Greater Loudoun Babe Ruth (GLBR) Local League Rules and Regulations

Updated Fall 2018

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Additional Attachments:

Pitch Count Record
Pitch Count Log
Current Medical Consent Form

1 General

Everyone, especially managers, should first read the “annual” Babe Ruth League, Inc. Baseball Rules and Regulations & Official Playing Rules prior to their first game of play.

All parents, players, managers and coaches should also review the Greater Loudoun Babe Ruth (GLBR) Code of Conduct posted on the www.GLBR.org website under “About Our League”.

The Board of Directors of Greater Loudoun Babe Ruth (GLBR) has also added to or instituted the following rules and regulations that support, supplement, or override the official rules for both the Spring and Fall seasons of play.

2 Rule Highlights & Local League Rules

2.1 Behavior Violations

If a manager and/or coach is/are ejected from a game, no matter the reason, he/she will not be able to coach for two consecutive games. If he/she is ejected from a second game, no matter the reason, the Board will review the circumstances and he/she may be barred from managing for the remainder of the season. Any player ejected from a game, is to be immediately reported to the League by the player's manager. Players that are ejected from a game will be suspended from playing in the next game. The player must be in attendance, in uniform, and in the dug-out for the game in order to fulfill the suspension. Should the suspended player not attend the next game, the player will not be able to return to play until the 1 game suspension has been fulfilled.

2.2 Minimum Playing Time (Not Applicable to GLBR Rules – See Rule 2.5)

All players in GLBR will be provided an opportunity to play a minimum of three (3) defensive innings and be provided the opportunity to bat at least once during a regulation game. This includes games that are shortened due to time limit, 10-run rule, or darkness. If a player does not meet the minimum league requirement, then the player must start the next game and play until he meets the minimum playing requirements (3 defensive innings).

2.3 Ten Run Rule

A game will be terminated once becoming regulation (after 5 innings, or 4.5 innings if the home team is ahead) if one team is ahead by 10 or more runs and each team has had equal times at bat or the home team is leading.

2.4 Time Limit

GLBR uses a 2-hour time limit. No new full inning shall start after 2 hours have passed. The home team will be allowed to have its at-bat, if behind or tied, once the 2-hour limit is reached. The visiting team may start its at bat in a new inning only prior to 2 hours.

2.5 Continuous Batting Order

Greater Loudoun Babe Ruth has implemented the Continuous Batting Order for regular season GLBR games.

Each team plays the game with a continuous batting order, batting its entire roster of players all the way through for the entire game. Free defensive substitutions shall apply with no player sitting on the bench for consecutive innings. GLBR strongly encourages a full rotation of players prior to any player sitting for 2 innings. For example, Player A sits during the 1st inning. All other players should sit for at least 1 inning before Player A sits for another inning for as much as is practical (i.e. pitchers and catchers may play for several innings before occupying the bench).

One exception: Pitchers must follow standard Babe Ruth pitching rules for re-entry.

2.6 Extra Player (local adaptation – not applicable to GLBR due to Rule 2.5)

The Extra Player (EP) is a position in the batting order. It allows a team to bat 10 players in the line-up. A player playing this position is interchangeable at any time with any other player currently in the

line-up. [For example, just like a 2B and SS can switch positions in the middle of an inning, or from inning to inning, so can the EP and any other position]. The EP allows teams to more easily satisfy minimum playing requirements. The EP is also treated just like any other position in the batting order for substitution purposes and is therefore subject to all normal substitution rules. Overall, the EP is an extra position in the line-up, and is therefore dissimilar to the Designated Hitter (DH). GLBR does not use the DH.

The EP can be used only when it is announced as a starting lineup position. If you start with an EP, then you must finish with one. Any person that is in the batting order as an EP is still required to physically play 3 defensive innings. An inning as an EP (batter only) does not count toward 3 defensive innings. At bats, of course, do count toward the minimum at bats requirement. Obviously, if a team has only 9 players, the EP is not used.

The decision to use the EP is always at the option of the League prior to the beginning of the season. If the League opts to use the EP, then it becomes mandatory for all teams to use the EP in every game. GLBR has opted to use the EP, and therefore it is mandatory.

If the team opts to use a continuous batting order, then the EP rule does not apply.

2.7 Courtesy Runner

A courtesy runner may only be used for the catcher or pitcher if there are two outs in the inning only. GLBR encourages the use of the courtesy runner to speed up the game. The courtesy runner shall be a player that is not currently in the line-up. If the team has no players not currently in the line-up, or such a player is injured, then the courtesy runner will be the player that made the previous out in the inning.

2.8 Incomplete Games

In the event that a game is called, by the umpire, **due to weather**, then the following rule applies, and the game will be replayed in its entirety at a later date:

Page 52/53, rule 4.10(e): "...If a 13-15 or 16-18 Division game fails to reach the regulation minimum of 4.5/5 innings played it is not a regulation game and must be replayed as a new game. According to Baseball Rule 4.10(e) if it is declared a "No Game" by the umpire, no records (pitching or otherwise) are kept and pitching eligibility, etc., is intact as it was prior to the beginning of the "No Game" situation. It is as if no pitch was thrown, no ball hit or caught. NOTE: This applies to local league games only."

HOWEVER, in the event that a game is called due to darkness or the 2-hour time limit, then that game is deemed complete, regardless of what inning the game is in. The game will be over, and the winning team is declared the winner, or a tie game is declared a tie. Keep in mind, the 2-hour time limit rule allows for each team to have equal at bats (unless the home team is ahead prior to the bottom of the inning … see above).

2.9 Pitch Count (Local Season Games)

GLBR has adopted the following rules for pitchers for local season games only. Tournament games (both local and Babe Ruth) shall follow the Official Babe Ruth Rule Book guidelines.

- Any player on a regular season team may pitch.
- A pitcher **MUST** be removed when that person reaches the following pitch count according to the limits stated by age, but may remain in the game at another position:

Age	Pitch Count
13-14	95
15-16	95
17-18	105

****Catcher/Pitcher Note: A pitcher who delivers 51 or more pitches in a game cannot play the position of catcher for the remainder of that day. If a pitcher starts a batter at 45 and finishes with a pitch count of 51, he/she is ineligible to play the Catcher position for the remainder of the day.**

- A pitcher **MUST** rest between games according to the number of pitches thrown in a game according to the following table:

Age	Daily Max Pitchers	Required Days of Rest (Pitches)				
		0 Days	1 Day	2 Days	3 Days	4 Days
13-14	95	1-20	21-35	36-50	51-65	66+
15-16	95	1-30	31-45	46-60	61-75	76+
17-18	105	1-30	31-45	46-60	61-75	76+

- A pitcher can go over the Daily Max Pitch Count only to finish pitching to the existing batter. For example, if a 14-year-old pitcher starts a batter and has a pitch count of 94, he can pitch until that batter is out, walked or has a base hit. He then must be removed after completing that batter.
- Days of rest for local season games are determined by the pitch count at the start of the last batter faced. For example, if a 13-year-old pitcher starts a batter with a pitch count of 30 and finishes the batter with a pitch count of 37, he is only required to observe 1 day of rest.
- Starting in Spring 2018, if the local league has elected to use a pitch count for local league play, regardless if a game was forfeited before it became a regulation game or after it became a regulation game, all pitches will count towards the pitch count. Citation: www.baberuthleague.org
- **No pitcher may pitch in games for 3 consecutive days.**

Recording Pitch Count

- The team manager **MUST** designate an individual as the official pitch count recorder (generally this is the scorekeeper). The manager may have a separate person/parent track with a counter, but the pitch count **MUST** be recorded in the scorebook.
- It is the responsibility of the manager to know the current pitch count for any pitcher and when the pitcher must be removed.
- The manager of the team **MUST** sign and date the score book after each game approving the recorded pitch count.

2.10 Bat Pitcher Re-Entering Games As Pitchers

The rule book states all the rules associated with pitchers, and there are no Local League rules that override any rule book rules. The rules say this (starting on page 11, 27, and 77), in layman's terms:

- The pitcher is like any of the other 9 players for substitution purposes.
- 2 trips to the mound by a coach, to visit the pitcher, in the same inning is a mandatory removal from pitching, AND if that pitcher is removed due to 2 trips to the mound, THEN that pitcher cannot come back to pitch later in the game.
- A pitcher removed from the line-up (i.e., comes out of the game) cannot return until his substitute has played his minimum playing requirements (3 defensive innings and bat once). For example, if you take Pitcher A out of the game, and sub in Player B, then Pitcher A cannot go back in the game, at pitcher or any other position, unless and until Player B has played 3 innings in the field and batted once. **Does not apply to local season games due to Rule 2.5.**
- A pitcher can re-enter the game as the pitcher if he was pinch-run for with 2 outs. For example, Pitcher A gets a hit, and then you enter a pinch-runner for Pitcher A, you can re-insert Pitcher A as the pitcher in the next inning.
- A pitcher may not occupy more than one additional position in the field in the same inning after having been taken off the mound. For example, if a pitcher is removed from the mound and brought to shortstop, then he must finish the inning at shortstop.

Other than the above rules, which are stated in layman's terms, there is no place in the rule book that says a pitcher "cannot" be taken off the mound or out of the game and then re-inserted as a pitcher later in the game.

2.11 Bat Restrictions

Refer to the latest bat restrictions on the Babe Ruth website: http://www.baberuthleague.org/bat-rules.aspx

2.12 Donuts/Bat Weights

There are no rules that prohibit the use of donuts or bat weights, provided they are used safely and in a reasonable manner such that players' safety is upheld. Bat weights should not be left lying around in

playing territory, and it is the Managers' responsibility to make sure bat weights are properly stored during play. The umpire reserves the right to eliminate the bat weight from the game if the Manager and his team does not take appropriate precautions with the bat weights.

2.13 Coaches Uniforms

There is no formal uniform requirement for managers and coaches. However, all of us at GLBR agree that ALL managers and coaches should at least be dressed appropriately and neatly, to represent our league well. We strongly encourage coaches to wear at least their team jerseys, and to tuck them in and be uniform in style/color. Work clothes and shabby clothes are strongly discouraged.

2.14 Manager Responsibilities

- Ensuring that players receive the best possible instruction in the game of baseball.
- Their conduct and the conduct of their players while engaged in GLBR activities.
- The proper conduct of parents during the course of a game.
- Timely submission of all required roster information, game scores, pitch counts, etc. requested by the Board and necessary for the good of the league.
- Accountability for the return of all GLBR equipment and uniforms (where applicable) issued.
- Ensuring that all players receive at least the minimum of playing time required.
- Active undertaking in all reasonable GLBR fund raising activities.
- Filing accident and incident reports with the League President and Secretary.
- Recording Umpire(s) of Record for each game played. Tendering this info with game results.

  Failure to abide by the above will adversely affect future consideration as a returning manager.

2.15 Removal of Managers, Coaches and Players

The GLBR Board has the authority to discipline managers, coaches and players during the course of a season for conduct deemed detrimental to the good order of the league (please refer to the **Code of Conduct** posted on the www.glbr.com website under "About Our League"). Such actions may include warning, suspension or termination. Actions that constitute grounds for these actions include but are not limited to: physical or verbal abuse of players, other managers or coaches, fans, or umpires, reckless disregard for conducting league activities in accordance with established rules, and reckless disregard for the safety of players while under their charge.

Disciplinary action shall only be taken upon the completion of a GLBR Board review, and a resulting affirmative decision, by two-thirds vote of the Board, to act on such. Prior to such action, the manager or coach in question shall be notified of the nature of the charges and given an opportunity to respond to the charges before the Board.

3 Weather Related Regulations

3.1 Weather Conditions

- If there is thunder, all players **MUST** leave the field for a duration of 30 minutes.
- If there is lightning, all players **MUST** leave the field and seek shelter (cars, etc.) for 30 minutes.
- No player, manager, or coach shall be permitted to return to the field of play until, after 30 minutes, no further lightning or thunder has been observed or heard. The 30-minute delay shall start after each successive sound of thunder or flash of lightning. For example, if thunder is heard after 27 minutes of stoppage, the 30-minute clock shall restart from that moment.

3.2 Rainouts

- The caretakers of fields have the primary authority to call a field unplayable due to field conditions.
- If a field is designated as playable, the game is to be played.
- If a field is designated as a "game time decision", the home plate umpire has the authority to call the game due to bad field conditions.
- Go to RainoutLine.com to check field conditions. A downloadable App is available. You can set your favorite fields within the App. https://rainoutline.com/

Rainout Line

- Call the following hot lines to find out if the field you are to play on is open or closed during rain conditions.

Loudoun County Rain Line	703-777-0456
Leesburg Rain Line	703-737-7166

3.3 Field Conditions

- Managers and coaches are responsible for reporting any damage or adverse field conditions to Loudoun County. The phone number for reporting is **571-233-0424**.

4 Game Schedules

Schedules: All schedules are posted on the GLBR website at www.glbr.org. Managers, Coaches and players are encouraged to review their schedules on a weekly basis.

Changes and Updates: Managers, Coaches and all team players should receive notices via email of any changes or updates made to practices and games. If players are not receiving these notices, please inform your team Manager who in turn can report it to the appropriate Division Manager.

Requests: Only the manager of a team can request changes or additions to any practices or games during the season. Please keep in mind the following:

- Most fields and times for those fields that have lights are most likely already scheduled (other leagues also use the fields).

- It takes time to make any changes, especially games. First the field must be reserved through Loudoun County Parks, Recreation & Community Services (PRCS) and then umpires need to be scheduled. This normally takes a few days to a week to occur.
- Same-day field changes, especially games, are extremely difficult and highly unlikely to be able to be made since the above process must occur, and it is often not possible to get in touch with appropriate personnel for changes. The GLBR Scheduler **CANNOT** independently make last minute changes.
- Practices and Games are to be scheduled by the GLBR Scheduler only. Please email the GLBR Scheduler at scheduler@glbr.org.

Rained out Games:

Spring Season – Every effort will be made to schedule makeup games for all teams. There is no guarantee, however, that a makeup game will be against the team you had the rainout with. The primary objective of Spring play is to try to assure that all teams have an equal number of games played for proper seeding for playoffs at the end of the season. In-house games take precedence over out of league play.

Fall Season – Since the season is short, no makeup games will be scheduled unless specifically requested and mutually agreed upon by both team Managers.

5 District League Players

During the Spring season, house teams may have players that qualified to play on a GLBR District team. These players need to be recorded to have played in at least 50% of the House league (Babe Ruth League) games during the season.

6 High School Players

During the Spring season, House teams may also be assigned players who are on high school teams that have been selected to play on a GLBR Division team. These players will be available following the high school season and need to be recorded as to have played in 50% of the remaining games once high school season is completed to qualify for a District Team.

High School pitchers may only pitch a maximum of 2 innings per game and 4 innings per week including during the end of spring season tournament. Violation of this rule will deem the game as forfeited by the offending team. Further disciplinary action may be taken against the offending manager/coach at the Board's discretion.

If you have any questions, please contact your Division Manager.

Babe Ruth League, Inc.
2018 GLBR Fall Baseball Games
Pitch Count Record

Age Group (circle): 9 10 11-70 12-60 12-70 13 14 13-15 16-18

Team: _____ **Page** ____ **of** ____

Field Nbr: _____ **Location:** _____

Date	Game #	Name of Pitcher	Pitches Delivered	Recorder Initials	Manager Initials

Every pitch delivered to a batter counts. This includes strikes, balls, foul balls, fair balls, and pitches that touch the batter.

Revised: 12/05/2016

Babe Ruth League - Baseball Game Pitch Log (13-15)

Team _____ **Opponent** _____ **Date** _____

Pitcher's Name	Uniform Number	League Age		X / O	Cross out the number as that pitch is thrown. Circle the number for the last pitch thrown in each half-inning.
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105
			1 2 3 4 5		6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35
			36 37 38 39 40		41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70
			71 72 73 74 75		76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105

Spring 2018 Local Rules: Max Pitch count: 95 pitches per VA State rules. Pitcher IS permitted to finish batter if they reach threshold. Manager MUST sign and date the score book after each game approving the recorded pitch count. Signed form must be given to the League. **Required Rest (Pitches): Age 13-14: 0 Days - 1-20; 1 Day - 21-35; 2 Days - 36-50; 3 Days - 51-65; 4 Days - 66+; Age 15-18: 0 Days - 1-30; 1Day - 31-45; 2 Days - 46-60; 3 Days - 61-75; 4 Days - 76+**

CONSENT FOR TREATMENT

Each Player must complete and have signed

Name of Player_____ **Player's Age**_____

Home Address_____ **City**_____ **State**_____

Family Physician_____ **Phone**_____

List of Any Allergies_____

Required Medication_____

Name of League Greater Loudoun Babe Ruth

League Accident Insurance Company K&K Insurance Group, Inc.

League Accident Insurance Policy No. JXS-284826-00

In case of an accident or illness, I hereby authorize a representative of Babe Ruth League, Inc. to use his/her judgment in obtaining immediate Medical Care.

DATE_____SIGNED_____

By: Parent or Guardian if Athlete is under the age of 18 **By:** Athlete if 18 or over

Daytime Phone _____ Home Phone _____

Cell Phone _____ Parents Health Ins. Co._____

Policy #_____

(Parents will be notified in case of serious illness or injury as quickly as they can be reached, but this will make immediate treatment possible.