



**RULES SUMMARY FOR THE
26th ANNUAL INTER-REGIONAL
SAINT-LAURENT HOCKEY TOURNAMENT
13-22 JANUARY, 2017**

The tournament is governed by the administrative rules from Hockey Québec (section 9.0 TOURNAMENT and FESTIVALS), Lac St. Louis Region.

- 1) **“Mercy” Rule (r 9.6.5):** If at any time after **two (2)** periods, there is a **seven (7)** goals difference, the game is over.
- 2) **Re-surfacing:** The ice will be flooded after the **second** period of each game. Teams must be ready to play **15 minutes** prior to their start time.
- 3) **Timeouts: One (1)** 30-second timeout (per team/per game) shall be permitted at anytime from the opening faceoff until the end of the overtime period.
- 4) **Game Jerseys:** home/receiving teams will wear black or dark jersey, visiting teams white/ pale jersey. A coin toss will determine the receiving team for an elimination match when both teams enter that elimination game with a win or a loss
- 5) **Overtime (r 9.7.2 and 9.7.3):** If tied after **three (3)** regulation periods (10+10+10) minutes stopped time, **one (1)** overtime period of **five (5)** minutes stopped time, 4 on 4 will be played. However, if one team loses their *Franc Jeu* point, they will play shorthanded for **five (5)** minutes. The first goal scored will end the game. If a tie persists, the game will be decided by a shootout starting with **three (3)** players per team.

For Semi-finals and Finals: If tied after regulation, there will be a maximum of **one (1)** overtime period of **ten (10)** minutes stopped time playing 4 on 4. However, if one team loses their *Franc Jeu* point, they will play shorthanded for **five (5)** minutes. The first goal scored will end the game. If a tie persists after the overtime period, the game will be decided by a shootout starting with **three (3)** players per team.

During a shootout, all players must shoot once before getting a second turn.

General information

The majority of the games will be played at Arena Raymond Bourque (2345 Boulevard Thimens, St-Laurent, QC H4R 1T4). Several games will also be played at Arena Ronald Caron located at CEGEP St-Laurent (625 Boulevard St-Croix, St-Laurent Quebec), Arena Town of Mont-Royal (1050 Dunkirk), Arena Outremont. Parking is free at Raymond Bourque as well as the CEGEP and TMR. Please note that a parking pass is required for CEGEP that will be provided by the tournament organizers to the team managers (extra copies will be available on site).

Dressing/changing rooms will be available minimum 30 minutes before the game. All teams will be escorted to their change rooms by tournament volunteers. A holding area will be setup in the lobby for teams if games are running late.

Only players and coaching staff on the team roster (T112) will be allowed in the dressing rooms. Volunteers will be present to control the flow of people around the dressing room corridors. Only parents with special access passes will be allowed to help children dress up before the game.

A photographer will be present throughout the tournament at Arena Raymond Bourque only to take pictures (team, individual portrait or on-ice action shots).

A fully equipped pro-shop is available at the Arena Raymond Bourque, CEGEP and Outremont.

Arena Raymond Bourque, Town of Mont-Royal and Outremont have a snack bar available serving hot and cold beverages, pastries, snacks and a wide variety of healthy sandwiches or wraps throughout the tournament.

There are no entrance fees to attend any of the games throughout the period of the tournament.

If you have any questions, please do not hesitate to contact us: tournoi@hockeystl.com.

Good luck!