

2015 PAGLA Directives

General Directives

- PAGLA Teams cannot schedule with Pennsylvania NON PAGLA teams during the spring season.
- The PAGLA League recognizes third/fourth, fifth/sixth, and seventh/eighth grade teams. There are no formal teams for kindergarten to second grade in PAGLA but we encourage you to scrimmage other programs with similar grades.
- Players must be in the grade of the team they are playing for. Third and Fourth graders play on the 3/4 teams. Second graders are not permitted to play up.
- Fifth graders may not play down to the 3/4 level. 5/6 levels are A and B.
- Seventh and Eighth graders play for the 7/8 teams. Sixth graders may not play up to 7/8 and 7th graders cannot play down to 5/6. If a club is not able to field enough players for a 7/8 B team, 6th graders are permitted to be placed on the 7/8 B roster with prior league approval from the PAGLA Director before the start of the season.
- Your team cannot MOVE levels(A-B, B-A) up or down once the season has started.
- If the colors are the same for both teams, the home team must wear pinnies for the entire game.
- Please check your goalie helmets- Cascade Model R and the Warrior Regulator -- do not meet the NOCSAE helmet standards
- **New US Lacrosse mandate: Officials are not to start a game unless there is a NOCSAE certified ball. If a ball comes into play and officials see that it doesn't have the NOCSAE certified stamp on the ball then they are to toss it out of play and wait until we get a new one. Please keep in mind that this rule is mandated by US Lacrosse and we are to follow all of their rules. US Lacrosse actually told the officials that is there are no certified balls at the field then the game can not take place, so please have the certified balls at the fields.

Third and Fourth Grade

- Teams must be divided into players of equal ability.
- Seven players per side on the field
- 2 players must be held behind the restraining line (half field)
- Keep parents at midfield- in between games. **Spectators are not allowed on same side of field as teams.**
- One full lacrosse field will be divided into two fields for 3/4.
- 2 passes must be made the length of the field- it does not matter if these passes happen in the offensive or defensive end
- Goalies are encouraged. If you chose not to have a goalie, **your team must provide a Rage Cage Shooting Net in place of a goalie. Cages may not be turned to have a smaller shooting area. If you do not have a goalie or a shooting net, you must play with an open goal.**
- **No rolling the ball under the shot blocker**
- Coaches must use the 50-yard line as a restraining line to keep 2 players back.
- The crease or goal circle **must** be marked with cones or lines.
- Follow Official Rules for Girls Youth Lacrosse.

Fifth and Sixth Grade

* 5/6 will have a 5/6A and a 5/6B team based on player's ability. If there are two B teams they must be divided equally by ability. Please accurately assess your players so the teams will provide the best competition to other teams.

* Youth Rules Apply

* Full field play with 12 players per team on the field.

* 5/6 A & B will utilize modified checking. Modified Checking is defined as checking the crosse only if the entire crosse is below the shoulder level. The check must be in a downward direction and away from the body.

* Players must be given equal playing time.

* Games consist of 2-25 minute running clock halves, no stopping in the last 2 minutes.

* **Home team must provide a scoreboard. The scoreboard must be visible**, although the scores are not reported. This is to determine if there is a 4-goal advantage, or Mercy Rule, (see below) If a team is 5 goals ahead of the opposing team the leading team is encouraged to use their non-dominant hand.

* **Spectators are not allowed on the same side of the field as teams.**

* Substitutes must enter the field and exit the field 5 yards either side of the center line. The sub going into the field must wait to go on until the person leaves the field.

* Three second closely guarded/checked with good defensive positioning rule applies.

* Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.

“Mercy Rule” **U13 (5th-6th Grade A & B)** Leading team should be encouraged to use their non-dominant hand.

a) Mercy Rule when there is a 4 goal differential. The losing team has the option of taking possession without a draw after a goal. Conversely, the losing team has the option to continue to draw if so desired.

b) Running Clock the entire game regardless of score

Seventh and Eighth Grade 7/8 A & 7/8 B

* 7/8 will have a 7/8A and a 7/8B team based on player's ability. If there are two B teams they must be divided equally by ability.

7/8th grade A teams are to be comprised of your strongest players out of the entire 7th and 8th grade group.

* Youth Rules Apply

* Full field play with 12 players per team on the field.

* 7/8 A & B will utilize modified checking. Modified Checking is defined as checking the crosse only if the entire crosse is below the shoulder level. The check must be in a downward direction and away from the body.

* All players must be given equal playing time.

* All games are 2-25 minute running clock halves, no stopping in last 2 minutes

* **Home team must provide a scoreboard and it must be visible**, although the scores are not reported for 7/8 B. This is to determine the mercy rule (see below)

* Spectators must be on the opposite side of the field from the

players and coaches. Each team **MUST** be in charge of their own spectators so if a spectator becomes unruly they will have remind the spectator of the rules and they will help remove this spectator from the field.

* Substitutes must enter the field and exit the field 5 yards either side of the center line. The sub going into the field must wait to go on until the person leaves the field.

* Three second closely guarded/marked with good defensive positioning rule applies.

* Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.

*'Mercy' Rule' **U15 (7th-8th Grade A & B):**

a) The clock will stop in the last 2 minutes of the game unless there is a 10 goal or more differential at that time.

b) There is a draw after every goal regardless of the goal differential

c) The leading team should be encouraged to use their non-dominant hand.

7/8 A

* * All players must be given equal playing time.

* The home team must provide a scoreboard.

“Mercy Rule” **U15 (7th-8th Grade A & B):**

a) The clock will stop in the last 2 minutes of the game unless there is a 10 goal or more differential at that time.

b) There is a draw after every goal regardless of the goal differential

c) The leading team is encouraged to use their non-dominant hand.

* All games are 2-25 minute running clock halves, no stopping in last 2 minute

7/8 B

* All players must be given equal playing time.

* All games are 2-25 minute running clock halves, no stopping in last 2 minutes

* The home team must provide a scoreboard. No official score is reported, but game scores must be visible on a scoreboard so refs know when to institute the Mercy Rule.

“Mercy Rule” **U15 (7th-8th Grade A & B):**

a) The clock will stop in the last 2 minutes of the game unless there is a 10 goal or more differential at that time.

b) There is a draw after every goal regardless of the goal differential

c) The leading team is encouraged to use their non-dominant hand

