**Duxbury Youth Soccer Association Coaches Meeting -**

**CYSL U10-U14 // 2016 Spring Season**

**Welcome & Introductions**

**DYSA Philosophy - Primary focus is Maximize participation / Skills Development / Love of the Game**

**Spring Season Games**

Game Schedule – starts Sat 4/2, runs through Sat 6/4

(Skills Sessions - sched info tbd). Practice time can be requested via web form.

U10: 7 v 7 (6+keeper), Size-4 Ball, 30 minute halves, 9 games, tentative 10th week is Jamboree event

U12\*: 8 v 8 (7+keeper), Size-4 Ball, 30 minute halves, 10 games

U14\*: 11 v 11 (10+keeper), Size-5 Ball, 35 minute halves, 10 games

\* - CYSL Playoffs & possible MTOC for Div I & II (through June); Coastal Cup tournament for CC teams

U16 – U19: 11 v 11 (10+keeper), Size-5 Ball, 40 minute halves, 10 games, CYSL Playoffs and possible MTOC (starts 4/17)

Game Schedule – on website for U10-U14– Coaches need to exchange time/field info w/ opposing coaches – Coaches of opposing teams are listed on CYSL website.

PLAYER PARTICIPATION IN GAMES: All team sizes and attendance will vary. During each game, it is important that all DYSA players receive their fair share of playing time during each half of the game. A coach may choose to restrict a player’s time due to disciplinary reasons associated with attendance, attitude, or conduct but a reasonable goal is for each player to play no less than half of each game.

Some key player “game readiness” items – proper uniforms – standard issue socks, shorts ; Also Players will not be allowed to wear any of the following: earrings, finger rings, barrettes of any type, wrist watches, wrist chains, neck chains, shoes with metal cleats, or casts of any type. String bracelets; sometimes beaded hair. Don’t pierce ears now nor at any time in-season (esp GU10!) – tape is not allowed.

Player discipline -- Not usually an issue – but - Coaches should handle any unusual disciplinary matters involving members on their team. If disciplinary action is required, it should be fair to the individual(s) involved as well as in the best interest of the team as a whole. Disciplinary actions should be discussed with the Age Group Coordinator (AGC). If the AGC is not available then the matter should be brought up with the Vice President of Boys or Girls as appropriate. DYSA intends its soccer program to be a positive learning experience for the youth of the Community. The program will involve lessons more valuable and important than win/loss records. DYSA has a grievance Procedure that allows any person, involved with the program, to follow when necessary.

Zero Tolerance Policy (we must strictly adhere to the Zero Tolerance Policy!) Coaches are responsible for their own compliance, as well as that of their players, and their spectators.

A further note on referees – our referees are trained and certified, and are instructed to enforce ALL of the Coastal rules, for all players safety and enjoyment of the game; and to ensure a level playing field. The refs are kids – so there will be some variability in what they enforce from week to week, despite our preference for standardized perfection. Please ensure your teams (players, and parents) are aware of all “player readiness” rules – like uniforms, equipment, etc. so there are no game time surprises. Don’t assume that because a week 1 ref didn’t check something that that’s how it will be for the rest of the season.

2016 Rule Changes -- Heading // Max 3 coaches on sideline // All coaches must have complete passcards // Any adult substituting for a coach must have a passcard - No Passcarded Adult = Forfeit // U12 Goal Kick/punt can go over midfield, but not into penalty area. U10 still midfield limitation.

**Coaching Admin Items**

"Virtual Coach Folder"on website - has links to coach contacts, playoff brackets, policies, procedures, forms, sample standard email to parents for you to use, links to game rules, accident reports, etc. PLEASE read, especially rules for your age groups. You will get an email with a "Virtual Coach Folder"

CORI required (procedure below)for all coach/asst coach/mgrs - CYSL will not approve rosters until they can see a record of CORI in the Mass Youth database. With no approved roster, your team cannot take the field.

Rosters & Passcards

“Official” Rosters (2 copies need to be given to the referees at beginning of each game – at end, ref signs opposing rosters, w/score, and gives to you. That is your official record of the game) -- Each roster shall be filled out completely with jersey numbers and signed by the coach. Then make more than enough copies for the season! [Don’t give out the only copies you receive tonight.]

Player Passcards - Required only for players on #1 teams in U12 and U14. 1”x1” top of head to chin, clear (not fuzzy) color picture, registrar's signature, laminated – start getting pictures sent to you today. Must be COMPLETE before 1st games - must be presented to ref at first games. No Passcard = No Play.

Coach passcards - required for all coaches of all teams. Any adult substituting must have a passcard. This is a CHANGE.

Laminator in shed. shed open Thurs, Fri late afternoon/early evening this week.

Player Health/Safety

Injury/Accident Forms - ACCIDENTS: If there is an significant injury (player unable to continue practice, including concussions, fractures, significant lacerations) at a practice or game, please fill out the Accident form available on website in the For Coaches section. Please complete and email it to your AGC and VP. Please also report it verbally to your Age Group Coordinator immediately following your game/practice.

AGCs will distribute player-level info including health concerns. Please review these before the season and be aware of any player health issues before something happens.

All Game Scores need to be reported by Sunday Evening for weekend games, and within two days of weekday make up games. Please get the score correct (referee report on bottom of opposing roster is THE record of the game; please make sure you and opposing coach are in agreement with ref on the score before you leave the field at end of any games). Every year there are conflicts to home and away scores that the League needs to resolve to insure tie breakers are followed for playoff teams. Report your scores to your AGCs (due Sunday evening after each game). AGCs will submit one report to the DYSA statistician who must report to Coastal. (DYSA is penalized for missing scores). Data needed --

Gender, Age, Team #

Game date (if a makeup game, also give original game date)

Opposing town and team #

Score: List Duxbury score first

Location: Home or Away

Equipment & Uniforms:

Always Have On Hand: Cell Phone, Ice Packs, & a 2nd Set of hands/eyes

Provided to Coaches: 2 Game Balls, First-Aid Kit, Uniforms (Shirt, Shorts, Socks)

Players Must Wear: Shinguards FULLY COVERED BY SOCKS. Soccer cleats recommended (as opposed to sneakers); FOOTBALL/LACROSSE/BASEBALL/SOFTBALL cleats are not allowed (with cleat at point of shoe). Mouth Guards recommended

Because uniforms are ordered before rosters are complete - the sizes specified by our members at time of registration does not guarantee receipt of the exact size. However, a normal uniform order ususally provides coaches with enough leeway to adequately outfit the tema with minimal size mismatches. Coach will need to manage this -- so

Uniform Distribution: WAIT until all (most) players are present – THEN Line kids up once, and distribute based on size. “Best fit”.

Players should bring: Water & their own soccer ball to all practices & clinics. Water to games.

Cancellations & Make-Ups

Coaches cannot take it upon themselves to postpone a game. There are specific rules set by Coastal League that outline cancellation and postponement. Please familiarize yourself with them so that when an opposing coach contacts you, you will know what is required.

Reschedules -- PLEASE Coordinate w/ Opposing Coach to schedule Make-Up Games – see Coastal Rules – there are specific rules/procedures for doing this -- usually straightforward, but sometimes gets tricky

There is a form on our Website for requesting scheduling of HOME make-ups, and to advise Statistician & Scheduler of changes to AWAY games.

We must make up games or we pay a fine to CYSL/MYSA for each missed game

Memorial Day is tough – start now! So are school vaca weekends. Check with your teams on availability now – some weekends have big in-town school events

Practice cancellations: Up to Coaches (on real bad-weather days Fields Coordinator may cancel)

Home-Games: Field Use and/or Board Member on Duty at Coppens make the call – will attempt to do so 2 hours before games

Will notify Web-Master (for posting) & AGCs (will notify their Coaches)

Coaches should notify opposing coaches & their own players

Remember -- sometimes early games may be cancelled and later games played

IN ANY CASE -- Electric/Thunderstorms -- -You are all adults, do not wait for someone to tell you what to do -- Get all players off field to safety immediately. Resume activities only after 30 minutes have passed since last rumble of thunder.

First Responder Automated Defibrillator – Always in the Concession Stand

QUESTIONS?

Have A Great Season, Good Luck, & most importantly, make sure kids have FUN. (Coaches are allowed to have fun too.)

Thank you for volunteering your time!

USEFUL WEBSITE:

Duxbury Youth Soccer Site: http://www.duxburyyouthsoccer.org/

**CORI Procedure**

---------- Forwarded message ----------

From: Laura Sullivan <lfsulli@gmail.com>

Subject: cori instructions

Hi,

If you are receiving this email, you have been identified as a DYSA volunteer. Thank you for volunteering, in whatever capacity you chose.

We need you to complete these tasks to comply with our governing body, Mass Youth Soccer. (It takes 5 minutes- and that includes photographing yourself with a phone and e-mailing it to yourself for the Mass Youth registration.)

1. Register at the following link to be a coach for DYSA:

http://assn.la/Reg/?r=2:137785 (Spring 2016 Link)

Please make sure your date of birth is in your "member record"- this is the record carried form season to season. The registration program is the list of questions you are asked after that.

2. To get you coried with DYSA and MassYouth Soccer:

Mass Youth has refined their adult and CORI requirements for this year. Some of you may already have a very recent CORI with DYSA and Mass Youth, but everyone needs to log on to register with Mass Youth and check the status of your CORI.

New for this year: upload a photo of yourself. Take a head and shoulders, eyes open, no hat or sunglasses photo with your phone, e-mail it to yourself and save it to your computer.

Here is the link to register with Mass Youth. I already went through the process, and it took about 4 minutes, and that includes e-mailing the photo from my phone. Please read carefully. It is not elegant and clear, but clear enough.

http://www.mayouthsoccer.org/members/adult\_registration/ (Spring 2016 Link)

to cori: http://www.mayouthsoccer.org/programs/cori/ (Spring 2016 Link)

Thanks everyone, **please forward the "thank you for registering"** e-mail to me at registrar@duxburyyouthsoccer when you are done.

Laura Sullivan, DYSA registrar

**(Virtual) Coach Folder - Coastal League**

**How To Use DYSA Website To Communicate With/Manage Your Team**

How To Log In and/or Reset Password:  
  <http://leagueathletics.com/Page.asp?n=82778&org=duxburyyouthsoccer.org>  
How To Use Features (features are accessible only when logged in):  
  <http://leagueathletics.com/Help/ManagerManual.asp?org=duxburyyouthsoccer.org>

**Important Season Dates**  
  <http://www.duxburyyouthsoccer.org#449565> (News Item on DYSA homepage)

**Coastal League-wide Schedule**  
  <http://www.coastalyouthsoccer.com/SchedulesStandings.aspx>

**CYSL Coach Contacts**  
  <http://www.coastalyouthsoccer.com/CYSLCoaches.aspx>

**Coastal Competition Procedures & Game Rules**  
  <http://www.coastalyouthsoccer.com/Portals/100895/Documents/CYSLconstbylaws.pdf?ver=2015-12-15-152125-493>

**Coastal Rule Changes - Most Recent**  
  <https://leagueathletics.com/Page.asp?n=100127&org=webmail.duxburyyouthsoccer.org>

**Coastal Cup Division Draft Rules**

<https://leagueathletics.com/Page.asp?n=100136&org=duxburyyouthsoccer.org>

**Coastal League Zero Tolerance Policy**  
  <http://www.coastalyouthsoccer.com/Portals/100895/Documents/CYSLZeroTolerance.pdf?ver=2015-12-15-152125-523>

**Rosters & Passcards**:

1.) Game Day Administrative Paperwork Requirements & Procedures  
  <https://leagueathletics.com/Page.asp?n=94801&org=webmail.duxburyyouthsoccer.org>  
2.) Your Team Roster  
  (Paper Copies from DYSA Registrar - 2 copies (signed by DYSA & CYSL registrars, and Coach) required to be given to referee before each game.)  
  (Your player list is available online on www.duxburyyouthsoccer.org when you are logged in -- but is not usable for CYSL games in place of official (signed) Roster)  
3.) Player Passcards  
  (paper cardstock copies will be provided by DYSA Registrar; needs coach to obtain/affix player photos and lamination; given to referee at start of each game)  
  (Appplicable for all coaches of all teams in all age groups; for players, applicable for only #1 teams in BU12, Bu14, GU12, GU14, and all U16-U19 teams.  No #2 teams nor any U10 teams require passcards)  
4.) Instructions for operating the Laminating machine (GBC HeatSeal H220) in DYSA Concession Stand (used for passcards, read all of p. 5 in instructions)  
  [http://files.LeagueAthletics.com/Images/Club/2495/\_\_\_Misc Files/GBC HeatSeal H220 Laminator Manual.pdf](http://files.LeagueAthletics.com/Images/Club/2495/___Misc%20Files/GBC%20HeatSeal%20H220%20Laminator%20Manual.pdf)  
  <http://accoblobstorageus.blob.core.windows.net/literature/13fd3d50-1636-40e4-942e-92655c5e5f30.pdf>

**Player Medical & Emergency Contact Info**  
  (Please obtain from your AGC. Keep with you at all games and practices.)

**DYSA Injury/Accident Report**  
  <http://leagueathletics.com/Page.asp?n=78535&org=duxburyyouthsoccer.org>

**DYSA Makeup Reschedule Request Form**  
  <https://leagueathletics.com/UserForm.asp?RegID=63253&org=duxburyyouthsoccer.org>

**DYSA Practice Time Request Form**  
  <https://leagueathletics.com/Page.asp?n=94758&org=webmail.duxburyyouthsoccer.org>

**Coastal Standings (U12+)**  
  <http://www.coastalyouthsoccer.com/SchedulesStandings.aspx>  
  (Check this as the season progresses to see whether your team is in running for playoffs)  
  (This report will lag the scores you have reported to DYSA Statistician by a week or two)

**DYSA Officials Contact Info**  
  <http://leagueathletics.com/Page.asp?n=17395&org=duxburyyouthsoccer.org>

**DYSA Player Evaluation Forms - due at end of season to your AGC**  
  <http://leagueathletics.com/Page.asp?n=30579&org=duxburyyouthsoccer.org>