**Drill Name:** Save to Clear – Warm-up drill **Drill Theme:** Goalie play, Clearing,

**Time Needed:** 10 mins  **Field Positions:** Goalie, Def **Skill Level:** Basic

***Objective:***  Warm up your goalie’s clear game by giving them shots from about 10 yards away and then requiring them to clear to certain areas of the field, right away.

**Description of Drill:**

Have your goalie get in goal and take shots from the coach from about 10 yards away.

Have 2 players or coaches roam around in the area between midfield and the attack zone.

You will shoot on the goalie, which will make a save and then clear the long pass out to on of the players/coaches in the midfield area.

The next shot will require the goalie to clear to the other player/coach in the midfield area.

Have the players/coaches in the midfield area move around and change the distance of the clears for the keeper.

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| http://www.uslmobilecoach.com/USL/Drill_109_files/image001.gif |
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**Emphasize:**

Focus on save first

Look up field for open man

Crisp pass

**Variations**:

Add a stronger clear for the offensive team and practice forcing turnovers in situation play.