



BRIGHTON HIGH SCHOOL FOOTBALL



HOGS AND DOGS *Linemen Camp*

A CAMP FOR DESIGNED ANYONE WHO WANTS TO LEARN THE ESSENTIALS IN DOMINATING LINE PLAY.

DATES:

JULY 10TH AND JULY 11TH

HOGS 9AM—12 NOON

DOGS 1PM—4PM

COST:

HOGS CAMP \$25

DOGS CAMP \$25

BOTH CAMPS \$40

REGISTER THROUGH BYAFL

HOGS (OL) CAMP FOCUSES ON:

- STANCE
- FOOTWORK
- AGGRESSIVENESS
- DRIVE BLOCKS
- PASS PROTECTION FUNDAMENTALS

DOGS (DL) CAMP FOCUSES ON:

- STANCE
- FIGHTING OFF BLOCKS
- RELENTLESS PURSUIT OF THE BALL
- TACKLING
- PASS RUSH



BRIGHTON

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BULLDOGS