



Scituate Youth Soccer Association (SYSA) COVID-19 Control Plan for 2020 -2021 Indoor Soccer Season

State of Rhode Island Reopening: Phase III

DRAFT, Rev –

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Scituate Youth Soccer Association

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Approved by:

Robert Gregory, SYSA COVID Compliance Coordinator

Date

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Date



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1.0 Scope and Purpose

This document provides the Scituate Youth Soccer Association (SYSA) COVID-19 Control Plan for the 2020 – 2021 indoor soccer season. The requirements of this document do not replace or supersede any local, state, federal, soccer governing bodies, or indoor facility laws, declaration, ordinances, policies, or procedures. In the case of any conflict between the contents of this document and those defined by governmental organizations or by any facilities where indoor practice or games are held, those documents shall hold precedence. This Control Plan is a supplement to the plan issued by Wide World of Indoor Sports (WWIS), which is the facility at where SYSA will participate in this season’s indoor soccer activities. **This document is applicable to the 2020 – 2021 indoor soccer season and associated activities only.** It will be updated for the 2021 Spring Competitive season prior to the start of that phase of our program.

2.0 Background

SYSA is committed to the physical, social, and emotional wellbeing of all members and participates of the organizations – players, referees, coaches, organization officials, volunteers, and spectators. The COVID-19 pandemic has greatly disrupted all facets of community life, including youth sports. The benefits of youth sports to our children are manifold, and the suspension of soccer has been one of many challenges to overcome. SYSA will balance the benefits of restarting play with the responsibility to ensure it done so in a safe and consistent manner, balancing the desire for play with the health and welfare of our membership and our community as a whole. This plan is subject to change as the Rhode Island’s status and approach to the COVID-19 pandemic evolves and updated guidance is communicated.

A written COVID-19 Control Plan is required of all businesses and organizations reopening in accordance with the requirements issued by the State of Rhode Island. A COVID Control Plan is a critical element to help protect public health as it enumerates an organization’s plan to help reduce the risk of spreading COVID-19 as the organization resumes operations. In addition to protecting the public’s health, adherence to an organization’s COVID Control Plan also protects the organization from being found noncompliant with state regulations. As such, SYSA is committed to adhering to all public health guidelines as we strive to provide our players and their families with a needed component of their “normal” lives.

3.0 Requirements

3.1 **Family Precautions & Screening – for each event.**

3.1.1 All individuals associated with SYSA-related activities shall utilize the COVID-19 Screening Tool found at https://reopeningri.com/wp-content/uploads/2020/05/COVID19_Screening_Tool_English-NEW.pdf?189db0&189db0

3.1.1.1 See Appendix A for a copy of this tool.



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- 3.1.2 Individuals must stay home if they fail any of the screen questions or otherwise have COVID-19s systems.
- 3.1.3 Families must use the Family Pre-Event Checklist found in Appendix B.
 - 3.1.3.1 Families shall take their participants temperature fifteen (15) minutes prior to leaving for soccer. Players must not attend soccer events if they have a fever of 100.4 F or greater.
 - 3.1.3.2 Families must screen all players using the COVID-19 Screening Tool (see Appendix A).
- 3.1.4 Families shall follow and participate in any additional screening protocols and processes mandated by the facility in which the event occurs (i.e., WWIS).

3.2 Coach Precautions and Screening – for each event.

- 3.2.1 All individuals associated with SYSA-related activities shall utilize the COVID-19 Screening Tool found at https://reopeningri.com/wp-content/uploads/2020/05/COVID19_Screening_Tool_English-NEW.pdf?189db0&189db0
 - 3.2.1.1 See Appendix A for this tool.
- 3.2.2 Coaches must stay home if they fail any of the screen questions or otherwise have COVID-19s systems and notify their team that they will not attend the event (**canceling if there is no other SYSA coaching coverage – parents cannot substitute for a coach**).
- 3.2.3 Coaches must use the Coach Event Checklist found in Appendix C.
 - 3.2.3.1 Coaches must take their temperature fifteen (15) minutes prior to leaving for soccer. No coach shall attend soccer events if they have a fever of 100.4 F or greater. See 3.2.2 regarding alternative coaching coverage or event cancellation.
 - 3.2.3.2 Coaches must screen themselves using the COVID-19 Screening Tool (see Appendix A).
- 3.2.4 Coaches shall follow and participate in any additional screening protocols and processes mandated by the facility in which the event occurs (i.e., WWIS).



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3.2.5 Event Attendance Recording

3.2.5.1 Coaches shall record the attendance of each player and SYSA-affiliated coach at **every** soccer event (practice/training/game) using the attendance sheet found in Appendix D.

3.2.5.1.1 Coaches shall retain the original of the attendance sheet for a minimum period of fourteen (14) days after the event is held. This is required for contact tracing in the event of subsequent COVID-19 positivity within the group participating in the event.

3.2.5.1.2 A copy of each attendance record should be sent via email to SYSA for record retention no later than twenty-four (24) hours after the event concludes. The email address to which the electronic version of the form should be provided is XXX@YYYY.ZZZ.

3.3 Face Coverings

3.3.1 Games

3.3.1.1 All players and spectators (if allowed in the premises) shall follow the facility's guidance on face covering include when, where in the facility they are to used, and what types of covering are sufficient.) (**Note:** as of the date of this document, WWIS requires masking for players for active play (i.e., on the field) in addition to when they are not participating in active play).

3.3.1.2 All coaches shall wear a suitable face covering **at all times**, even if not required to this extent by facility management.

3.3.2 Practice/Training

3.3.2.1 All players and spectators (if allowed in the premises) shall wear a suitable face covering at all times.

3.3.2.2 Coaches shall ensure "mask breaks" are conducted (minimum of 2 minutes) at least once every one hour practice session. When doing so, players must space themselves at least six (6) feet apart.

3.3.2.3 All coaches shall wear a suitable face covering **at all times**.



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3.4 Spectators

3.4.1 Games

3.4.1.1 Spectators are limited to the requirements of the facility in which games are being played (**Note:** as of the date of this plan, WWIS is not allowing spectators for games).

3.4.2 Practice/Training

3.4.2.1 Spectators shall not be allowed during practice/training sessions. Coaches shall facilitate the drop-off and pick-up of players. Coaches shall remain at the facility (or outside with the player if the facility requires all to exit) until the last player is picked up.

3.5 Stable Group and Group Size

3.5.1 For games and practice/training, stable groups shall remain the same for the duration of the indoor session and shall be limited to 25 individuals including all players, coaches, and SYSA staff.

3.5.2 For games and practice/training, stable groups shall not exceed that of the facility in which the events are occurring.

3.6 Soccer Activities and Play Modification

3.6.1 Training

3.6.1.1 Training sessions should focus primarily on practice and skill development where six (6) feet of separation can be maintained, where practical. Six feet of separation does not remove the requirement for masking.

3.6.1.2 Close contact practice events (e.g., scrimmages) **must be limited and shall not consume more than 15 minutes (strictly timed by the coaches)** of practice time during a single practice/training session. Scrimmages must only occur within stable groups, if sharing the playing surface with another stable group (minimum of fourteen (14) feet of separation between the groups).

3.6.1.3 **Only goalkeepers may touch the ball with the hands.** It is strongly encourage that each goalkeeper have a personnel set of keeper gloves. Equipment shall not be shared amongst players or coaches.



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3.6.1.4 There shall be, under no circumstances, be any dual-rostering, cross-rostering, or substitute players.

3.6.1.5 If practicing throw-ins (and allowed by the facility), each player shall use their own ball and shall not share them.

3.6.1.6 Heading the ball is not allowed at any time during practice/training for any age group.

3.6.2 Games

3.6.2.1 SYSA players and coaches shall follow all facility rules and regulation on game play modifications.

3.7 Social Distancing

3.7.1 Games

3.7.1.1 All SYSA participants shall follow facility requirements for social distancing.

3.7.1.2 No SYSA-affiliated individuals shall congregate on any part of the facility property, such as the parking lot and entryways.

3.7.1.3 Coaches shall report any instances of noncompliance by any SYSA participant to the COVID Compliance Coordinator and SYSA president for discussion and possible action. Repeated violations of any facility or SYSA requirement will result in suspension of the individual(s) from SYSA activities, including up to removal from the organization.

3.7.2 Practice/Training

3.7.2.1 All SYSA participants shall space their individual equipment/kit (i.e., bags, balls, clothing, water bottles, etc.) a minimum of six feet part along the wall of the playing surface.

3.7.2.2 When not engaged in active play, all participants shall maintain a minimum of six (6) feet of distance and keep their face coverings in place, unless they are conducting a scheduled "mask break."

3.7.2.3 No handshakes, high fives, elbow bumps, fist bumps, or any other unnecessary contacts are permitted.

3.7.2.4 Coaches shall report any instances of noncompliance by any SYSA participant to the COVID Compliance Coordinator and SYSA president



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for discussion and possible action. Repeated violations of any facility or SYSA requirement will result in suspension of the individual(s) from SYSA activities, including up to removal from the organization.

3.7.3 Scheduling

3.7.3.1 All SYSA participants and spectators shall follow facility rules on scheduling, building entry, build exit, and any other precautions invoked to limit the potential for COVID-19 spread.

3.7.3.2 Coaches shall not conduct any post-game team debriefs/meetings. Coaches are allowed to conduct a post-training discussion, if social distancing requirements are followed (six (6) feet of separation) and face covering are worn.

3.8 Equipment and Cleaning

3.8.1 Players must bring their own hand sanitizer and use it directly before and after practice. Coaches shall ensure compliance.

3.8.2 Players **must** bring their own equipment to games and practices. This includes balls, water bottles, shin guards, clothing, goalkeeper gloves, and any other potential sharable item. **No shared equipment and items are permissible at any time. Coaches will not be able to provide any of these items, including water, to players.**

3.8.3 If coaches wish to utilize pinnies for practice/training, they are only allowed to be used once one per player and must be immediately bagged after use. No one but the player wearing the pinnie shall place the pinnie in the designated bag. **Pinnies must be washed after each use.**

3.8.4 Any coaching equipment (e.g., cones, flags, etc.) should only be handled by the coach(es) and cleaned/sanitized after each use.

3.9 Positive Case or Outbreak Response

3.9.1 The SYSA COVID-19 Compliance Coordinator and Board Members will work to educate coaches and families on COVID-19 SYSA and soccer facility guidelines.

3.9.2 If a player, coach or household member suspects they have contracted COVID-19 and is administered a COVID-19 test, they must immediately notify the SYSA COVID-19 Compliance Coordinator as well as the SYSA president that they are being tested for COVID-19 and are awaiting results. This is a precautionary measure so that in the unfortunate case the test result is positive, SYSA is



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forewarned and ready to take immediate action. If the individual is not a coach, then that player’s coach must also be notified.

3.9.3 If a player, coach, or household member tests positive for COVID-19, they, or their parent/guardian as appropriate, shall immediately notify the SYSA COVID-19 Compliance Coordinator and SYSA president. If the individual is not a coach, then that player’s coach must also be notified.

3.9.4 Upon notification of a positive COVID-19 case, the SYSA COVID-19 Compliance Coordinator will contact the Rhode Island Department of Health (RIDOH) to notify them. This notification does not supersede the responsibility of the player, parent/guardian, or coach from following RIDOH notification protocols.

3.9.5 If a player or coach on a team or in a stable group test positive for COVID-19, **the entire team or group** shall suspend all SYSA-related activities until the RIDOH-mandated quarantine period has been completed, following all local and RIDOH requirements for quarantine.

3.10 SYSA COVID-19 Waiver

3.10.1 Each player and coach must complete a COVID-19 waiver prior to participating in any SYSA-affiliated event.

3.10.2 Coaches shall collect the waivers and submit them to the SYSA COVID-19 Compliance Coordinator prior to participation.

3.10.3 A copy of the SYSA COVID-19 waiver is found in Appendix E.

3.11 SYSA Contact Information

3.11.1 SYSA Leadership

President	Vice-President
Larry Sprague	Jesse Amado
Email	Email
Cell/Text	Cell/Text

3.11.2 SYSA COVID-19 Compliance Coordinator

Robert Gregory
rgregory8@verizon.net
 401-864-3107 (Cell/Text)



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Appendix A – Reopening RI COVID-19 Screening Tool

Verify most recent version at:

https://reopeningri.com/wp-content/uploads/2020/05/COVID19_Screening_Tool_English-NEW.pdf?189db0&189db0

REOPENING RI COVID-19 Screening Tool

Recommended tool to screen employees, clients, and/or visitors for symptoms of COVID-19.

SYMPTOMS

HAVE YOU HAD ANY OF THE FOLLOWING SYMPTOMS IN THE PAST THREE DAYS THAT ARE NOT EXPLAINED BY ALLERGIES OR A NON-INFECTIOUS CAUSE?	YES	NO
COUGH		
SHORTNESS OF BREATH OR DIFFICULTY BREATHING		
FEVER OR CHILLS		
MUSCLE OR BODY ACHES		
SORE THROAT		
HEADACHE		
NAUSEA OR VOMITING		
DIARRHEA		
RUNNY NOSE OR STUFFY NOSE		
FATIGUE		
RECENT LOSS OF TASTE OR SMELL		

RISK FACTORS

	YES	NO
Have you been in close contact (less than six feet) with anyone with COVID-19 or symptoms of COVID-19 in the past 14 days? ¹		
Have you traveled anywhere outside the 50 United States in the past 14 days?		
Have you traveled to Rhode Island for a non-work-related purpose from a location with a high community spread rate (see list maintained by the Rhode Island Department of Health (RIDOH) at www.health.ri.gov/covid)? ²		
Have you been directed to quarantine or isolate by the Rhode Island Department of Health or a healthcare provider in the past 14 days? If so, when does/ did your quarantine or isolation period end?		

IF YOU HAVE ANSWERED "YES" TO ANY OF THE QUESTIONS ABOVE, AND YOU CANNOT EXPLAIN THESE SYMPTOMS BY KNOWN ALLERGIES OR NON-INFECTIOUS ILLNESSES, THEN YOU CANNOT ENTER THIS BUILDING FOR THE SAFETY OF OTHERS

- Employees: Please contact your supervisor and your Human Resources representative.
- Visitors: Please call to discuss when you can return to this facility.

¹ Does not apply to people who come into contact with people with symptoms of COVID-19 during the course of their daily work while wearing full and appropriate personal protective equipment (PPE). See <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html> for more information.
² Public health, public safety, and healthcare workers are exempt. Does not apply to anyone traveling for medical treatment, to attend funeral or memorial services, to obtain necessities like groceries, gas, or medication, to drop off or pick up children from day care, summer camps, or to anyone who must work on their boats. Does not apply to people who have had a negative COVID-19 test from a specimen taken no more than 72 hours prior to arrival in Rhode Island.

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Appendix B – SYSA COVID-19 Family Pre-Event Checklist (Practice/Training and Games)

To protect health and safety of all SYSA participants, their families, and communities, families **must** comply with this checklist.

Checklist Item	
Take your players’ temperatures fifteen (15) minutes prior to departure for every event.	
Ensure your players answer NO to all of the RIDOH COVID-18 Screening Tool questions.	
Each player must provide their own hand sanitizer.	
Do not bring food to events and minimize the equipment in any bags brought.	
Label water bottles with the players’ names and remind them no sharing of water.	
Handshakes, high fives, fist bumping, elbow bumping or any unnecessary contact is prohibited	
Each player brings their own ball, practice clothing, shin pads and any other “sharable” items to the event.	
Clean/sanitize players’ equipment after each event.	
Players’ are aware of drop-off and pick-up restrictions (if any) on spectator entrance into facility.	
Parents/guardians have coordinate any arrival/drop-off logistics with the player’s coach ahead of the event (primarily younger players).	

If any player has a temperature (100.4 F or higher) or has answered “yes” to any screening question, they must not go to the event.

RIDOH COVID-19 Screening Tool found at:

https://reopeningri.com/wp-content/uploads/2020/05/COVID19_Screening_Tool_English-NEW.pdf?189db0&189db0



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**Appendix C - SYSA COVID-19 Coach Event Checklist
(Practice/Training and Games)**

Coaches must ensure all participants are screened for COVID-18 in accordance with the Family Pre-Event checklist (Appendix B). Coaches shall also ask participants or their parents/guardians the following: Are you feeling ill or had any COVID symptoms in the past 3 days that are not explained by allergies or a non-infectious cause?

If any coach or players answered YES to any screening question, they must leave immediately

****** No dual-rostering or substitute players at any time ******

To protect health and safety of all SYSA participants, their families, and communities, coaches **must** comply with this checklist.

Checklist Item	
Take your temperature fifteen (15) minutes prior to departure for every event. If it exceeds 100.4 F, you may not attend the event. If relief SYSA coaching support cannot be coordinated, the event must be canceled. Parents are not allowed to substitute.	
Ensure you have answered NO to all of the RIDOH COVID-18 Screening Tool questions.	
Send a pre-event reminder message, text, voicemail, etc. to all team families reminding them of requirements.	
Coaches must wear a face covering at all times .	
Notify SYSA COVID-19 Compliance Coordinator and SYSA president of any player or coach that does not pass the screening process immediately.	
Do not bring food to events and minimize your coaching equipment.	
Do not provide water, protective equipment (shin guard, gloves, etc.) and balls to players. Each player is responsible for his or her own. No Sharing!	
Ensure regular use of hand sanitizer.	
Ensure players' bags and other items are spaced at least six feet apart.	
Ensure team members and those providing transportation depart the facility immediately after the event completes and do not gather in groups anywhere on the facility property (indoors or outdoors).	
Clean/sanitize coaches' equipment after each event.	
Ensure only clean, unworn pinnies are used and washed after each use. Limit the use of shared equipment. Pinnies MUST be washed after each use or they aren't allowed.	
Notify SYSA COVID-19 Compliance Coordinator and SYSA president of any player or coach that does not pass the screening process immediately.	
Notify SYSA COVID-19 Compliance Coordinator and SYSA president of any player or coach that does comply with host facility or SYSA COVID-19 policies and procedures.	



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Appendix D - SYSA Game and Practice/Training Attendance Sheet

*****Coaches retain hardcopy for fourteen (14) days after event completion *****

**Coaches submit electronic copy to SYSA COVID-19 Compliance Coordinator
 within twenty-four (24) hours of event completion
 (Send to: rgregory8@verizon.net)**

Event Date:

Event Time:

Event Location:

If Game, Opponent:

Players

No.	Name	Attended?
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

Coaches

No.	Name	Attended?
1		
2		
3		

