

Western New York Premier

PRESENTS THE 7th ANNUAL

HOCKEY DEVELOPMENT CAMP

CAMP INSTRUCTORS:

Brian Young – Churchville-Chili Varsity Coach
Al Vyverberg – McQuaid Varsity Coach
Scott Metcalfe – Former NHL & AHL player
Garrett McMullen – BCHL, RIT 13'-14'
Aaron Frohm – Goalie Coach (ACHA D1)



Join us August 5th – 9th 2013 at SIR
9:00am - 3:00pm

CAMP AGENDA INCLUDES:

- 20+ hours of on ice training for Forwards, Defenseman and **GOALIES!**
- **LUNCH** included
- Off-ice training with instruction on Isometrics, Plyometrics & Core training
- Instruction on nutrition and muscle recovery from NYS certified physical and health experts.

Register on or before July 1st - \$229.00

Register after July 1st – \$259.00

Registration will be limited to the first 30 players paid.



REGISTRATION FORM

NAME: _____ AGE: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____ - _____ - _____

RETURN FORM TO:

Brian Young
6290 Chili-Riga Center Road
Churchville NY 14428

CHECKS PAYABLE TO: BRIAN YOUNG

FOR ADDITIONAL PAYMENT OPTIONS CONTACT:

Brian Young
585-356-1568
Bxy411@gmail.com