

**HHS BASEBALL DRUG AND ALCOHOL POLICY**

Experience and research has proven that even small amounts of narcotics or alcohol can impair judgment and physical responses that can create unsafe conditions for students. These substances also cause adverse effects on athletic performance. Drug using athletes are a threat to themselves, other students and co-participants. HHS Baseball has a policy that student-athletes must remain substance free.

1. All student athletes are prohibited from using, possessing or distributing controlled substances. Improperly used medications or mood/mind altering substances are also prohibited.
2. All student-athletes are prohibited from possessing, drinking or being impaired by alcohol.
3. After school hours use of drugs, alcohol or any other prohibited substances is prohibited. Student-athletes should realize that these regulations prohibit all illicit drug use/possession during and away from school.

First violation: Suspension of 25% of remaining games. Must test negative on drug test and run 50 miles before reinstatement to team.

*If athlete confesses on his own to any violation without interrogation by coaches/teachers/school personnel, suspension of contests can be reduced to 20% of remaining games, completion of 45 miles, and must test negative on drug test.*

Second violation: Student-athlete will be dismissed from team for the remainder of the season. Student may try-out the next year if (1) Test negative from all prohibited substance before try-outs (2) Student has had no alcohol/drug incidents since being dismissed from team.

\*\*I have read and understand the HHS Baseball policy on drug and alcohol use.

\*\*I understand that use or possession of prohibited substances will affect participation in the HHS Baseball Program.

Parent: \_\_\_\_\_ Date: \_\_\_\_\_

Student: \_\_\_\_\_ Date: \_\_\_\_\_

**HHS BASEBALL DRUG AND ALCOHOL TESTING PROGRAM**

The above programs will offer voluntary drug and alcohol testing. All test results will be confidential. Urinalysis will be used and collection will be on site (HHS). All initial positive specimens will be confirmed by gaschromatography/mass spectrometry (gc/ms). Parents will be notified on all positive responses. The above programs will conduct unannounced screening for all participating team members in season and/or out of season. Positive results from the testing will have the same penalties as listed above the first violation and second violation.

\*\*I give consent for \_\_\_\_\_ (student's name) to give urine samples and to participate in the drug/alcohol testing program. I understand that positive test results will affect my participation in the above programs at HHS.

Parent: \_\_\_\_\_ Date: \_\_\_\_\_

Student: \_\_\_\_\_ Date: \_\_\_\_\_