

Round Lake Spartan Football and Cheer Organization Chalk Talk August 26, 2013



registration@rlspartans.org

Calling all Photographers!

Please keep us in mind as you attend events this season. We are always in need of photos to share with our families and fans through our website, on Facebook and in our yearbook. Photos can be sent to spartaninfo@rlspartans.org for consideration and inclusion. Thank you for helping us capture these memories!

Sideline Schedule - Week 1

Squads will cheer as follows for this weekend's games:

Mascot - Cheer for Flyweight Game Feather - Cheer for Featherweight Game Varsity - Cheer for Lightweight game

Remember to bring all components of your uniform and a bottle of water with you to every game. See your coach for arrival time and further details.

Saturday 8/31/13

7:30 PM Heavyweight vs Naperville

Nike Sports Complex 288 Diehl Rd Naperville, IL 60563

Directions to Nike Sports Complex

Head South on N Cedar Lake Rd towards Nippersink Rd Turn right on Nippersink Slight left onto N Cedar Lake Rd Turn right onto 120 Turn left onto IL-59/US 12 E Turn left onto Dundee Rd Merge onto IL 53 via the ramp to W Subarbs Continue onto I-290 E Continue onto I-355 S (partial toll) Take exit toward Chicago/Aurora, continue on the ramp and merge onto I-88W Turn left onto Freedom Dr Turn right onto Diehl Rd Turn right onto Centre Point Cir Turn left onto Diehl Rd Destination will be on the left

Sunday 9/1/13

9:00 AM Flyweight vs Grayslake

Grayslake Central High School 400 N Lake St Grayslake, IL 60030

Directions to Grayslake Central:

Head East on Washington St. Turn right onto N Lake Street. Destination will be on the right

11:00 AM-Feather vs Portage Park

Harts Hill

12:30 PM Bantam vs Dundee

Harts Hill

2:00 PM Lightweights vs Dundee

Harts Hill

1:30 PM Middleweight vs Prospect Heights

Wheeling High School 900 S. Elmhurst Rd Wheeling, IL 60090

Directions to Wheeling High School

Head South on Cedar Lake Rd., Turn right onto Nippersink Rd Slight left to N Cedar Lake Rd Turn left onto IL-60 E Turn right onto N Fremont Center Rd Turn left on Gilmer Rd Turn right on IL-83S Turn right onto N Elmhurst Rd Destination will be on the right

Coaches will let team know what time to arrive and what jerseys/socks are to be worn.



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Competition & Sideline Practice Reminder

In an effort to optimize the experience and limit the distractions for all participants, parents/guardians are asked to keep a reasonable distance from squads as they practice/perform outdoors. Any questions or concerns that need to be addressed with the coaching staff should be handled either well before or immediately after practice. Also, please be aware that in the coming weeks our squads will be moving their practices inside to various school gymnasiums in the area. Building usage permits and insurance requirements dictate that only registered Spartans, coaches and team parents are permitted to enter these facilities. Please see a member of the Cheer Board if with any questions or concerns.

Competition Pom -Save the date for shoe fittings

Rogan Shoes will be joining us during practice hours on September 19th to fit all competition pom participants for their shoes. THERE WILL NOT BE AN ALTERNATE FITTING DATE. See your coach with questions.

Show What You Know – SAVE THE DATE!

When: Thursday, October 3 at 7 p.m.

Where: Round Lake High School Gymnasium

Admission Fee: FREE!

This event gives all Spartan cheerleaders an opportunity to perform for their friends and family in a familiar setting. All sideline and competition squads will be performing. Your coach will let you know what time you need to arrive.

Volunteer Hours-Week 1

The link for volunteer hours for this Sunday's home games will be posted soon. An email will be sent once the link is open.

Volunteer Cards

Volunteer cards will be handed out this week at practice. After 3 hours of volunteer time is completed the card can be returned for a refund of the \$50 volunteer fee. Remember to get your card signed off after each hour. All 3 hours must be completed to receive your refund.

Round Lake Senior High School Football Games

As many parents are aware, the majority of our Jr Coaches are football players or cheerleaders for RLHS. The Round Lake Spartan Football players and cheerleaders have been invited to attend all Panther home games for FREE. Come out and show your support for the team and our Jr Coaches!

All players and cheerleaders should wear their Spartan jerseys/warm ups/spiritwear to get in free. All Spartan players and cheerleaders must be accompanied by an adult to enter the game. RLHS does not allow children to play football or play inside of the stadium. All children must stay in the bleachers by their parents or parents must maintain direct supervision of the children. Let's be on our best behavior to assure that our program will continued to be invited to watch the home games!

Additional Upcoming Events

- September 6th-RLHS Football Game 7:30 PM
- September 11th -Cookie Dough Pick up
- September 27th-RLHS Football Game 7:30 PM
- October 3rd -Show What You Know
- October 13th -Don't Stop Believing Competition
- October 19th –RLHS Football game 1:00 PM
- October 25th- RLHS Football Game 7:30 PM
- November 2nd -Solid Gold Competition November 17th Pommapolooza Competition
- December 6th-8th -State Competition for qualifying Pom teams

Safety Reminder

For the safety of our players and coaches, all spectators are asked to keep a reasonable distance from the field during practices and games. Please remember that only players and coaches are allowed on the field and that any questions or concerns that need to be addressed with the coach should be handled either well before or immediately after practice. Parents should keep a close watch on any other children in the area to keep them out of harm's way (including ensuring that they are not wandering onto the field).

Also, please remember that neither smoking nor pets are allowed at our practice fields or games. Park Rangers may be called to issue citations if needed.