**Durham Middlefield Falcons Cheerleading Contract**

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, do hereby agree to the following:

1. No gum chewing at practices or games.
2. Jewelry is not allowed at practices or games. Post-pierced earrings are allowed but must be covered by a band-aid. No other piercings of any kind are allowed to be kept in during practice or games.
3. Nail polish is acceptable for practice but artificial nails are prohibited. Fingernails must be kept short. Nail polish at games is at the Coach’s discretion as the Coach determines the level of uniform appearance of their squad.
4. Foul language and gestures are prohibited.
5. Fighting, bullying or inappropriate discussions will not be tolerated. Anyone participating will be asked to leave and parents will be called.
6. Internet harassing is not acceptable. Anyone caught doing this will be asked to leave the squad immediately.
7. Hair must be tied back and out of your face at all times. Coaches will determine the uniform hair style for games. No extensions, glitter or hair pieces of any kind are allowed.
8. Clothing with pockets, zippers, or hoods are not allowed at practice as they are a danger to others when stunting.
9. The Coach must be notified in advance for missed games or practices with the exception of emergencies. Three un-excused practices/and or games after September 1 may lead to being dropped from the Competition Squad. Competition is a privilege, not a right and it will be up to the Coach if the cheerleader will be allowed to compete.
10. Regarding missed practices, it will be Coach’s discretion as to whether or not the cheerleader sits out for the half time routine.
11. Practices are open to parents as long as they are not a distraction to the squad. If there is a problem, please talk to the coach after practice and not in front of the children.
12. Cell phone use is frowned upon. It is at the Coach’s discretion as to how much use they allow; i.e., use at breaks, videoing of stunts, or not at all if it is deemed a distraction to the squad.

I understand that if I break any of these rules, I can be suspended from practice/and or games for an indefinite period of time.

**Cheerleader signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

I have reviewed the above with my daughter and understand the Cheerleader’s Code of Conduct. I understand that any disciplinary problems can result in my daughter being removed from competition. I further understand that I must pick up my daughter from practice within 10 minutes of the end of practice/or game. I also understand that practice time is extremely important to the success of the squad and I will have my daughter at practice and on time and will not pick up early unless in case of emergency. If I am unable to adhere to the rules regarding time and attendance, I will contact the Coach ahead of time. If the problem persists, I acknowledge that my daughter may be dropped from the competition squad.

**Parent signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**