**Brookfield Lacrosse Association**

**1st-2nd grade Youth Program Addition**

**2018 Season**

**Background:**

Based on local demand the BLA Board established the goal to expand the youth programming to include a developmental 1st – 2nd grade level again for the 2018 season.

**Goals:**

* Introduce 1st – 2nd grade boys and girls to the sport of lacrosse.
* Intentionally fun
* Introduce the basic skills and develop confidence in those skills
* Participation and promoting supportive social interactions amongst peers. (basics of team building)
* Drills and game-play activities that have an inherent element of competition, sportsmanship and unselfish play will be stressed

**Details & Milestones:**

* Season:  Weeks of 4/18-6/9
* Coaches:  1 **coach**/parent helper per 8 participants.
* 1 US Lacrosse registered coach must be on field for all practices/games.
* Additional parent volunteers are not required to be registered coaches.
* Practices:  Practices will be held once per week for 1 hour. There is NO contact at this level- not even stick checks, defense is played like basketball, body position/movement. Stress is on stick skills/ confidence in controlling the ball. 1st half: skills based activities 2nd half: game play activities. Lots of running around!
* Games: This level there are no games due to few programs have teams at this level
* Uniforms:  Reversible penny (included with registration fee) - no uniform shorts
* Required Equipment:  Helmet/Stick/Gloves/Mouth guards/Arm Pads/Chest Protector/Cups
* Concussion Requirements:  Video and acknowledgement & Parent/Player Waiver - No concussion baseline testing - too young.