**DERRY YOUTH LACROSSE**

**ANTI-BULLYING POLICY**

Bullying is an unwanted, aggressive behavior that involves a real or perceived power imbalance between individuals with the intent to cause harm. In situations involving children, both those who are bullied and who bully others, many suffer serious, lasting problems.

**Verbal bulling** is a saying or writing mean things. Examples include: teasing, name calling, taunting, and threatening to cause harm.

**Social bullying**, sometimes referred to as relational bullying, involves hurting someone’s reputation or relationships. Examples include: leaving someone out of the activity on purpose, telling others not to be friends with someone, spreading rumors about someone, embarrassing someone in public, posting embarrassing pictures, videos, rumors sent by email, text or social media sites.

**Physical bullying** involves hurting a person’s body or possessions. Examples include: hitting, kicking, pinching, spitting, tripping, pushing, taking or breaking someone’s things, making mean or rude hand gestures.

**Athletes, Parents, & ALL Volunteers Agree**

* I will NOT Bully teammates, parents, coaches, board members, or game officials.
* I will stand up for myself, walk away, or ask a teammate, parent, coach, or board member for help if a teammate, parent, coach or board member bothers me.
* Report bullying to a coach, a parent, or DYLA board member when you see it.
* Work together and treat others with respect so bullying does not happen.
* Report any cyberbullying to your parents, coach or DYLA board member immediately.