**Center Grove Girls Basketball League**

**5th & 6th Grade Rules**

All league play will be governed by the IHSAA Federation Rules with the **EXCEPTIONS** as noted in these Center Grove Girls Basketball Rules. This rule includes: **NO** jewelry is to be worn, which includes earrings, necklaces, bracelets, rings, etc. Also banned are metal clips, pins and ribbons in the hair.

**Time**

1. Each game shall consist of four, six (6) minute quarters, with the clock stopping on each whistle.
2. All overtime periods will be three minutes. There will be a maximum of one overtime period per game during the regular season.
3. The clock will stop at the three (3) minute mark of each quarter for substitutions. Each team will be allotted one minute to make their substitutions. A coach may be formally warned by the officials or the game commissioner for taking too much time to make their substitutions. If a second formal warning is given, it will result in the coach being charged a time out. Should the coach be out of time outs, a technical foul shall be assessed.
4. Each team will be allotted three (3) one minute time outs per game. One (1) additional time out will be allocated for each overtime session.

**Playing Time**

1. At no time will a player be permitted to play over ½ quarter more than any other player on the team, unless:
   1. A player arrives after the game has started. In this case, the player arriving late will play at the coach’s discretion; however, the coach must keep the spirit of this rule in mind.
   2. A player leaves the game due to illness or injury. The injured/ill player may re-enter the game at any point during that half period. The injured player starting the quarter will count as a half period and the player’s time that enters the game in her position will not be charged.
2. This rule does not apply to overtime periods.
3. A violation of this rule will require corrective action for the remainder of the game and a bench technical foul will be charged to the offending coach.
4. Players much report to the scorer’s table at the start of each ½ quarter.
5. Free substitutions are allowed during overtime periods only, with the exception of rule 1 (b) above.

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**Offensive Rules**

1. All free throws will be attempted from fifteen (15) feet.
2. The five second closely guarded rule will not apply provided the offensive player is dribbling and attempting to run a scoring offense.
3. A successful field goal from behind the three-point arc will count as 3 points.

**Defensive Rules**

1. There will be no defensive pressure allowed behind the half court (ten second) line after a:
   1. Made field goal
   2. Made three point field goal
   3. Made free throw
   4. Dead ball
   5. Time out
2. Full court defense will be allowed:
   1. After a rebound
   2. After a steal
   3. During the last three minutes of either half
3. Girl to girl defense only is allowed. No zone defenses.

**General Rules**

1. Any coach receiving two (2) technical fouls during a game will be ejected from that game. Additionally, the coach will:
   1. Be suspended from participating in the team’s next game.
   2. Need to provide a written explanation to the league commissioner(s) before being allowed to participate in any further games.
2. A coach being ejected from two (2) games in the same season will:
   1. Be banned from coaching the remainder of the season.
   2. Be banned from coaching in any Center Grove Girls Basketball division the following year.
   3. Require reinstatement by the Center Grove Girls Basketball League Board of Directors prior to being able to coach again in any Center Grove Girls Basketball division.
3. The officials will be instructed to strictly enforce fouls for slapping, bumping and rough play. As needed, officials will explain to the girl who commits a foul or violation what mistakes she made.
4. There are no clearing out or isolation plays to free up an offensive player to be on one side of the floor by herself in a half-court set.
5. A player scoring 16 points in any one game will be “pointed out” for the remainder of the game. They may continue playing, but not score. If they score a basket, it will not be counted a basket. A player can score no more than 10 points in a half.