GREELEY YOUTH LACROSSE

Chappaqua, NY

October 11th, 2017

Parents,

Greeley Youth Lacrosse Association (GYLA) is pleased to announce the kickoff of our Spring 2018 Lacrosse season. Every year Lacrosse continues to become more popular and our registration enrollment gets progressively larger. The GYLA Board of Directors is very excited to provide you with quality girls and boys youth programs that are specifically designed to assist player development regardless of their individual skill level.

We will continue to build our programs with assistance from 3D coaches during our Spring practice season. Winter clinics will continue to be offered on an individual basis at Athletes Warehouse in Pleasantville. Finally, the Board is committed to hiring knowledgeable, qualified lacrosse coaches to assist in the development of our players, while building an enjoyable, collaborative lacrosse community to support our youth programs.

The first phase of our Spring season is to conduct player evaluations for players (both girls and boys) who are registering to play on teams for Grades 5 and older. The evaluations will allow us to properly assess their current skill level when determining our travel teams.

In order to be evaluated, you must have registered on the GYL website for the Spring season. To properly complete your registration you will be required to have a current U.S Lacrosse membership and have paid your registration fees. Our website will walk you through all the steps to properly complete the registration process.

There are governing principals that GYLA continues to support that we expect our lacrosse community to embrace for the upcoming season. Please review our Guiding Principles.

Guiding Principles

- Every player interested in playing travel lacrosse must be evaluated prior to being placed on a travel roster.

- Lacrosse should be your number one sport for the Spring season. If you expect to have reasonable playing time on the team, then you are expected to attend every practice and game scheduled, except for school and family reasons.

- GYL will have a minimum of 1-2 professional evaluators along with parent volunteers who will do their best to evaluate each player. Parent volunteers will not evaluate their own teams or players.

- We ask that all parents respect the decisions of the selectors and not interfere with the process. Players, coaches and parents are asked to sign a commitment letter and Code of Conduct. It asks you to make lacrosse your priority in the Spring. It also asks you to be respectful towards one another.

- Stress Free Zone -- **Parents and spectators are not allowed to observe the process.**

- Please arrive early, evaluations start promptly. All players will be required to wear all required lacrosse equipment (helmet, shoulder pads, elbow pads, gloves). Bring your GYL practice pinney or team jersey.

Players should be aware of **US Lacrosse Grade Level Expectations**:

5/6 Grade Girls/Boys

- General athleticism, effort, and attitude
- Catching and throwing with dominant hand and is comfortable switching hands.
- Scooping and Cradling (1 and 2 handed)
- Dodging using a variety of dodges and in the appropriate situations
- Demonstrating field sense in live situations
- Receiving and applying feedback from coaches
- Working with various offensive schemes
- Working with various defensive schemes
- Playing under pressure
- Specific positioning determined on offense/defense basis, still teaching close defense, offensive movement
- Practicing on their own without encouragement
- Understanding the rules of the game and the responsibilities of various positions

7/8 Grade Girls/Boys

- General athleticism, effort, field sense, attitude
- Catching and throwing with dominant hand and the off hand
- Scooping and Cradling (1 and 2 handed)
- Dodging at full speed using a variety of dodges and in the appropriate situations
- Demonstrating field sense in live situations
- Receiving and applying feedback from coaches
- Transitional situation tactics
- Working with various offensive schemes
- Working with various defensive schemes
- Playing under pressure
- Specific positions are used – select number of close defense, middies, close attack, and goalie
- Practicing on their own without encouragement
- Exhibiting off ball skills and tactics in settled and unsettled play
- Understanding the rules of the game and the responsibilities of various positions.

Evaluation Schedule. Please review the following evaluation schedule. We have worked diligently to address as many conflicts as possible relating to other town youth sports programs and religious activities. In the event you cannot make your scheduled time, please contact your Team Manager. Players will have an opportunity to participate in the evaluation process for the next grade level if unable to participate during their assigned evaluation period. You must consult with your Team Manager before attending a different session.

We will announce all teams **no later than December 1, 2017.**

Location: **House of Sports, 1 Elm Street, Ardsley, NY**

Evaluation Schedule:

Saturday, November 18th

11:00am to 12:30pm - Boys - 8th Grade

12:30pm to 2:00pm - Boys - 3/4 (Practice)

2:00pm to 3:30pm - Boys - 5th Grade

3:30pm to 5:00pm - Boys - 6th Grade

Sunday, November 19th

11:30am - 12:45pm Girls 3/4 (Practice)

12:45pm - 2:00pm Boys - 7th Grade

2:00pm -3:30pm Girls. - 7/8 Grades

3:30pm -5:00pm Girls - 5/6 Grades

NOTE: 5th and 6th grade girls who do not want to be considered for the travel team and only want to play on the rec team do NOT need to attend the evaluation.

Greeley Youth Lacrosse Association Board of Directors