

## Introduction to Lacrosse - Girls (2500.241) (New Players)

**Fees:** \$30.00 (Resident) \$45.00 (Non-Resident)

### Description:

Learn the basic skills of lacrosse, the fastest game on two feet. The clinic will teach the basic lacrosse skills of cradling, scooping, passing, catching and shooting. These skills are the foundation for both the girl's and boy's games of lacrosse. **The clinic will utilize standard lacrosse equipment, provided for each participant (Girls:Goggles and Stick) Girls must provide their own mouth guard.**

### Requirements:

**Min Age:** 8 yrs (as of 9/1/2016)

**Max Age:** 13 yrs 12 mo (as of 9/1/2016)

**Grade:** 3rd – 8<sup>th</sup> (2016-2017 School Year)

**Gender:** Female

### Schedule:

Day	Date	Start Time	End Time	Facility
Thu	7/6/2017	7:00 PM	8:00 PM	WRO Football/Soccer Field
Thu	7/13/2017	7:00 PM	8:00 PM	WRO Football/Soccer Field
Thu	7/20/2017	7:00 PM	8:00 PM	WRO Football/Soccer Field
Thu	7/27/2017	7:00 PM	8:00 PM	WRO Football/Soccer Field

## Lacrosse Skills - Girls (2500.243) (Current Players)

**Fees:** \$30.00 (Resident) \$45.00 (Non-Resident)

### Description:

The Lacrosse Skills clinic is for the player with prior lacrosse playing experience. The clinic will provide the opportunity for the players to continue to develop their lacrosse skills of cradling, scooping, passing, catching, shooting, dodging, etc.. These skills are the foundation for the game of lacrosse. The clinic will utilize standard lacrosse equipment, **PLAYERS MUST PROVIDE THEIR OWN EQUIPMENT. (Girls:Goggles, Stick, and Mouthguard)**

### Requirements:

**Min Age:** 8 yrs (as of 9/1/2016)

**Max Age:** 13 yrs 12 mo (as of 9/1/2016)

**Grade:** 3rd – 8<sup>th</sup> (2016-2017 School Year)

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