



Rochester Monarchs – U15 AAA / American Midget Minor Program

The Rochester Monarchs are proud to present the season plan for Monarch Midget U15 AAA / American Team for the upcoming 2015-16. The team will consist of players focused on enhancing/developing their skills to play at higher levels made up of predominantly 2000's birth year with a few prospect players having a 1999 birthdate.

Games: (approximately 35 games)

- 3-4 Highly Competitive Tournaments
- 15 exhibition games

Practice: (approximately 50 hours of ice)

- August 10-12 hours of practice ice which includes Team Mini-Camp
- September – November – 30 hours
- February – mid-March – 10-12 hours leading up to tryouts for next season
- No Practice during HS season

Seminars / Clinics / Skill Day Practices: (The advisory board and coaches will work with their contacts to organize seminars and clinics in order to educate players and parents on options to advance to higher levels.)

- Colligate Coaches
- Prep School / Junior Coaches
- Former Professional and Colligate Players

Examples: Classroom Seminars, On Ice Clinics, Exhibition games at Colleges and Prep School Rinks.

RIT Team Camp: The team will attend RIT team camp which is run by current RIT coaches and players.

Off-Season: Team building camp centered on fitness, nutrition and mental preparation.

Rinks: We will primarily utilize the following local rinks for practices and games Paul Lewis (SIR), RIT & Thomas Creek.

The Budget: \$2,300 per Player. Fundraising and Sponsorship can reduce this cost but correlates on how involved parent volunteers implement the efforts.

Player Selection/Tryouts:

Tryouts will be conducted by the head coach with the assistance of the Monarch Advisory Board. Final decisions on team selections will be the decision of the head coach. Players interested in playing for the team must **Tryouts:** Please check the website for rink and times.

Tuesday, March 31 TBD

Wednesday, April 1 TBD

Monday, April 6 TBD

Tuesday, April 7 TBD *If Necessary

Questions: Any/All Questions about this program can be emailed to monarchs@perintonyouthhockey.org. The questions and answers will be added to Monarchs FAQ page, if appropriate. There will be no organizational meetings prior to tryouts. All program information will be posted on the Perinton Youth Hockey website (www.perintonyouthhockey.org) – go to header tab: "Monarch Hockey."

Coaching Resumes

Co-Head Coach: Greg Schwind

Email: schwindgg@gmail.com Cell: 585-469-6649

Coaching Experience:

Assistant Ice Hockey Coach, The College at Brockport, 2013 – 2014

Assistant Ice Hockey Coach, University of Massachusetts-Boston, 2008 – 2013

- Team was ranked 14th nationally in the final d3hockey.com poll in 2013
- Head Coach was named both the 2012-2013 ECAC East and New England Hockey Writer's Association Coach of the Year
- Recruited and coached two All-Americans

Coach at USA Hockey's Massachusetts Player Development Camp, Cushing Academy, June 2011, 2012

Coach at Bill Belisle Hockey School, Woonsocket, RI, Summer 2009, 2010, 2011, 2012

Collegiate Athletic Accomplishments:

- Two-year member of The College at Brockport hockey team
- Selected to the 2006 SUNYAC All-Academic Team and to the 2007 SUNYAC Commissioner's List
- Was the leading scorer and was selected MVP of the 2006 team
- Two-year member of the SUNY Morrisville hockey team
- Captained the 2004 team that won the NJCAA National Championship
- Selected to the 2004 NJCAA Academic All-American Team
- Awarded the 2004 Commissioner's Award for excellence in academics and athletics
- Selected the MVP of the 2004 NJCAA Ice Hockey Tournament
- Two-year member of the SUNY Morrisville baseball team

Professional

Greg teaches Math at Brockport High School.

Co-Head Coach: Al Barton

Email – barts010@aol.com Phone: 585.750.7794

Coaching

Goalie Coach – SUNY Geneseo – 2008-2013

Assistant Coach – Brockport High School – 2013 - present

Playing

2003-2007 – Niagara University NCAA –
2004 CHA Champions / NCAA Appearance

2002-2003 – New York Apple Core (EJHL)
EJHL Goalie of the Year

Division, League, Playoff Champions
2000-2002 – Buffalo Lighting OPJHL

Professional

Al teaches Math at Brockport High School

Personal

Manager – Will handle all team budget responsibilities and work with Scheduler.

Scheduler – 1-2 parent volunteers will work directly with the coaches and manager to assist with implementing the season plan.

Sponsorship and Marketing – 1-2 parent volunteers will work directly with the coaches and manager to assist with sponsorship and promotional materials.

The Monarch Supremacy

The Monarchs have the reputation locally and regionally for being the pre-eminent hockey organization in Rochester since their inception in 1973. Many high-caliber players came thru the program and went on to prep, collegiate and professional careers as a result. The tradition of the Monarch's program includes a long-list of alumni and avid hockey people, still active locally, who want to continue the legacy. In 2004, the Monarchs returned and select teams again wore the jersey and the tradition continued. Many players from those teams are now playing at the Prep and Junior level with aspirations or current plans to continue at the collegiate and professional level. Recently, many players have received Division 1 scholarship offers, selected for the USA Hockey Development Program (NTDP), been drafted into Major Junior Programs (USHA, OHL) and the National Hockey League (NHL). And again, since 2011, the Monarch's have been focused on player development and maintaining a balance in scheduling, strict adherence to the practice-to-game ratio and limitations on games, tournaments and off-season activities.

The Monarch Objective:

- Provide a program for the developing elite players that emphasize skill development and schedule balance to ensure that players are not pushed too hard at the formidable development years.
- Create a hockey development program that will instill a long-term passion and love for the game of hockey without having to sacrifice other team sports or activities.
- Provide a controlled environment with supervision by an advisory board to ensure coaches are following the plan and player progression programs throughout the season.

Player Development:

- The primary goal of the Rochester Monarchs Program is player development and to standardize the teaching of skills and systems while incorporating each coach's creativity to attain maximum potential of each player.
- The program is focused on developing players to compete successfully beyond high school hockey. The team progressions will develop the basis for advancement into the higher level hockey while providing controls to ensure there is no 'over-scheduling' and avoid burn-out.
- Our coaching philosophy combines individual skill development with team play concepts. Practice drills will simulate game situations to allow the player to understand how the skill being worked on in practice can make the player more effective in games.
- By maintaining a 2:1 practice-to-game ratio the program strives to maximize the development of both the team as well as the individual player. The main object of each Monarch coach will be to maximize the overall development of each player on his team.

The Monarch program is part of the Perinton Youth Hockey program and will be directed by an advisory board of experienced hockey people that have the athlete's best interest in mind, offer the AAA-experience locally without the sacrifices of playing for a team in another city with excessive travel, game or off-season schedules. The player needs to have balance in the schedule to succeed and have the support of family, school and the local hockey community to help nurture them during their formative years.

The Advisory Board:

- Gary Moss (Director): Former Monarch Player, Boys/Girls Youth Coach and Co-founder of Edge Girls Program.
- Rory Fitzpatrick: Retired NHL/AHL Player, Former Monarch Player and Boys Youth Coach.
- Tosh Farrell: Former Monarch Player, University of Notre Dame Player and Boys Youth Coach.