenient in your region, you are more than welcome to attend any of the sessions, at any location.

There is **NO CHARGE** for attending, however, we do ask that you register in advance so that we can assure we meet the needs of our presenters and that we have adequate seating for each presentation. We reserve the right to cancel sessions that do not meet our minimum registration requirements.

Name: \_\_\_\_\_  
Recreation Council (not required) : \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email address: \_\_\_\_\_  
How many will be attending from your family?: \_\_\_\_\_  
Please check  the session that you would like to attend:

- Region 1 - Wednesday, March 2 @ Randallstown Community Center
- Region 2 - Wednesday, August 3 @ Cockeysville Community Center
- Region 3 - Wednesday, March 9 @ Honeygo Regional Park
- Region 4 - Wednesday, August 10 @ Sollers Point Multi-Purpose Center

All sessions start at 7:00 p.m.

\* This topic is one of seven opportunities to learn at the **2016 Speaker Series**. Call 410-887-5889 to learn about the other sessions or check out our website at: <http://www.baltimorecountymd.gov/agencies/recreation/>

This presentation is **FREE**, courtesy of **Righttime Medical Care** and your **Baltimore County Recreation and Parks**



DEPARTMENT OF RECREATION AND PARKS



**Righttime**  
MEDICAL CARE  
**HeadFirst**  
SPORTS INJURY AND CONCUSSION CARE