

Passing/Shooting: Rapid **Shooting from Different Angles**

PURPOSE:

To give both the goaltenders and shooters practice in shots from different

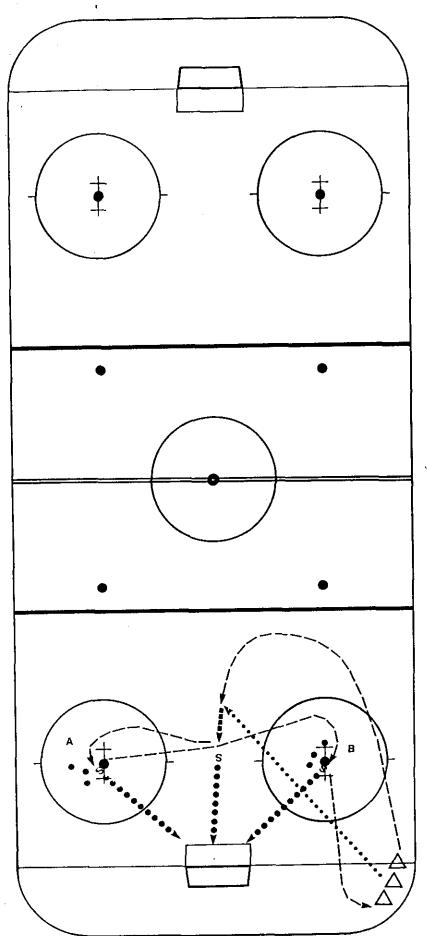
angles, close to the net.

METHOD:

Set up some pucks in one corner and at each face-off dot (A and B). Players form one line in the corner. The first person in line skates toward the blue line, turns and breaks toward the net. He receives a pass from the second player in the line, takes a shot and then moves to position A. As soon as the goaltender is set, the player at position A shoots, and then moves to B. Again, once the goaltender is ready, the player at position B shoots and then moves to the end of the line. Use both ends of the ice

and switch the line to the other corner as well.

- IMPORTANT: Goaltenders must recover quickly.
 - No slap shots.
 - Have the players aim for a particular area of the net.





A	Marker
*********	Shot
Δ	Player, with indication of direction
	Player skating without the puck
	Player skating with the puck
	Path of puck when passed
≆	Drop pass
	Backwards skating without the puc
	Backwards skating with the puck
F	Forward
0	Defenseman