



US LACROSSE
WOMEN'S GAME OFFICIALS SUB-COMMITTEE
2014 YOUTH EXAM

For Officials 18 and under or Adults who intend to only work Youth games

If a question does not indicate a specific youth level it should be understood to pertain to the high school level.

25 Questions based on the 2014 US Lacrosse Official Rules for Girls and Women's Lacrosse and 2014 Official Rules for Girl's Youth Lacrosse.

TRUE or FALSE

- 1) Officials arrive at a game and find that neither the home team nor the visiting team has balls with the label "Meets NOCSAE Standard". Because this is a safety issue, the game cannot be played and the matter shall be referred to the sponsoring authority.
- 2) In **U-9 and U-11** level games a player receiving a yellow card must leave the field and enter the penalty area for 2 minutes of elapsed playing time and a substitute will take her place.
- 3) At the **U-13 level** any initiated check to the head is a mandatory Yellow card. At the **U-15 Full Checking level** it is a mandatory Red card.
- 4) The penalty area shall be directly in front of the scorers/timer's table at the rear of the substitution area. A player serving a penalty in this area must kneel or sit.
- 5) At the youth levels where no checking or modified checking is being played, a player with the ball may not hold the ball for more than 3 seconds if she is closely marked/guarded when the defender has both hands on her stick and is in a position to check if checking were allowed. In this case, the defender should be awarded the ball. The ball carrier can avoid this change of possession by moving away from the defender or by bringing her stick to a non-checkable position before the official reaches a three second count which should be audible and visible.
- 6) The Head Coach will verbally certify to the Officials prior to the start of the game that all equipment is legal under the US Lacrosse Rules, including eye protection that meets the most recent ASTM Specification Standard F803 for women's lacrosse at the appropriate level of play, and that the ball and goalkeeper helmets meet the NOCSAE standards for lacrosse.
- 7) The penalty administration for a defense goal circle violation, other than an illegal deputy, is a free position to the attack player at the 8m mark on the goal line extended. The offending player, except the goalkeeper or her deputy within the goal circle, shall be placed 4m directly behind the player taking the free position. The penalty lane above the goal line shall be cleared. If the goalkeeper is in the penalty lane she may clear back into the goal circle if she did not foul. The deputy within the goal circle must clear the goal circle.

- 8) In games played at the **U-13 and U-15 level**, a player receiving a yellow card must leave the field and enter the penalty area for 2 minutes of elapsed playing time, during which her team will play down one player and will play short below the restraining line (offense and defense) for 2 minutes.
- 9) If the defense is “obstructing the free space to goal” the official will raise a yellow flag to allow the attack to complete their scoring play.
- 10) Before the game begins, it is discovered that the visiting team is wearing illegal uniforms. There is no time for this to be corrected. At the start of the game the Officials will administer a free position to the home team at the center. The visiting team center will be 4m to either side, on a 45 degree angle to the center line, toward the goal she is defending. Player positioning for the draw will apply.
- 11) Any foul committed during the act of shooting or after the goal has scored and before play has restarted will be penalized. All defensive fouls, and attack fouls that are not in the act of shooting, will result in a free position at center to restart play.
- 12) A player receiving a Red card will leave the field and enter the penalty area for 4 minutes of elapsed playing time. Her team will play down one player and will play short below the restraining line (offense and defense) for 4 minutes. Red carded player may not re-enter the game.
- 13) If a defense player makes contact on an offensive player's body with a stick that is held in a horizontal position, the foul, **illegal contact**, shall be called on the player whose stick is in the horizontal position.
- 14) **For Level U-11 and above** the coaching area consists of the area on the bench/table side extending from a team's side of the substitution area to their end line, and even with the scorer's table extended (at least 4m from the sideline), and does not include the area directly behind the scorer's table.
- 15) Each team must have **12 players** on the field at the draw at the start of the game and after every goal, unless they do not have 12 eligible players or are playing with fewer players as a result of a card. Each team is allowed a maximum of **3 players between the restraining lines** during the administration of the **draw** until the whistle blows.

MULTIPLE CHOICE – There is one correct response.

- 16)** The Blue team goalkeeper has made a save and is now in possession of the ball in the goal circle. The official begins the 10 second count when the ball enters the goal circle. As the official's count has gone from 1 to 6 the Blue team calls a possession time out. Which of the following is the correct amount of time that she will have to clear the ball from the goal circle when play resumes after the time out?
- Play will be restarted with a free position to the Blue team 8m from the goal circle.
 - Count resumes from 6. She has 4 seconds to clear the ball from the goal circle.
 - The count restarts at 1 due to the timeout. She will have 10 seconds to clear the ball from the goal circle.
 - Count will resume at 4. She will have 6 seconds to clear the ball from the goal circle.
- 17)** Which of the following best describes what the official should consider before making an "obstruction of free space to goal" violation call?
- Is the attack player with the ball in the CSA.
 - Does the Attack player with the ball have the opportunity to shoot and is she making an effort to complete a shot.
 - Is a defender is in the "free space to goal" and not marking an attack player within a stick's length.
 - All of the above.
- 18)** Which of the following best describes the penalty administration for a Minor foul (not a goal circle foul) committed by the defense inside the 12m fan?
- A free position on the 8m hash mark closest to the spot of the foul, to the nearest attack player. Fouling player 4m behind free position.
 - A free position on the 8m mark on the goal line extended, to the nearest attack player. Fouling player 4m behind free position.
 - A free position to the attack player nearest to the 8m hash mark, closest to the spot of the foul. Fouling player 4m away from the free position, in relative position to what they occupied when the foul was committed.
 - An indirect free position on the 12m fan to the attack player nearest to the spot of the foul. Offending player will stand 4m away in the direction from which she approached before committing the foul.

- 19) U-15 and U-13 level games may end in a tie, but if overtime is to be utilized which of the following overtime procedures will the officials follow?
- Teams will have **5 minute rest** and coin toss (visitors call) for choice of end. A **maximum of two 3 minute** sudden victory periods of running clock overtime will be played. Clock will stop at the end of 3 minutes for the teams to switch ends with no coaching. Restart with a draw. First team to score wins.
 - Teams will rest for **5 minute rest** and coin toss (home team call) for choice of end. A **maximum of four 3 minute** sudden victory periods of running clock overtime will be played. Clock will stop at the end of each 3 minute period for the teams to switch ends with no coaching. Restart with a draw. First team to score wins.
 - Teams will have **5 minute rest** and coin toss (visitors call) for choice of end. A **maximum of two 5 minute** sudden victory periods of running clock overtime will be played. Clock will stop at the end of 5 minutes for the teams to switch ends with no coaching. Restart with a draw. First team to score wins.
 - Teams will have **3 minute rest** and coin toss (visitors call) for choice of end. A **maximum of two 3 minute** sudden victory periods of stop clock overtime will be played. Clock will stop at the end of 3 minutes for the teams to switch ends with no coaching. Restart with a draw. First team to score wins.
- 20) In a **Youth level** game being played without a goalkeeper, which of the following best describes how play will be restarted if the ball comes to rest inside the goal circle but not in the goal?
- The Lead official will designate a defense player who shall be allowed to go into the goal circle to collect the ball in her crosse. This player must leave the goal circle within 10 seconds of being designated with the ball in her crosse. The opponents must not deliberately block her exit.
 - The Lead official will allow a defender outside the goal circle to reach into the goal circle and retrieve the ball. She will move to the 8m mark on the goal line extended and play will resume from that spot on the lead officials whistle. All other players will be 4m away.
 - Any defender may go into the goal circle and pick up the ball in her crosse and throw it out within 10 seconds of the ball entering the goal circle.
 - The Lead official will retrieve the ball from the goal circle and administer a throw between the two nearest opposing players at least 8m from the goal circle.
- 21) When a game starts/restarts with a free position at center line rather than a draw, which of the following best describes how the other players will be positioned?
- Positioning for the draw will apply. The opposing center will be placed 4m behind the free position.
 - Positioning for the draw will apply. The opposing center will be placed 4m to either side on a 45 degree angle to the center line toward the goal she is defending.
 - Positioning for the draw will apply. The opposing center will be 4m to the side on the center line.
 - More than 3 players will be allowed to be between the restraining lines as we will be administering a free position rather than a draw.

- 22)** In a High School level game the White team has received a card for a slash and is playing short a player for 2 minutes. Blue attack has the ball in the critical scoring area above the goal line extended in their offensive end of the field. Trail official discovers the White team has 8 players below their defensive restraining line. The trail umpire raises her hand to indicate White is offside. Blue shoots and the White goalkeeper now has possession of the ball in the goal circle. What procedures should the officials follow?
- Whistle. Signal offside White. Correct the offside. Set up free position for Blue at the top of the 12m fan. Place nearest White player to the ball 4m behind free position. All other players move 4m away. Clear the penalty lane.
 - Continue to hold giving the White team a chance to correct the offside positioning.
 - Whistle. Signal offside White. Correct the offside. Set up free position for Blue at least 8m from the goal circle. Place nearest White player 4m behind free position. All other players move 4m away.
 - Whistle. Signal offside White. Correct the offside. Set up free position for Blue at the top of the 8m arc. Place nearest White player to the ball 4m behind free position. All other players move 4m away. Clear the 8m arc.
- 23)** White #6 is on a scoring play just inside the 12m when she is fouled by Blue #20 but maintains possession. The Lead official raises a flag to allow the scoring play to continue. As White #6 enters the 8m arc near the center hash mark she is illegally checked by Blue #11 and loses possession of the ball. After whistling and signaling the illegal check, how should the Lead official set up the free position?
- White #6 will move to the center hash mark with the ball. Blue #20 will be placed 4m behind. Clear the 8m arc. All players 4m away.
 - White #6 will move to the center hash mark with the ball. Blue #11 will be placed 4m behind. Clear the 8m arc. All players 4m away.
 - White #6 will move to the spot of the first foul with the ball. Blue #20 will be placed 4m behind. Clear the lane. All players 4m away.
 - White #6 will move to the spot of the first foul with the ball. Blue #20 will be placed 4m away in the direction from which she approached. All players 4m away.

- 24)** A defender pushes her opponent. The push occurs inside the critical scoring area but outside the 8m arc and causes the attack player to immediately lose possession of the ball. Which of the following is the correct placement of players for the free position?
- a. The free position will be taken on the spot of the foul and the offending player will be placed 4m behind. All player's bodies and crosses must be cleared from the penalty lane relative to their position at the time of the whistle, and everyone must be 4m away. If goalkeeper was in the penalty lane she may clear back into goal circle.
 - b. All players stand where they were when the whistle blew. Player fouled will move to the 8m hash mark nearest the foul. Offending player will be placed 4m behind and all players will be cleared from the 8m arc and will move 4m away from the free position. Goalkeeper may return to the goal circle.
 - c. The free position will be taken on the 12m fan nearest to the spot of the foul, and the offending player will be positioned on the 8m arc in front of the free position. All other players will be moved 4m away. This will be an indirect free position.
 - d. The free position will be taken on the spot of the foul. All players will be moved 4m away.
- 25)** After an attack player completes a shot on goal, her momentum causes her to step on the goal circle. What is the correct penalty administration?
- a. The defense will be awarded a free position on the 8m arc, and the offending player will be placed 4m behind. All others must be 4m away.
 - b. The defense will be awarded a free position on the 12m fan, and the offending player will be placed 4m behind. All others 4m away.
 - c. The goalkeeper will be awarded a free position within the goal circle, and the offending player will be placed 4m behind the goal circle. All other players will be moved 4m away from the goal circle.
 - d. The goalkeeper will be awarded a free position within the goal circle and the offending player will be placed at the 8m mark on the goal line extended.