



2017 Summer Football Program

State Mandated Blackout Period – This summer, as per NJSIAA guidelines, there will be no football activity between 7/1 – 7/9 – This includes football strength and conditioning.

Varsity Practice starts Monday, August 7.
Freshman Practice starts Monday, August 14.

Freshman Combine

Objective: To introduce the team to the varsity and freshman coaches and provide a baseline for summer training.

Date: June 7

Times: 5:30 – 8:00

Cost: \$25

Varsity Mini-Camp

Objective: To introduce team schemes and concepts, and practice techniques under the guidance of the high school coaching staff in preparation for summer training.

Date: June 12-14

Times: 3:30 – 6:00 (3:30-6:30 on Monday)

Cost: \$35

Pre Season Summer Weightroom Testing ('17/'18 Soph – Seniors)

Objective: To establish individualized summer weightroom programs and measure progress of all who have been training.

Date: TBD in early June

Times: 2:30-4:30

Cost: None

Summer Football Program

Objective: To practice individual and team techniques and concepts under the guidance of the high school coaching staff in preparation for the upcoming season. These sessions will follow the evening weight lifting sessions with Coach McFarland, and begin with 30 minutes of on field strength, speed, and explosion training under his direction.

Date: Mondays and Wednesdays from June 21 – Aug 5 - Frosh Team Days will be Mondays

Times: 6:00 – 8:00

Cost: JV/Var - \$50

Frosh - \$25

Summer Football Weight Training (register through Coach McFarland)

Objective: To improve strength, speed, conditioning, and explosion under the guidance of Coach McFarland and the strength staff. The football coaches will also frequently be present.

Date: Mondays and Wednesdays from June 26 - Aug 5

Times: JV/Var – 4:00 – 6:15 M-W, 12:15 – 2:15 Fri

Frosh – 7:00 – 9:00 am

Cost: None

PLEASE REGISTER ONLINE AT WWW.HILLSBOROUGHFOOTBALL.COM. YOU CAN ALSO BRING THIS FORM WITH PAYMENT ON THE FIRST DAY OF CAMP.



2017 High School Summer Football Program Consent and Registration Form

It is with my approval that my child _____ may participate in the 2017 Hillsborough High School Football Mini Camp and/or Summer Program.

We are aware that all athletic activities involve the potential of injury. We acknowledge that even with the best instruction, use of equipment, and strict observation of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in varying degrees of disability or even death. We acknowledge that we have read and understand this warning.

I/We will not hold the Hillsborough Twp. School District liable for any injuries that may occur as a result of camp related activities.

I/We also give permission to any qualified camp staff member to apply first aid and/or arrange for emergency transportation if needed.

Finally, as parent or guardian, I/we do carry proper insurance and understand that this is to be used as primary insurance with the Hillsborough Board of Education as a secondary insurance carrier

I/We have read, understand, and agree to this agreement.

Athlete's name (print)

Grade for 2017-18 school year

Parent/Guardian Signature

Parent/Guardian Print

Date

Home Phone #

Emergency Phone #

Parent/Guardian email

Please list any preexisting conditions: (asthma, allergies, etc.)

Check all that apply:

- Mini-camp (freshman combine) - \$25
- Mini-camp (Varsity) - \$35
- Summer Program Varsity - \$50
- Summer Program Freshmen - \$25

Make checks payable to: Hillsborough BOE

Send form and Payment to:

Coach Kevin Carty

466 Raider Boulevard, Hillsborough, NJ 08844

Or bring to first day of camp

PLEASE VISIT WWW.HILLSBOROUGHFOOTBALL.COM TO REGISTER AND FOR SCHEDULE UPDATES

Boro Football 2017

Parent Meeting

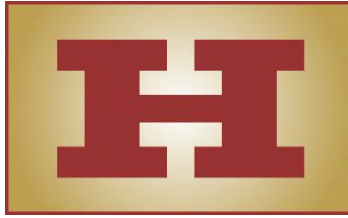
Wednesday, June 7 @ 7:00

HHS Room 302



All parents of players entering Grades 9-12 are invited:

- Meet Coach Carty
- Discuss player expectations
- Introduce summer schedule
- Meet with Touchdown Club members
- Monthly Booster Club meeting to follow



2017 High School Summer Football Camp Schedule

(Visit:

<http://leagueathletics.com/Page.asp?n=47179&snid=jLJJ9%5F517%5E&org=hillsboroughfootball.com>

for official flyers.)

Please make all checks payable to Hillsborough Board of Education

Hillsborough High School Youth Football Camp

Objective: To develop basic football skills at all positions under the instruction of the HHS coaching staff and players, while having fun. The camp will feature individual and group instructional sessions, as well as contests, games, and special guest speakers.

Ages: Grades 3-8

Date: June 26-29

Times: 9:00-3:00

Cost: \$180 (\$10 discount for Dukes and Jr. Raiders players)

Raider Passing Camp

Objective: To receive instruction and practice in all elements of the passing game from the HHS staff, among others, who have run passing successful passing camps throughout the Northeast. Passing, catching, route running, protection, pass rush and coverage skills will be covered. Athletes will have the opportunity to participate in meeting and film study sessions, and compete in 1-on-1 and 7-on-7 drills.

Date: July 24-27

Ages: Grades 7-10

Times: 9:00-1:00

Cost: \$165 (\$15 Discount for Dukes and Jr. Raiders players)

Raider Lineman Camp

Objective: To receive instruction from our high school coaches and athletes in the fundamentals of offensive and defensive line play. Campers will work on stance, start, blocking progressions, block-shedding, pass-rushing, footwork, and balance among other things.

Date: July 24-27

Ages: Grades 7-10

Times: 9:00-1:00 (Mon & Wed) 4:00-8:00 (Tues & Thurs)

Cost: \$165 (\$15 Discount for Dukes and Jr. Raiders players)